**GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

**LESSON-PLAN (Session 2024-25) ODD SEMESTER**

**Name of Teacher**: **MS. MANI NARWAL**

**Designation:** Associate Professor

**Class:** M.Sc. (Human Development) - 2nd year

**Subject/ Paper:** Advanced Study in Human Development-II (XVIII)

**Type of course (major/ minor/ VAC/ AEC/SEC/ MDC):** Major

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| **S. No.** | **Month** | **Topics to be covered** | **Teaching Learning Strategy** | **Learning Outcomes of Students** | **Remarks** |
| **1.** | **Aug.** | Youth/Young adulthood (20-35 years) - Physical Development -Developmental tasks. -Sexuality, marriage, marital adjustment, parenthood. | Group learning & teaching | Better understanding of developments & marital adjustments in their age. | Assignment |
| **2.** | **Sept.** | Middle adulthood (35-50 years) - Physical continuity and changes. - Adult Intelligence. - Personality development - Role in family -Maintaining family relationships. -Friendships -Menopause in women. Adult sexuality, Vocational Development. | Use of smartboard | Role of family and friends in middle adulthood.  Menopause changes in women. | **-** |
| **3.** | **Oct.** | Late Adulthood (50-65 years) - Continuity and change in personality -The family life cycle. -Social relationships. -Grand parenthood-intergenerational relations. -Retirement from formal work. -Health and disease. | Project based learning | They will be able to know changes in personality and how to maintain social relationships | Test |
| **4.** | **Nov.** | Old age (65+ years) - Physical aspects of aging. -Change in cognitive abilities and creativity. -Psychosocial development. -Changes in family life cycle. Health and disease. -Death, dying and bereavement | Creative learning | How cognitive changes take place in old age.  Coping with health issues & death, dying & bereavement | Revision |

Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

**Govt. College for Women, Sector-14, Panchkula**

**Department of Home Science**

**Lesson plan**

**Year: 2022-23**

**Name of Teacher: Dr. (Mrs.) Latesh**

**Class: M.Sc. (Human Development)**

**Semester: III Paper Code:XVI**

**Subject: Communication Technology**

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| **Name of Month** | **Topic** | **Teaching learning**  **Strategy** | **Learning Outcomes** |
| **July** | * Concept of communication. Scope of communication, communication | Individual learning  self Learning  Peer Group Learning | students will learn different methods of communication  Types  Effective communication techniques |
| **August** | * process, approaches to communication. * Different media, their characteristics and use. * Use of video projector, slide/filmstrip projector computers * Class test |
| **September** | * Introduction to new communication technologies. * Satellite distribution and broadcast networking. * Close circuit television package on (cc TV) topics. * Incorporating the use of video films in presentation i.e. the selected clippings. * Slides" Making use of slides with audio commentaries for presentations * Class test |
| **October** | * Development and use of transparencies. * Digital method of communication. * Computer Graphic Designing. * Preparation of graphics for research reports/seminars/other presentation. |
| **November** | * Designing-leaflets/pamphlets/booklets/cover pages/posters. * Presentations using power points * Revision test |

* Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of teacher. Principal

**GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

**LESSON-PLAN (Session 2024-25) ODD SEMESTER**

**Name of Teacher**: **Dr. Suman Bhambu**

**Designation: Associate Professor**

**Class: M.Sc. Human Development II Year (3rd Semester)**

**Subject/ Paper: Principles of Guidance and Counselling (XVII)**

**Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Non NEP**

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| **S. No.** | **Month** | **Topics to be covered** | **Teaching Learning Strategy** | **Learning Outcomes of Students** | **Remarks** |
| **1.** | **July** | Meaning, Nature, need and principles of guidance. Area of guidance-educational, vocational and personal guidance. | PPT, Group  Learning and Teaching | Concept of Guidance and its types |  |
| **2.** | **Aug** | Group guidance-Techniques of group guidance. Organization of guidance services. Psychotherapy and Play therapy | PPT, Group  Learning and Teaching | Gain knowledge about guidance services , psychotherapy and play therapy. | **Assign. -1 and**  **Test** |
| **3.** | **Sept** | Counselling: meaning, need, aims and principles. Approaches to Counselling. Counselling children with special concerns Child abuse, children with divorce, children in step families, children in single parent families, children in alcoholic families. | PPT, Group  Learning and Teaching | To knowledge about Counselling ,its aims and approaches. | **Assign. -2 and**  **Test** |
| **4.** | **Oct** | Counselling children with special concerns Child abuse, children with divorce, children in step families, children in single parent families, children in alcoholic families. Special areas in Counselling. | PPT, Group  Learning and Teaching | Counselling of children with special concerns | **Revision and Tests** |
| **5.** | **Nov** | Revision and Tests |  |  |  |

