

Activity report of Women Studies and Development Cell for session 2023-24

Month	Activities
August, 2023	<p>1. Lecture on Women Safety Development, Cyber Crime and Self Defence by Mahila Thana, Panchkula. On 10th August 2023 NSS, Women Studies and Development Cell (WSDC) and Youth Red Cross (YRC) organised a "Panchpran Pratigya" taking ceremony in the college under Meri MatiMeraDeshAbhiyan. NSS volunteers and YRC students along with others college students participated and took the pledge. Students swore to make India a developed nation, to protect and advance Indian culture, to fulfil our duties towards the country, to strengthen the unity and integrity of the country, to honour the brave sons of the country and to contribute to the development of national security by ourselves.</p> <p>2. Teej Festival' celebration The event was organised on 18 August 2023 by the Women Studies and Development Cell in collaboration with Department of Home Science, Economics and Public Administration. Around 170 students from all the streams participated in events organised such as setting up stalls of bangles and Mehendi, applying Mehendi, ramp walk with Haryanvi costumes and singing of saawan songs in Haryanvi, Punjabi and Bhojpuri.</p>
September, 2023	<p>1. Celebration of Poshan Maah. This was celebrated during the month of September Digital poster making competition was organized on 02/09/2023 by WSDC in collaboration with Home Science Department to create awareness about anemia among students. Oath Ceremony was organized on 11/09/2023 among different stream of students. A lecture on female Nutrition and Health and Power of Millets was addressed by Dr Latesh on 16/09/2023. And a millers recipe making competition was organized on 20/09/2023.</p> <p>2. Extension Lecture on Menstrual Health and Hygiene by Sunita Dhariwal a renowned social worker Women Studies and Development Cell (Convener Dr. Alka Sharma) organized a "Menstrual Hygiene Awareness Campaign " on 13. 9.23. The event that was attended by around 120 students from across the streams had Mrs. Sunita Dhariwal as its Chief Guest. Using visual aids, Ms. Dhariwal interacted with the students about menstruation being a taboo in our society and how there is a need to create awareness and eradicate any kind of hesitation with regard to a process that was natural among all the women.</p>

	<p>3..Youth Peace Program Workshop One week workshop by Youth Peace Foundation, Chandigarh from 18/9/2023 to 29/9/2023 was organized by WSDC in collaboration with Placement cell. The education program helped the students discover their own inner strength and personal peace. In this context, there was a series of videos shown such as: 'Where is Peace?', 'The Farmer and the Buried Treasure', 'A Voice for Peace'. This session explored the innate quality of inner strength and its value in life. The students were made aware of the strengths and resources that would help them become more self aware. During the interaction it was deduced that in this vehicle of existence, the most precious thing you have is your control and understanding intact.</p>
October,2023	<p>Tana-Bana Exhibition cum Fair The program was organized by Placement Cell in association with WSDC and Home Science Department, Economics Department and Commerce Department sponsored by Gyan Darpan IAS Academy and HD Education on 31/10/2023. Mrs. Reeta Gupta principal and DHEO SMMD Govt. Sanskrit College was present as the Chief Guest. Exhibitions was organized to improve students productivity. More than 100 students participated in this exhibition cum fair. The exhibition has 40 stalls set up mainly by students. In this fair, attractively manufactured textile and clothing products, Mandala Art, Jewellery, souvenirs, wooden crafts trays, Mehandi, bamboo crafts home decor, nail art, paintings and terra cotta crafts made of eco-friendly natural resources like clay, jute, etc. were available for sale by the students. Students also displayed their culinary art through different food stalls. There are 18 food stalls.</p>
November,2023	<p>1. Thalassemia Awareness Seminar & Health Checkup Camp Seminar was organized on 8/11/23 by WSDC, comprised thalassemia awareness, organ donation, stem cell donor registry, menstrual health and hygiene and anemia testing. The seminar was graced by the presence of specialists - Dr. Rita Kalra (Rotary Club, Chandigarh). Ms. Yasmin Bhasin, Ms. Parwinder Kaur (Genexplore- Medisquare Diagnostics Center) and Mrs. Renuka Sharma (Parivartan NGO).</p>
January,2024	<p>1.Pot Composting Workshop The workshop and lecture on different types of Composting was organized on January 6, 2024 by WSDC. Dr. Lather differentiated the meaning of manure and compost. A compost pit was dug and it was layered with kitchen waste, dry leaves, cattle dung and sprinkled water. Around 30 students were trained for making a compost pit.</p> <p>2.Physiotherapy Workshop Six Day "Physiotherapy Workshop" from 8.1.24 to 11.1.24 and 24.1.24 to 25.1.24 by WSDC under the guidance of renowned physiotherapist - Mr. Mahendra. The workshop had the active participation of around 16 students from all the streams of the college who learnt about various exercises, postures and stretching in a way that they could be trained to help others via physio therapy. All the six days consisted of different types of physio therapy techniques.</p>

3. Bag Making Workshop

Five-day Bag Making Workshop from 15/01/2024 to 20/01/2024, was organised by WSDC. The workshop aimed to provide students with practical skills in bag designing and crafting, fostering creativity and enhancing their understanding of sustainable and eco-friendly practices in the field of fashion and design.

4. Yoga Camp

Two-day yoga workshop from 24/01/2024 to 25/01/2024 by WSDC under the supervision of renowned trainer Minakashi Hooda. The camp spanned two days and included a diverse range of activities, from yoga sessions to mindfulness practices and emphasized the empowering nature of yoga, encouraging women to embrace their physical and mental strength.

February, 2024

1. Extension Lecture on "Role of A Strong Personality in Grievance Management"

Lecture on the topic "Role of A Strong Personality in Grievance Management." was organized on 01/02/2024 by WSDC in collaboration with Economics Department and Grievance and Internal Complaint Committee. The lecture was delivered by Mrs. Benu Rao, Director of Rao's Academy. Mrs. Rao elucidated the significance of a strong personality in effectively managing grievances, both in personal and professional spheres. She highlighted the traits and attributes that contribute to the development of a strong personality.

2. Photography Workshop

Photography workshop was conducted on 01/02/2024 by WSDC under the supervision of renowned trainer Pawan Kumar, Director of Hardev Films Studio, Mohali. This session was transformative and equip students with effective strategies and techniques. The workshop aimed to empower women with practical photography skills and foster creativity in capturing moments through the lens. Participants learned about camera settings, composition techniques, and lighting principles to enhance their photography prowess.

3. Health Check-up Camp on "Anemia Mukh Bharat"

Camp was organized by WSDC in association with Bharat Vikas Parishad, on 7 February 2024. It included a comprehensive health check-up session for students. The camp provided students with comprehensive screenings to detect anemia and other related health issues. Subsequently, students diagnosed with anemia were provided with necessary medicines and supplements.

4. Cancer Awareness Lecture and Health Check-up Camp

On February 9, 2024, the Women Studies and Development Cell collaborated with the Dispensary Committee and Deputy Civil Surgeon (NP-CD) organized a comprehensive health checkup camp and cancer awareness lecture for students to spread positive awareness in the identity, treatment and resistance in the first stages of cancer. The health checkup camp offered essential screenings including Hemoglobin, Blood Pressure, Blood Sugar, and voluntary HIV testing.

5. One-day training session on Digital Content Creation

Training session was organized on 26/02/2024 by WSDC. Dr Rohit Bhullar, Assistant professor of Computer science provides a insightful session on different topics including target audience identification, content strategy development, and practical techniques for creating engaging content across various formats such as text, image, video, and audio.

OFFICE OF THE PRINCIPAL GOVT. PG COLLEGE FOR WOMEN SECTOR-14
PANCHKULA

NOTICE

NSS, Women Studies and Development Cell and Youth Red Cross is organizing a Lecture on Women Safety to be delivered by SHO, Mahila Police station, Sector-5 Panchkula. NSS volunteers, Youth Red Cross volunteers and other interested students of the college are invited to attend the lecture and gain insights on Women Safety Measures.

Venue: Room No 123

Time: 11:00 AM

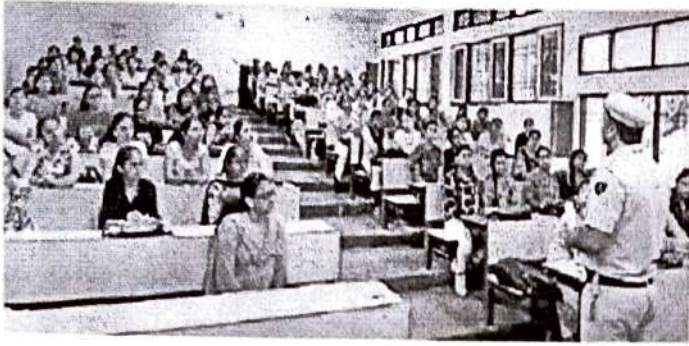
Kalra
NSS Program Officers (Unit-I & II)

Arora
Convenor WSDC

In Charge YRC

Rti
PRINCIPAL

अमृत महोत्सव पर मेरी माटी-मेरा देश अभियान के तहत दिलाई शपथ



पंचकूला। वीरवार को सेक्टर-14 गवर्नमेंट गर्ल्स कॉलेज में मेरी माटी मेरा देश अभियान के तहत कार्यक्रम का आयोजन किया गया। महिला इंस्पेक्टर सुनीता पुनिया ने बताया कि जिले में हरियाणा उदय आउटरीच कार्यक्रम के तहत लोगों को नशे से, साइबर अपराधों से बचने हेतु अलग-अलग खेल, सांस्कृतिक कार्यक्रम आयोजित करके जागरूक किया जा रहा है। साथ ही आज आजादी के अमृत महोत्सव के तहत 'मेरी माटी-मेरा देश अभियान' की शुरुआत करते हुए महिला थाना प्रभारी सुनीता पुनिया के नेतृत्व में गवर्नमेंट कॉलेज सेक्टर-14 में कार्यक्रम आयोजित किया गया।

पीएसआई मीनाक्षी ने कॉलेज में सभी महिलाओं को महिला सशक्तिकरण और अपराधों के प्रति जागरूक करने व आत्मरक्षा करने गु

सिखाए और कहा कि डरें नहीं। आगे बढ़ें। अपने मोबाइल में दुर्गा शक्ति एप को इंस्टॉल करें, ताकि एक क्लिक करने पर तुरंत पुलिस आपकी सुरक्षा के लिए पहुंच सके। इसके अलावा डायल 112 पर कॉल करें। साथ ही महिला को साइबर अपराधों से बचने हेतु सोशल मीडिया पर खुद को सुरक्षित रखने हेतु जागरूक किया गया। क्योंकि आजकल साइबर अपराधी आपकी फेक प्रोफाइल बनाकर आपके दोस्तों, रिश्तेदारों को रिक्वेस्ट भेजकर पैसे उगते हैं। इसलिए किसी भी अंजान व्यक्ति के साथ अपनी निजी जानकारी शेयर न करें, न ही कोई ओटीपी शेयर करें। अपनी सोशल मीडिया प्रोफाइल को सिक्वोर रखें। कोई घटना होती है तो साइबर हेल्पलाइन नंबर 1930 पर कॉल करें। cybercrime.gov.in पर भी शिकायत कर सकते हैं।



Commissionerate of Police Panchkula

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आज महिला थाना प्रभारी सुनीता पुनिया के नेतृत्व में #पंचकूला_पुलिस द्वारा आजादी के अमृत महोत्सव पर "मेरी माटी-मेरा देश" #अभियान की शुरुआत करते हुए गर्वमेन्ट कॉलेज सेक्टर -14, पंचकूला में कार्यक्रम आयोजित किया गया। जिसमें महिला सशक्तिकरण, #दुर्गा_शक्ति, साइबर अपराध, ...see more

Today, under the leadership of women police station incharge Sunita Punia, #Panchkula_Police inaugurating "Meri Mati-Mera Desh" #Campaign organized a program at Proudment College Sector-14, Panchkula. In which women empowerment, #Durga_Shakti, Cyber crime, Doyal 112, being aware of crimes and #selfdefense were ...see more
Translated from Hindi

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Report on

Panchpran Pratigya taking ceremony under Meri Mati Mera Desh Abhiyan and Women Safety.

Date 10-08-2023

On 10th August 2023 NSS, Women Studies and Development Cell (WSDC) and Youth Red Cross (YRC) organised a "Panchpran Pratigya" taking ceremony in the college under Meri Mati Mera Desh Abhiyan. NSS volunteers and YRC students along with others college students participated and took the pledge. Students swore to make India a developed nation, to protect and advance Indian culture, to fulfil our duties towards the country, to strengthen the unity and integrity of the country, to honour the brave sons of the country and to contribute to the development of national security by ourselves.

On this occasion Ms. Sunita Punia, Inspector, Mahila Police Station, Sector-5, Panchkula was present along with her team. She administered this pledge to the students in the presence of Dr. Alka Sharma, WSDC Incharge, Dr. Sunita Rani, YRC incharge, Ms. Sukruti Bhukkal (WSDC Member) Ms. Jyoti Berwal NSS Unit-II Program Officer and Dr. Kalpana NSS Unit-I Program Officer.

Ms. Sunita Punia along with her team also created awareness among girls student about women safety issues cyber crime etc. The Mahila Police station Team educated students about Durga Shakti app and Doyal 112. In this event 169 students to part in it.


NSS PROGRAM OFFICERS


PRINCIPAL


WSDC INCHARGE

YRC INCHARGE

ATTENDANCE SHEET

DATED:
EVENT:

'Lecture on Woman Safety'

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Payal	B.Com 1 st	1230791019	9416549830	Payal
2.	Chakshu	B.Com 1 st	1230791054	7206362753	Chakshu
3.	Pooja	BA 1 st	1230784126	9877442134	Pooja
4.	Hemlata	B.A. 1 st		7986373476	Hemlata
5.	Nitya	B.Com - Honors - II	1221091076001	9354461163	Nitya
6.	Mammi	B.Com - Honors - II	1221091076007	9878121901	Mammi
7.	Lakshita	B.Com - Honors - II	1221091076003	7082295623	Lakshita
8.	Aarti	B.Com - Honors - II	1221091076021	985328619	Aarti
9.	Karan	B.Com - Honors - II	1221091076002	8307587094	Karan
10.	Kirti	B.Com - Honors - II	1221091076028	9646893356	Kirti
11.	Shruti	B.Com - Honors - II	1221091076029	9463816434	Shruti
12.	Diksha	B.Com - Honors - II	1221091076009	8708936001	Diksha
13.	Mammi	BA III	1811091002210	9041231067	Mammi
14.	Divya	BA I		7341174048	Divya
15.	Bhavyanka	BA I		9316101794	Bhavyanka
16.	Sapna Sode	B.A 2 nd year	1221091002176	9518150875	Sapna Sode
17.	Shabnam	B.A 2 nd year	1221091002188	9815842641	Shabnam
18.	Sonia	B.A 2 nd year	1221091002126	7009538086	Sonia
19.	Nisha	BA Honors II	12210100207	628472875	Nisha
20.	Aradhana	B.F. 2 nd year	120291002164	8053205816	Aradhana
21.	Chetna	B.A 2 nd year	1221091002108	8708208891	Chetna
22.	Bhakti	B.Com 1 st year		9416869354	Bhakti
23.	Silani	BA Honors 2 nd year	1221091061003	9138124354	Silani
24.	Anjali	BA (Honors) 2 nd year	1221091061013	7404656010	Anjali
25.	Charishma	B.A (Honors) 2 nd year	1221091061002	8005022685	Charishma
26.	Manisha	B.A (Honors) 2 nd year	1221091061014	771255155	Manisha
27.	Nishu	B.A I year	12307849008	8307577875	Nishu
28.	Mahak	B.A I year	12307849007	7419302862	Mahak
29.	Aditi	B.A I year	1230784111	7988977358	Aditi
30.	Pallvi	B.A I year	1230784002	9468376360	Pallvi
31.	Shikha	B.A I year	12307840009	8360232030	Shikha
32.	Jyoti	B.Sc (Hons) I	16	9499257447	Jyoti
33.	Susmita	B.Sc (Hons) I	8	6239276829	Susmita
34.	Karishma	B.Sc (Hons) I	20	8284995451	Karishma
35.	Chaiti	B.Sc (Hons) I	04	7340084476	Chaiti
36.	Kajal	BBA I	06	9817257491	Kajal
37.	Simply	BBA I	18	7986861624	Simply
38.	Nisha	BA I	031	9350853360	Nisha
39.	Chandni	BA I	023	7022232433	Chandni
40.	Mehak	BA (Hons) Eco		7404357627	Mehak
41.	Guadaceal Kaur	BA I		705840983	Guadaceal Kaur
42.	Yashika	BBA I	17	8360895137	Yashika
43.	Sejal	BA I	060	7015029336	Sejal
44.	Sejal	BA I		9050467741	Sejal