* **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

**Signature of Teacher Principal**

**GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

**LESSON-PLAN (Session 2024-25) ODD SEMESTER**

**Name of Teacher**: **Dr. Suman Bhambu**

**Designation: Associate Professor**

**Class: M.Sc. Human Development II Year (3rd Semester)**

**Subject/ Paper: Care of Elderly (XX)**

**Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Non NEP**

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| **S. No.** | **Month** | **Topics to be covered** | **Teaching Learning Strategy** | **Learning Outcomes of Students** | **Remarks** |
| **1.** | **July** | Introduction - Emergence and scope of gerontology and elderly care. - Concept of aging and problems: Social, medical, psychological problems, occupational etc. | PPT, Group  Learning and Teaching | Concept of aging Process and its problems |  |
| **2.** | **Aug** | Theoretical perspectives - Theories: Disengagement theory, Activity theory, Human development theory, Age stratification theory. ging Process - Biological and physiological aspects; Psychological aspects; Social aspect: Social Status, retired status, single status, economic status, security, social adjustment and recognition; - Spiritual aspects: Karma theory and religion; - Economic aspects | PPT, Group  Learning and Teaching | To impart knowledge about different perspectives an different theories. | **Assign. -1 and**  **Test** |
| **3.** | **Sept** | Adjustment Patterns and Changing Lifestyles in Old Age - Family patterns in later life: Changing roles and the aging family; Conjugal: Husband - Wife Relations in old age; Sexual adjustment. - Retirement years and marital adjustment. - Intergenerational family relations; Grand parenthood; Widowhood/ Singlehood; Alternative lifestyle; Second marriage in the later life. |  | To impart knowledge about Adjustment and changing lifestyles in old age, Retirement, Grantparenthood. | **Assign.-2 and**  **Test** |
| **4.** | **Oct** | Work, leisure and retirement patterns - Work - Meaning of work, individual motivation; Leisure; Retirement - benefits, freedom of retirees, change in personal and social life, problems like - sense of loss, women retirees. - Attitude towards retirement: Poverty, poor health, retirement and suicide, abandonment, liberation and diachronic solidarity. Death Dying and Bereavement - Impact of death on society; Attitude towards death; Denial and thoughts of death; bereavement, grief and social setting | PPT, Group  Learning and Teaching | To aquire knowledge about retirement, death , dying and Bereavement and grief. | **Revision and Tests** |
| **5.** | **Nov** | Services and programs for the Aged - Categories of services: Housing, health, leisure time activities; institution for the aged, day care centres; economic programmes; Re-engagement (after retirement).  Revision and Tests | PPT, Group  Learning and Teaching | Gain knowledge about different programs for aged. |  |

* **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

**Signature of Teacher Principal**

**GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

**LESSON-PLAN (Session 2024-25) ODD SEMESTER**

**Name of Teacher**: **Dr. Suman Bhambu**

**Designation: Associate Professor**

**Class: M.Sc. Human Development II Year (3rd Semester)**

**Subject/ Paper: Women Studies (XIX)**

**Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Non NEP**

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| **S. No.** | **Month** | **Topics to be covered** | **Teaching Learning Strategy** | **Learning Outcomes of Students** | **Remarks** |
| **1.** | **July** | The rationale for Women's Studies. - Meaning and significance - Growth of women's studies in India and other countries. - The women's movement in India | PPT, Group  Learning and Teaching | Obtain Knowledge about women and their growth in India and other countries. |  |
| **2.** | **Aug** | Theoretical perspectives in women's studies. - Consequences of gender differences. Status of Women in India. | PPT, Group  Learning and Teaching | Obtain Knowledge about women and their status in india. | **Assign.1 and**  **Test** |
| **3.** | **Sept** | Understanding concepts related to gender differences from societal and developmental perspective. - Patriarchy - Caste, class culture and gender interface Gender and education Economic empowerment and gender Development processes and programmes from women's perspective | PPT, Group  Learning and Teaching | Acquire knowledge about gender differences, Empowerment. | **Assign.-2 and**  **Test** |
| **4.** | **Oct** | Problems and issues related to women in India - Child marriage - Female foeticide, infanticide. Female mortality - Discrimination in nutrition and health care, Socialization of girl child .Dowry - Violence - Women's identity , Educational opportunities and sex based education ,Employment - Women in Politics - Legal status of women | PPT, Group  Learning and Teaching | Discuss the problems related women and legal status of women | Revision and Tests |
| **5.** | **Nov** | Revision and Tests |  |  |  |

* **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

**Signature of Teacher Principal**