ATTENDANCE SHEET

DATED:
EVENT:

Lecture on Women Safety

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Shwanti	B.A 1st yr	1230784036	8837858845	<i>Shwanti</i>
2.	Manjeet	B-A hon. 1st yr	-	9501127587	<i>Manjeet</i>
3.	Nishi Thakur	B. Comms	1230791066	9416282542	<i>Nishi Thakur</i>
4.	Anisha	B.Com 1st	1230791008	8930135771	<i>Anisha</i>
5.	Tajata	B. Com. 1st	1230791065	9729184768	<i>Tajata</i>
6.	Priyanka	B. com. 1st	1230791031	9671229718	<i>Priyanka</i>
7.	Maya	B.A III Year	1211091002246	9877773415	<i>Maya</i>
8.	Akanksha	B.A III Year	1211091002122	6234046014	<i>Akanksha</i>
9.	Neha	B.A III year	1211091002097	7888436599	<i>Neha</i>
10.	Vanshika	B.Com II Y (Hons)	1221091076027	9306943211	<i>Vanshika</i>
11.	Shivani	B.Com (II) Hon.	1221091076022	7015177510	<i>Shivani</i>
12.	Sakshi	B.A I	1230784025	7206356301	<i>Sakshi</i>
13.	Douli	B.A Ist		982542456	<i>Douli</i>
14.	Khushi Tanya	BA Ist	1230784006	9138109391	<i>Khushi Tanya</i>
15.	Pooja Sharma	BA Ist	1230784074	6239650535	<i>Pooja Sharma</i>
16.	Tanishka	BA Ist	1230784098	6283430127	<i>Tanishka</i>
17.	Neha Sharma	B.Com Ist	1230791077	9417659818	<i>Neha Sharma</i>
18.	Anjali	B.Com Ist	12307910101	7915604495	<i>Anjali</i>
19.	Priyanshi	B.Com Ist	1230791100	7993698448	<i>Priyanshi</i>
20.	Monak	BA Ist		8437919988	<i>Monak</i>
21.	Sonali	BA Ist		6284982939	<i>Sonali</i>
22.	Neha	B.Com 2nd	1221091003091	9896100180	<i>Neha</i>
23.	Muskan	B.Com 2nd	1221091003048	981777579	<i>Muskan</i>
24.	Mansi	BBA Ist		9499380765	<i>Mansi</i>
25.	Harman	BBA Ist		9996338450	<i>Harman</i>
26.	Neha	BA Ist		9877123676	<i>Neha</i>
27.	Pooja	BA 2nd year	12209002266	8847549668	<i>Pooja</i>
28.	Anjali	BA 2nd year	122109002052	9996736802	<i>Anjali</i>
29.	Gayatri	B.Sc 2nd year	1221091015004	8591553595	<i>Gayatri</i>
30.	Pooja	B.A Eco hon	1211091061001	7404236541	<i>Pooja</i>
31.	Rakshana	"	1211091061016	8847005724	<i>Rakshana</i>
32.	Anchal	"	1211091061017	9814085759	<i>Anchal</i>
33.	Aditi	B.Sc 3rd year NH	1221091015008	6230250512	<i>Aditi</i>
34.	Riya	B.Sc 2nd year	1221091015018	7876862302	<i>Riya</i>
35.	Vinita Kaur	B.Sc Home Science 2nd	12210910401	8307761995	<i>Vinita Kaur</i>
36.	Amritha Kaur	B.Sc. Home Science 2nd	12210910412	7696357884	<i>Amritha</i>
37.	Radhika	B.Sc. Home Science 2nd	12210910411	6280622670	<i>Radhika</i>
38.	ASHU	B.A 1 year		9467526070	<i>ASHU</i>
39.	Meena	B.A 1 year		8307727719	<i>Meena</i>
40.	Anu Devi	B.A 1 year	1230784076	9466660540	<i>Anu Devi</i>

41. Rakhi BA 3 year 1211091002076 7814767509 Rakhi
 42. Jyoti B. com (Hons) 3 year 7355101012 Jyoti

OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

NOTICE

Women Studies and Development Cell in collaboration with the Placement Cell, Department of Economics, Home Science and Public Administration invites you all to celebrate "HARYALI TEEJ" on 18th Aug 2023. Interested students may give their names to Ms. Laksha (Commerce Dept.) and Ms. Kavita (Chemistry Dept.) by 17th Aug. till 12:00 noon.

Events:-

- Stalls
- Mehandi
- Ramp walk in Haryanvi Costume only
- Saavan ke Geet

Date: 18th August, 2023

Time:-10:30 A.M.

Venue: - Auditorium

Organising Committee:-

WSDC *[Signature]*

Placement Cell *Madhu*

Dept. of Home Science *[Signature]*

Dept. of Economics *[Signature]*

Dept. of Public Administration *[Signature]*


[Signature]
Principal

(1)

OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

DUTY LIST FOR "HARYALI TEEJ" FESTIVAL

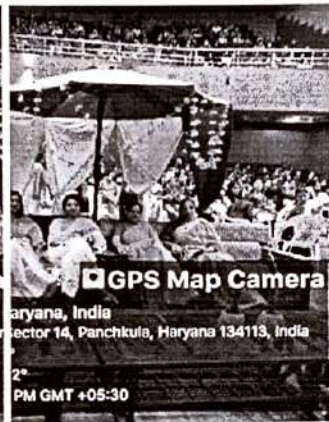
Stage	Dr. Shivani Kaushik
Mike	Mr. Atul Khullar & Committee
Seating Arrangement	Mr. Naveen Malik
Registration and Attendance	Ms. Laksha and Ms. Kavita
Notice	Ms. Anita Raj
Geo tag photos	Ms. Balwinder Kaur
Report	Ms. Sukriti
Press note	Dr. Sunita and Dr. Kalpana Devi
Refreshment	Dr. Latesh and Ms. Anita Raj


Principal
Govt. PG College for Women
Sector-14, Panchkula

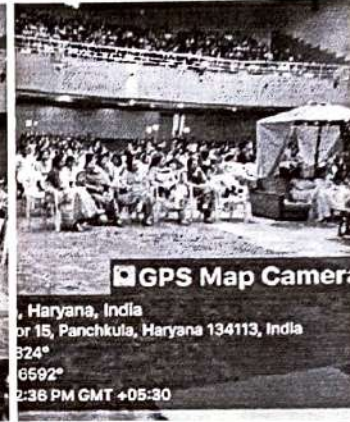
Haryali Teej celebration on 18-08-2023



Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana
Lat 30.676696°
Long 76.847042°
18/08/23 12:22 PM GMT +05:30



Panchkula, Haryana, India
Sector 14, Panchkula, Haryana 134113, India
Lat 30.676696°
Long 76.847042°
18/08/23 12:22 PM GMT +05:30



Panchkula, Haryana, India
Sector 15, Panchkula, Haryana 134113, India
Lat 30.676696°
Long 76.847042°
18/08/23 12:36 PM GMT +05:30



Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana
Lat 30.676696°
Long 76.847042°
18/08/23 12:23 PM GMT +05:30



Panchkula, Haryana, India
2830, Sector 15, Panchkula, Haryana 134113, India
Lat 30.676718°
Long 76.846729°
18/08/23 01:13 PM GMT +05:30

राजकीय महिला महाविद्यालय - 14 पंचकूला में हरियाली तीज धूमधाम से मनाई

संवाद: विविदिता

पंचकूला (अहमदाबाद)। राजकीय महिला महाविद्यालय में हरियाली तीज का त्योहार बहुत धूमधाम से मनाया गया। कार्यक्रम का आयोजन महिला असेसिस्टेंट प्रिंसिपल तथा सहपाठ्य प्रिंसिपल और शिक्षक सहित महिला शिक्षिकाओं के सहयोग से किया गया। कार्यक्रम में ही अनेक संस्कृत श्लोकों का प्रयोग किया गया, जो ही जगदीश प्रसाद द्वारा रचित हैं।

प्रिंसिपल जी ने भी परीक्षाओं की जानकारी दी। वे यह कहती हैं कि वे अपने प्रयोगों की मदद से ही यह कार्यक्रम का आयोजन करती हैं। कार्यक्रम में अनेक महिला शिक्षिकाओं का सहभाग्य था। इस कार्यक्रम का आयोजन किया गया।



प्रिंसिपल जी ने ही अनेक संस्कृत श्लोकों का प्रयोग किया। कार्यक्रम में अनेक महिला शिक्षिकाओं का सहभाग्य था। इस कार्यक्रम का आयोजन किया गया।

राजकीय महिला महाविद्यालय - 14 पंचकूला में हरियाली तीज धूमधाम से मनाई गई

संवाद: विविदिता

पंचकूला। राजकीय महिला महाविद्यालय में हरियाली तीज का त्योहार बहुत धूमधाम से मनाया गया। कार्यक्रम का आयोजन महिला असेसिस्टेंट प्रिंसिपल तथा सहपाठ्य प्रिंसिपल और शिक्षक सहित महिला शिक्षिकाओं के सहयोग से किया गया। कार्यक्रम में ही अनेक संस्कृत श्लोकों का प्रयोग किया गया।



प्रिंसिपल जी ने ही अनेक संस्कृत श्लोकों का प्रयोग किया। कार्यक्रम में अनेक महिला शिक्षिकाओं का सहभाग्य था। इस कार्यक्रम का आयोजन किया गया।

**Govt. PG. College for Women
Sector-14, Panchkula
Session: 2023-24
Activity Report August, 2023**

Name of the Event: Haryali Teej Celebrations

Date: August, 18, 2023

Venue: Auditorium

**Organisers: WSDC, Placement Cell,
Department of Home Science,
Economics, Public Administration**

In the gracious presence of the Hon'ble Principal Dr. Ritu Yadav and Chief Guests: Dr. Anju Manocha (Joint Director, DHE, Haryana,) and Dr. Anjali Siwach (DHE, Haryana), the college celebrated the Teej festival on 18.08. 2023.

The event was organised by the Women Studies and Development Cell (C – Dr. AlkaSharma), in collaboration with Placement Cell (C- Dr. Madhu), Department of Home Science (HOD- Dr. Suman Bhambu), Department of Economics (HOD- Dr. Shivani Kaushik) and the Department of Public Administration (HOD – Mr. Atul Khullar).

Around 170 students from all the streams participated in events organised such as setting up stalls of bangles and Mehandi, applying Mehandi, ramp walk with Haryanvicostumes and singing of saawan songs in Haryanvi, Punjabi and Bhojpuri.

All the members of the committees and departments contributed in making the event a successful one.


In-Charge
WSDC


Principal

ATTENDANCE SHEET

DATED: Celebration of Teej Festival.
 EVENT: 18th August 2023.

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Urmila	B.Sc. Home S. 1 st	1230793013	8988618734	Urmila
2.	Karul	B.Sc. H.S. 2 nd year	1230793001	8168757824	Karul
3.	Ankita	B.Sc. H.S. 2 nd	1230793002	9877577596	Ankita
4.	Aakansha	B.Sc. H.S. 1 st	1230793016	8360742035	Aakansha
5.	Saisita	B.Sc. (Home S. & Science)	1230793009	8629816138	Sheetal
6.	Sheetal	B.Sc. (H. Sci) 1 st year	1230793007	8708277047	Sheetal
7.	Aakriti	B.Sc. (H. Sci) 1 st year	1230793017	8360742035	Aakriti
8.	Rachna	B.Sc. (H. Sci) 1 st year	1230793008	7837286692	Rachna
9.	Kajal	B.Sc. H. Sci. 1 st year	1230793006	8928304575	Kajal
10.	Armeet	B.Sc. H. Sci. II nd year	122104109018	7696532699	Armeet Kaur
11.	Ambika	"	122104109012	7696357884	Ambika Kaur
12.	Vinita	"	122104109001	8807761925	Vinita
13.	Neha	B.Sc. Home S. 1 st	122104109010	9056353474	Neha
14.	Soni	B.Sc. Home S. 1 st	122104109023	8487468050	Soni
15.	Amrita	B.Sc. Home S. 1 st	122104109015	9519913883	Amrita
16.	Chiriyab	B.Sc. Home S. 1 st		9362098262	Chiriyab
17.	Rishi	B.Sc. (Home S.) 2 nd year	1211091049020	9988309079	Rishi
18.	Tamanna	B.Sc. (Home S.) 2 nd year	1211091049023	7719552124	Tamanna
19.	Vandana	B.Sc. (Home S.) 2 nd year	1211091049005	8847337420	Vandana
20.	Neha Nishad	B.Sc. (Home S.) 3 rd year	1211091049006	7723018495	Neha
21.	Bhawna	"	"	9463433788	Bhawna
22.	Kiran Rawat	"	"	8360899737	Kiran Rawat
23.	Kachana	"	"	7083478837	Rachana
24.	Nikita	"	"	6239334344	Nikita
25.	Ravita	"	"	7307438828	Ravita
26.	Rohini	"	"	7986280493	Rohini
27.	Rupal	"	"	9518867747	Rupal
28.	Rashini	"	"	9876820362	Rashini
29.	Seema	"	"	89010828786	Seema
30.	Komal	"	"	7404861184	Komal
31.	Preeti	"	"	9729004467	Preeti
32.	Bagisha	"	"	8264468984	Bagisha
33.	Preeti	"	1211091049001	6284707557	Preeti
34.	Janya	"	121109104911	8289011356	Janya
35.	Rachha	B.Sc. (H.M.) II nd year	1221091049011	6280622670	Rachha
36.	Khushi	B.Sc. II nd year	1221091049014	7696150996	Khushi
37.	Manjeet	"	"	9466531110	Manjeet
38.	Vinita	"	122109104901	8307761925	Vinita
39.	Suman	"	122109104908	6239276829	Suman
40.	Karishma	"	122109104920	8284995451	Karishma
41.	Preeti Bhat	B.Sc. (H.M.) II nd year	1221091049002	9896641230	Preeti Bhat

Attendance Sheet

(16)

Date: 18th August 2023.
 Event: Celebration of Teej Festival.

No.	Name	Class	Roll No.	Phone no.	Sign
1.	Lovely	B.com 3rd year	1211091003056	8708963538	Lovely
2.	Breeti	B.com 3rd year	1211091003014	7330545829	Breeti
3.	Sehrana	B.com 3rd year	1211091003066	7355809703	Sehrana
4.	Ishita	B.com II year	12210991003015	9657367531	Ishu
5.	Binci	B.com II year	1221091003105	9306070357	Binci
6.	Muskan	B.com II year	1221091003107	9407403195	Muskan
7.	Payal	B.com III year	1211091003036	8309695596	Payal
8.	Deepthi	B.com III year	121109100180	9306195071	Deepthi
9.	Muskan	B.com III year	1211091003020	9817520342	Muskan
10.	Nancy	B.com 3rd year	1211091003058	9952793201	Nancy
11.	Muskan	B.com 3rd year	1211091003026	8295058972	Muskan
12.	Nikita	B.com 3rd year	1211091003104	9050948499	Nikita
13.	Muskan	BBA-3rd Year	1211091010016	8708919576	Muskan
14.	Sneha	BBA-3rd Year	1211091010027	7082330902	Sneha
15.	Jyoti	BBA-3rd Year	1211091010002	9996438396	Jyoti
16.	Khushi	B.com-3rd year	1211091003007	99588500182	Khushi
17.	Akhita	B.com-3rd year	1211091003059	8950580517	Akhita
18.	Ritika Giri	BBA-3rd year	1211091010007	7404810748	Ritika
19.	Simpreet Shaur	BBA-3rd year	1211091010015	7888659543	Simpreet
20.	Rashi Saini	B.com-3rd year	1211091003126	8272877316	Rashi
21.	Ashmit	B.com-3rd year	1211091003139	8571900026	Ashmit
22.	Kritika	B.com 3rd year	1211091003077	9050006096	Kritika
23.	Kiranpreet	B.com 3rd year	1211091003037	8683831340	Kiranpreet
24.	Karjal	B.com 3rd year	1211091003067	907015014007	Karjal
25.	Deepika	BBA 3rd year	1211091010002	7012396191	Deepika
26.	Shalu	B.com 3rd year	1211091003013	9350036770	Shalu
27.	Geeta Devi	B.com 3rd year	1211091003033	8901515744	Geeta Devi
28.	Shweta	B.com 3 year	1211091003087	8607463063	Shweta
29.	Poonam	BBA 3 year	1211091010020	9653465372	Poonam
30.	Amisha	BBA 3rd year	1211091010005	9817770401	Amisha

Sr.No	Name	Class	Roll No.	Phone No.
31	Roshni	BBA 3rd year	1211091010011	8837675104
32	Palak Mittal	BBA 3 rd yr	1211091010028	8360269993
33.	Yogita Sharma	B. Com (H) 1 st year	1231276011	8307414157
34.	Aayushi Sharma	B. Com (H) 1 st year	1231276024	8930811032
35	Chitra Sharma	B. Com III year	1211091003034	8569825297
36)	Simran Devi	B. Com III year	1211091003065	6239356964
37)	Ritu Rani	B. Com II year	1211091003099	7494970607
38)	Sapna	B. Com III year	1211091003081	7027970047
40)	Hrijali Kesari	B. Com III year	1211091003105	9877253732
41)	Vanshita	B. Com II year	1221091003100	8607909336
42)	Tamanna	B. Com II year	1221091003016	9416273509
43)	Sneha	B. Com II year	1221091003040	8950565744
44)	Harpreet	B. Com II year	1221091003026	8995412806
45)	Sandeep Kumari	B. Com II year	1221091003042	9812621965
46)	Nidhi	B. Com II year	1221091003088	7717492590
47)	Kajal	B. Com II year	1221091003028	7015552951
48	Bhagwanti	B. Com II year	1221091003044	8813908415
49	Saurita	B. Com II year	1221091003090	7901821175
50	Simran	B. Com II year	1221091003116	8708266497
51	Ankita Sharma	B. Com II year	1221091003114	7988180936
52	Khushi Gupta	B. Com II year	1221091003072	9127891000
53	Khushboo	B. Com II year	1221091003112	9888351415
54	Swati Suman	B. Com II year	1221091003056	8847564062
55	Ritu	B. Com II year	1221091003124	8427718282
56.	Pallavi	B. Com II year	1221091003018	9053179248
57.	Henika	B. Com II year	1221091003038	9729963984
58.	Preeti	B. Com II year	1221091003104	9988207985
59.	Neha	B. Com II year	1221091003014	9053914725
60.	Ritu	B. Com II year	1221091003110	8699371749
61.	Nidhi	B. Com II year	1221091003010	9306185463
62.	Anshul Sharma	B. Com II year	1221091003096	9461011021
63	Nikita	B. Com II year	1221091003030	9817828161
64	Kramla Devi	B. Com II year	1221091003036	9499337742
65	Pallavi	B. Com II year	1221091003018	7988301585
66.	K. Simran	B. Com II year	1221091003054	9779949948
67	Vanshita Sharma	B. Com II year	1221091003020	8895740638
68	Hrijali Devi	B. Com II year	1221091003062	9729081822
69	Khushboo	B. Com II year	1221091003102	7206348823
70.	Brijanta Bishnoi	B. Com II year	1221091003006	9729081822

Reshu
 Palak
 Yogita
 Aayushi
 Chitra
 Simran
 Ritu Rani
 Sapna
 Hrijali Kesari
 Vanshita
 Tamanna
 Sneha
 Harpreet
 Sandeep
 Nidhi
 Kajal
 Bhagwanti
 Saurita
 Simran
 Ankita
 Khushi
 Khushboo
 Swati Suman
 Ritu
 Pallavi
 Henika
 Preeti
 Neha
 Ritu
 Nidhi
 Anshul
 Nikita
 Kramla
 Pallavi
 Simran
 Vanshita
 Hrijali
 Khushboo
 Brijanta

C. Jy
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 2.

Dance Competition

(17)

(Lyidhha) group.

1. Komal	B.A 2 year	220
2. Payal	B.A 2 year	36
3. Mansi	" "	216
4. Komal	" "	73
5. Navita	" "	77
6. Jyoti	" "	74
7. Vidhya	" "	60

(Solo dance)

1. Pusha	B.A 2 year	92
2. Shivani	" "	165
3. Rakhi	" 3 year	76
4. Mehak	2 year	102

(Duo. Dance)

1. Payal	B.A 2 year	36
2. Deepika	B.A 3 year	125

Home Science

(Haryanvi) 16	Akansha	I st year
(Punjabi) 05	vandna	3 rd year

B.A. Hons

Anyali	2 year	13 (Dance)
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B.A. Hons

Anyali	2 year	13
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Dance Competition

Date _____
Page _____

(Group)

1. Komal	B.A 2 year	220
2. Payal	B.A 2 year	36
3. Mansi	" "	216
4. Komal	" "	73
5. Navita	" "	77
6. Jyoti	" "	74
7. Vidhya	" "	66

(Solo dance)

1. Puspa	B.A 2 year	92
2. Shivani	" "	165
3. Rakhi	3 year	76
4. Mehak	2 year	02

(Duo Dance)

1. Payal	B.A 2 year	36
2. Deepika	B.A 3 year	125

Home Science

(Hayamri)	16 Akansha	I st year
(Punjabi)	05 Vandna	3 rd year

B.A. Hons

Anjali	2 year	13 (Dance)
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Mehendi Competition


Date _____
Page _____

	Name	Course	Year	Roll. No.
1.	Chamandeep Kaur	B.A	III year	2279 979
2.	Tanaya Rana	B.BA	2 year	05
3.	Arunelt	B.Sch	2 year	18
4.	Anakia Ambika	"	"	12
5.	Pooja	B.Sch	1 year	
6.	Shivani	"	1 year	
7.	Dimple	"	1 "	
8.	Simran	"	" "	
9.	Vineeta	"	2 year	1
10.	Aayushi	B.Com	1 year	24
11.	Nidhi Thakur	B.Com	1 year	66
12.	Kaiyanshi	B.Com	1 year	100
13.	Kirti	B.Com	1 year	10
14.	Saloni	B.A Hons.	2 year	9
15.	Anjali	B.A Hons.	2 year	13
16.	Yanika	B.Com	1 year	57
17.	Aanchal	B.Com	1 year	18
18.	Susmita	B.CA	3 year	32
19.	Manisha	B.A	3 year	265
20.	Achana	B.A	3 year	25

**गृह विज्ञान विभाग एवम महिला प्रकोष्ठ
एक्टिविटी रिपोर्ट
पोषण माह: सितंबर, 2023
पोषण माह, 2023**

राजकीय स्नातकोत्तर महिला महाविद्यालय, सेक्टर 14, पंचकुला के गृह विज्ञान विभाग एवम महिला प्रकोष्ठ द्वारा पोषण माह के अंतर्गत मिलेट्स का प्रोत्साहन बढ़ाने हेतु निम्नलिखित गतिविधियों को आयोजित किया गया:

1. दिनांक 2 सितंबर, 2023 विभाग ने डिजिटल माध्यम द्वारा बनाए गए पोस्टर की प्रतियोगिता का आयोजन किया। जिसमें बीएससी होम साइंस, बी कॉम एवम एमएससी होम साइंस की 42 छात्राओं ने भाग लिया। जिसमे ईशिका ने प्रथम स्थान, अंजलि ने द्वितीय स्थान एवम कुमकुम और सना ने तृतीय स्थान प्राप्त किया।
2. दिनांक 11 सितंबर, 2023 को छात्राओं को पोषण शपथ दिलाई गई।
3. एनीमिया के कारण एवम लक्षण, आयरन रिच फूड्स से संबंधित पत्रिका दिनांक 12 सितम्बर को छात्राओं को संबंधित व्हाट्सएप समूह में साझा की गई। जबकि कुपोषण से संबंधित लीफलेट 13 सितम्बर को छात्राओं के व्हाट्सएप ग्रुप में शेयर की गई।
4. दिनांक 16 सितंबर, 2023 को विभाग में "डिस्कवर द पावर ऑफ मिलेट्स" विषय पर गृह विभाग में कार्यरत प्राध्यापिका डॉ लतेश द्वारा एक विख्यान लैक्चर आयोजित किया गया। जिसमें कुल छात्राओं ने हिस्सा लिया।
5. दिनांक 20 सितंबर, 2023 को गृह विज्ञान विभाग द्वारा मिलेट्स से बनाई रेसिपीज की प्रतियोगिता आयोजित कारवाई गई जिसमें कुल 19 छात्राओं ने भाग लिया। जिसमें प्रथम, द्वितीय, एवम तृतीय स्थान प्राप्त करने वाली छात्राएं इस प्रकार हैं: सोनी, शाइस्ता, आस्था, सीमा, किरण रावत।

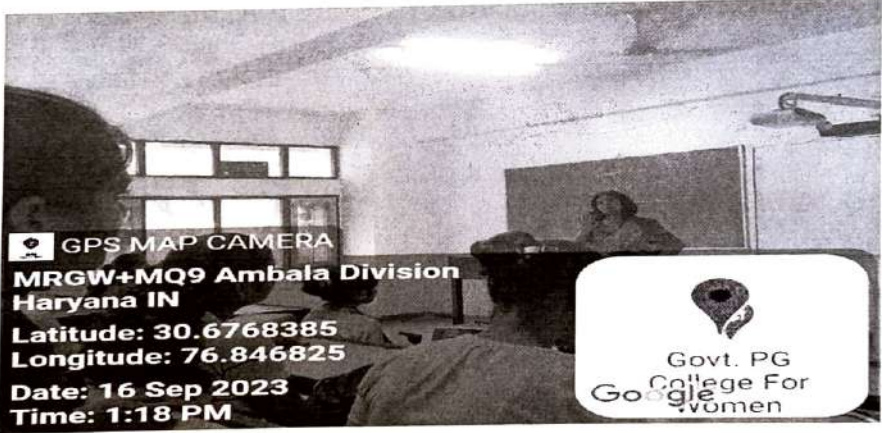
इंचार्ज
गृह विज्ञान विभाग

इंचार्ज
महिला प्रकोष्ठ


J प्राचार्या

Poster Competition September 2, 2023



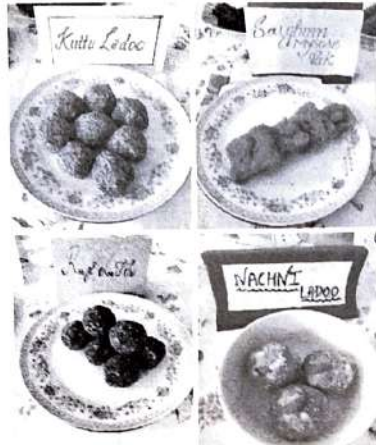
Lecture on Discover the power of millets September 16, 2023



Millet Recipes Competition, September 20, 2023



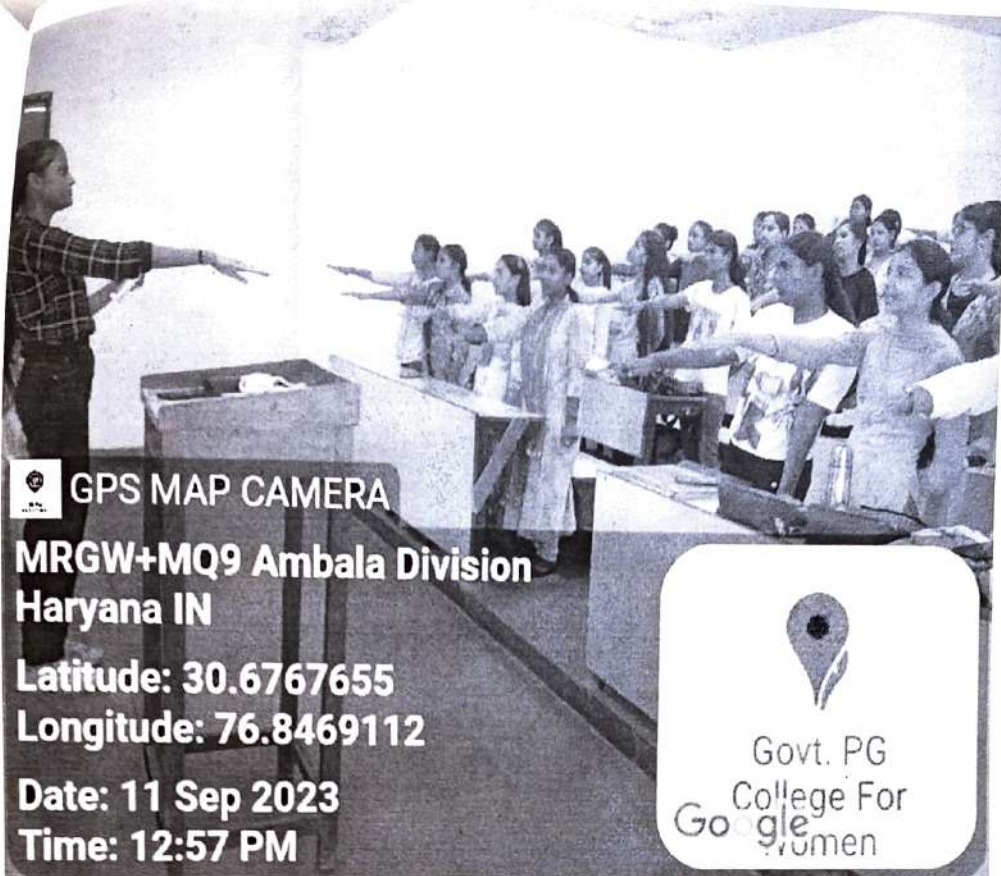
GPS MAP CAMERA
MRGW+MQ9 Ambala Division
Haryana IN
Latitude: 30.6767577
Longitude: 76.847047
Date: 20 Sep 2023
Time: 2:16 PM




GPS MAP CAMERA
MRGW+MQ9 Ambala Division
Haryana IN
Latitude: 30.6765632
Longitude: 76.8468744
Date: 20 Sep 2023
Time: 1:43 PM



Poshan Shapath September 11, 2023



 **GPS MAP CAMERA**
MRGW+MQ9 Ambala Division
Haryana IN
Latitude: 30.6767655
Longitude: 76.8469112
Date: 11 Sep 2023
Time: 12:57 PM



Govt. PG
College For
Google
Women

NOTICE

A "Menstrual Hygiene Awareness Campaign" will be organized on

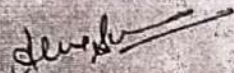
Date: 13.09.2023 (Wednesday)

Room no. : 113


Time : 11 a.m.

By Women Studies and Development Cell.

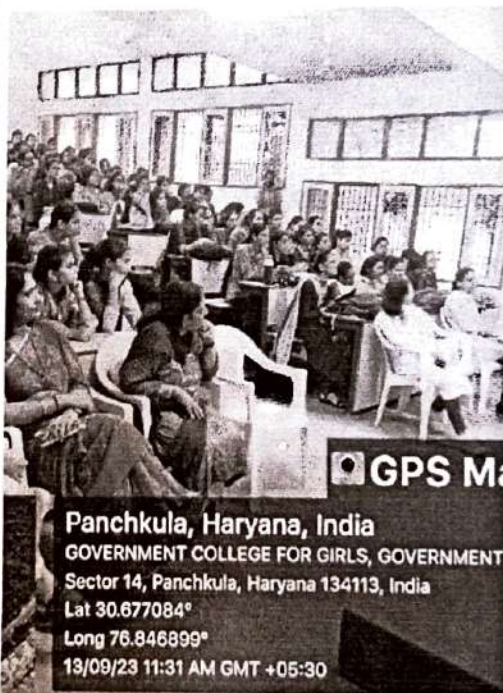
All the students should participate enthusiastically in the same.


Convener

WSDC


Principal

† Govt. P.G. College for Women



GPS Ma
Panchkula, Haryana, India
GOVERNMENT COLLEGE FOR GIRLS, GOVERNMENT
Sector 14, Panchkula, Haryana 134113, India
Lat 30.677084°
Long 76.846899°
13/09/23 11:31 AM GMT +05:30

NOTICE

A "Menstrual Hygiene Awareness Campaign" will be organized on


Date: 13.09.2023 (Wednesday)

Room no. : 113


Time : 11 a.m.

By Women Studies and Development Cell.

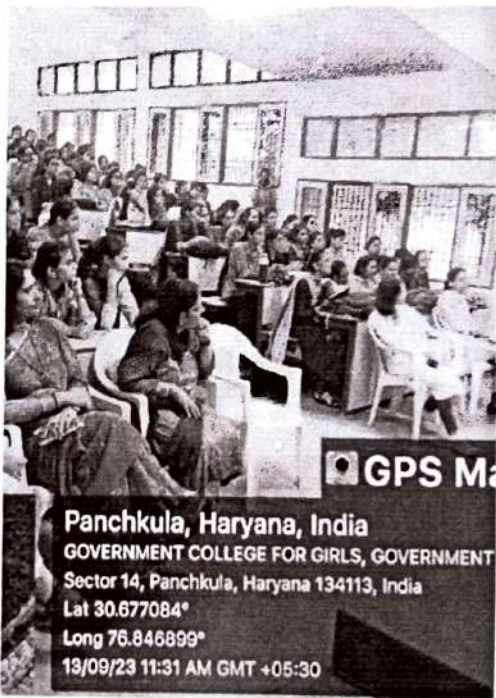
All the students should participate enthusiastically in the same.


Convener

WSDC


Principal

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Sector 14, Panchkula, Haryana 134113, India
Lat 30.677084°
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13/09/23 11:31 AM GMT +05:30


Report

In the gracious presence of Hon'ble Principal Dr. Ritu Yadav, the Women Studies and Development Cell (Convener Dr. Alka Sharma) organized a "Menstrual Hygiene Awareness Campaign " on 13. 9.23. The event that was attended by around 120 students from across the streams had Mrs. Sunita Dhariwal as its Chief Guest. She is a well renowned social worker, Project manager, Women TV India owner and a motivational speaker.

Using visual aids, Ms. Dhariwal interacted with the students about menstruation being a taboo in our society and how there is a need to create awareness and eradicate any kind of hesitation with regard to a process that was natural among all the women. She encouraged the students to be educated and informed about the biological concept and not shy away from sharing their experiences with not only their fellow women but also men. The event concluded with the distribution of sanitary pads amongst the students.

WSDC members contributed in making the campaign a successful one.


Convener
WSDC


Principal
† Govt. PG College for Women
Sector-14, Panchkula

ATTENDANCE SHEET

DATED: September 13, 2023

EVENT: Menstrual Hygiene Awareness Campaign

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Pooja	B.A 2nd year	12210910029	7696157146	Pooja
2.	Poonam	B.A 2nd year	122109100202	8288877651	Poonam
3.	Taravati	B.A 2nd year	122109100228	9463817260	Taravati
4.	Sapna	B.A 2nd year	122109100288	6283038230	Sapna
5.	Jahnat	B.A 2nd year	122109100283	6284089614	Jahnat
6.	Tarannum	BA 2nd year	122109100243	7009914164	Tarannum
7.	Chanchal	B.A 2nd year	122109100219	76966-02807	Chanchal
8.	Harshita	B.A 2nd year	122109100190	8360404070	Harshita
9.	Jasvinder	B.A 2nd year	122109100079	9350058703	Jasvinder
10.	Sakshi	BA 2nd year	122109100204	7009839661	Sakshi
11.	Mambrani	BA 2nd year	122109100068	9988539438	Mambrani
12.	Shanti Shree	BA 2nd year	1221091002090	7497837306	Shanti Shree
13.	Divyanshi	BA 1st year	1230784001	7341174048	Divyanshi
14.	Prityanka	BA 1st year	1230714013	7704910129	Prityanka
15.	Preeti	B.A 2nd year	1211091002104	6239963056	Preeti
16.	Shobha	B.A 3rd year	121109100208	9530645510	Shobha
17.	Rakhi	B.A 2nd year	1211091002076	7814767509	Rakhi
18.	Poonam Shree	B.A 2nd year	1220711668	9306954750	Poonam Shree
19.	Reena Devi	B.A 2nd year	1221091002028	8901690501	Reena
20.	Poonam Shree	B.A 2nd year	1221091002028	9306954750	Poonam Shree
21.	Preeti	B.A 2nd year	1221091002023	9350871806	Preeti
22.	Annu	B.A 2nd year	1221091002215	7015388011	Annu
23.	Vandana	BA 2nd year	122109100214	9876883041	Vandana
24.	Komal	BA 2nd year	1221091002220	6283380277	Komal
25.	Dikumar	BA 2nd year	1221091002140	6283230551	Dikumar
26.	Priyanka	B.A 2nd year	1221091002141	9774228930	Priyanka
27.	Sonam	BA 2nd year	1221091002140	9592778049	Sonam
28.	Poonam Kumari	B.A 2nd year	1221091002044	9115012677	Poonam Kumari
29.	Khushi	B.A 3rd year	1211091002120	6283707033	Khushi
30.	Priya	M.A I year	2232403004	8222433685	Priya
31.	Neha	M.A I year	2232403010	9306312090	Neha
32.	Shra	M.A I year	2232403006	9467287232	Shra
33.	Mamta	M.A I year	2232403007	7814074049	Mamta
34.	Kulvinder	M.A I year	2232403005	9812205352	Kulvinder
35.	Priyanka	M.A I year	2232403008	9999385011	Priyanka
36.	Minalshi	M.A I year	2232403009	9646303384	Minalshi
37.	Nama	BA 2nd year	1221091002203	6283937343	Nama
38.	Chanchal	BA 2nd year	1221091002100	9996851014	Chanchal
39.	Muskan	B.Com 1 year	1230791079	8168220117	Muskan
40.	Ritu	B.Com 1 year	1230791080	7206028892	Ritu
41.	Pooja	BA II nd year	1221091002266	8847549668	Pooja

ATTENDENCE SHEET

DATED: September 13, 2023

EVENT: Menstrual Hygiene Awareness Campaign

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Nisha	BA(Hons) II	122091061015	6284728257	Nisha
2.	Manisha	"	" 14	7117355156	Manisha
3.	Manvi	"	" 11	7087489976	Manvi
4.	Anjali	"	" 13	7404656010	Anjali
5.	Rashi	"	" 03	7404349621	Rashi
6.	Dhanshree	"	" 02	8295022688	Dhanshree
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ATTENDANCE SHEET

DATED: September 13, 2023

EVENT: Menstrual Hygiene Awareness Campaign

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Madhu Rani	B.Com Hons I	1231276029	93503-56795	Madhu
2.	Nancy	B.Com Hons I	1231276030	90539-17429	Nancy
3.	Soni	B.Sc (H.Sc.) I year	1230795023	8427468050	Soni
4.	Saisita	B.Sc (H.Sc.) I year	1230793009	8629816138	Saisita
5.	Chaiyada	B.Sc (H.Sc.) I year	1230793028	9362098262	Chaiyada
6.	Avneet	B.Sc. (H.Sc.) I year	1221091049018	7696532699	Avneet
7.	Ambika	B.Sc. (H.Sc.) I year	1221091049012	7696357884	Ambika
8.	Vinita	B.Sc (H.Sc.) I year	1221091049001	8307761925	Vinita
9.	Kajal	B.Sc (H.Sc.) Ist year	1231276006	8928304575	Kajal
10.	Sheetal	B.Sc (H.Sc.) Ist year	1231276007	8708277047	Sheetal
11.	Pooja	B.Sc (H.Sc.) Ist year	1231276021	8295408464	Pooja
12.	Shivani	B.Sc (H.Sc.) Ist year	1231276020	6239985030	Shivani
13.	Mansi	B.Sc (H.Sc.) Ist year	1231276018	7989982393	Mansi
14.	Khushi	B.Sc (H.Sc.) Ist year	1221091049014	7696150996	Khushi
15.	Sangeeta	B.Sc (H.Sc.) Ist year	1221091049005	7696359915	Sangeeta
16.	Kyusha	B.Sc (H.Sc.) Ist year	1221091049002	929664230	Kyusha
17.	Deek	B.Sc (H.Sc.) Ist year	1221091049007	8969668870	Deek
18.	Rajni	B.Sc (H.Sc.) Ist year	1221092010	781467228	Rajni
19.	Manjot	B.Sc (H.Sc.) Ist year	19	9415531110	Manjot
20.	Kanchan	BA. Ist year	1211091009171	6239781751	Kanchan
21.	Komal	BA. Ist year	205	7814952407	Komal
22.	Manu	BA. Ist year	175	9050807377	Manu
23.	Kajal	BA. Ist year	103	9817326114	Kajal
24.	Nisha	BA. Ist year	183	7451815155	Nisha
25.	Kashish	BA. Ist year	123	7459895955	Kashish
26.	Anjali	BA. Ist year	147	781495846	Anjali
27.	Chhavi	B.Sc (H.Sc.) Ist year	1221091049004	781495846	Chhavi
28.	Karishma	B.Sc (H.Sc.) Ist year	20	8284995451	Karishma
29.	Samah	B.Sc (H.Sc.) Ist year	08	6239776829	Samah
30.	Mahi	B.A. Ist year	257	9852710309	Mahi
31.	Biyanka	B.A. Ist year	205	860914271	Biyanka
32.	Simran	BA Ist year	168	788-8940922	Simran
33.	Aradhana	BA Ist year	64	8053205844	Aradhana
34.	Nehika	B.Sc (Med) I year	240	628432117	Nehika
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ATTENDANCE SHEET

DATED: September 13, 2023

EVENT: Menstrual Hygiene Awareness Campaign

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Dimple	B.COM (H) 1st	1231276006	7888655914	Dimple
2.	Anshika	B.Com (H) 1st	1231276025	7888933443	Anshika
3.	Nishu	B.A (2nd Year)	122109100244	7988896909	Nishu
4.	Tejvan	B.A (2nd year)	1221091002200	70607666157	Tejvan
5.	Vanshika	B.com (H) 1st	1231276012	7082588929	Vanshika
6.	Khushi	B.com (H) 1st	1231276007	9034237944	Khushi
7.	Payal	BA - 1st Year	1230784154	7814829785	Payal
8.	Payal Sharma	BA - 1st Year	1230784074	6289650535	Payal Sharma
9.	Khushi Tomija	BA 1st Year	1230784006	9138109391	Khushi
10.	Tanishka	BA 1st Year	1230784098	6283430127	Tanishka
11.	Ramanjot	BA 1st Year	1230784056	9653568313	Ramanjot
12.	Uzwaslu	BA 1st Year	1230789005	9056659273	Uzwaslu
13.	Khushi	BA 1st Year	1230784079	7986505138	Khushi
14.	Aakansha	B.Sc (H.S) 1st year	1230793016	8360742035	Aakansha
15.	Urmila	B.Sc (H.S) 1st year	1230793013	8988618734	Urmila
16.	Aakriti	B.Sc (H.S) 1st year	1230793017	8360742035	Aakriti
17.	Sania	B.Com (Hons) 1st year	1231276018	9813820114	Sania
18.	Kamna	B.A. (1st year)	047	8510841146	Kamna
19.	Anjali	B.Sc (H.S) 1st year	1230793019	8968834846	Anjali
20.	Ankita	B.Sc (H.S) 1st year	123079302	9877557596	Ankita
21.	Rachna	B.Sc (H.S) 1st year	1230793008	7837286692	Rachna
22.	Deepika	B.Sc (H.S) 1st year	1230793027	9936325927	Deepika
23.	Khushboo	B.Sc (H.S) 1st year	1230793026	8284076907	Khushboo
24.	Huzmi Kumari	B.Sc (H.S) 1st year	1230793029	6280073790	Huzmi Kumari
25.	Harshta	S.C. H.C. 1st	1230793004	9350030430	Harshta
26.	Saloni	B.A II nd year	1221091002111	9468297467	Saloni
27.	Mehak	B.A. 1st year	1230784113	7056561381	Mehak
28.	Raunak	BBA II nd year	12301010014	6283350771	Raunak
29.	Shehnaaz	B.A. 2nd year	1221091002246	9914126734	Shehnaaz
30.	Chandra	B.A. II nd year	1221091002235	7814859911	Chandra
31.	Sonu	B.A III rd year	1211091002006	8360919746	Sonu
32.	Diya	B.A III rd year	1211091002036	8556033354	Diya
33.	Vishal	BA III rd year	1211091002203	8198032298	Vishal
34.	Simran	B.Com (H) 1st	1231276020	9350806000	Simran
35.	Vandana	B.Com (H) 1st	1231276019	7568277122	Vandana Yadav
36.	Khushi	BA - 1st year	1230784081	929577931	Khushi
37.	Manju	B.A III rd year	1211091002107	8396025985	Manju
38.	Anu Devi	B.A III rd year	1211091002001	9306752170	Anu Devi
39.	Yashika Verma	B.Sc (H.S) 1 st year	7626001825	1230793003	Yashika
40.	Dimple Sani	B.Sc (H.S) 1 st year	1230793005	8558008310	Dimple

OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

NOTICE

Women Studies and Development Cell in collaboration with the Placement Cell, NAAC and IQAC is going to organise Five days workshop 'YOUTH PEACE PROGRAM' by Youth Peace Foundation, Chandigarh from 18th September to 22nd September, 2023.

Date: 18th September to 22nd September, 2023

Time:-12:00 afternoon onwards

Venue: - 123

Organising Committee:-

WSDC *[Signature]*

Placement Cell *Nadhu*

NAAC *[Signature]*

IQAC *[Signature]*

[Signature]
Principal

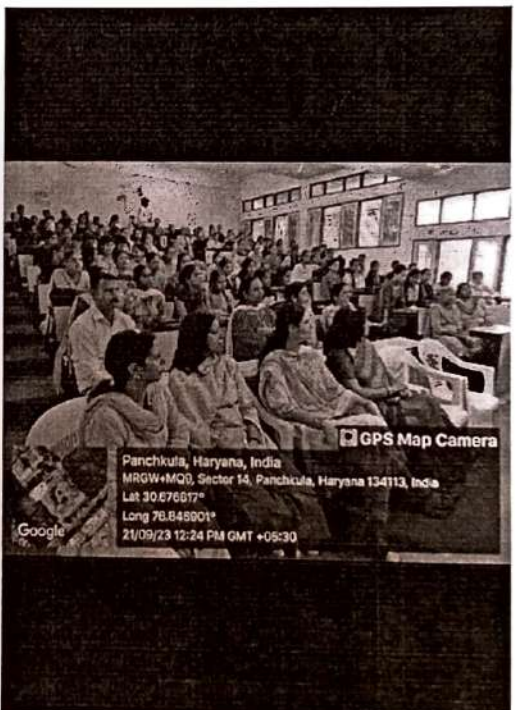
OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

DUTY LIST FOR FIVE DAYS WORKSHOP
YOUTH PEACE PROGRAM (18th-22nd September 2023)

Stage	Dr. Alka Sharma
Mike	Mr. Atul Khullar & Committee
Seating Arrangement	Dr. Priyanka and Ms. Latika
Attendance	Dr. Latesh and Ms. Anju Goel
Notice	Ms. Anita Raj
Geo tag photos	Ms. Balwinder Kaur
Report	Ms. Sukriti
Press note	Dr. Sunita and Dr. Kalpana Devi


Principal

f Govt. PG College for Women
Sector-14, Panchkula



Report

Women Studies and Development Cell in collaboration with Placement Cell, NAAC and IQAC organised a five day workshop, 'YOUTH PEACE PROGRAMME ' by Youth Peace Foundation from 18.09.23 to 29.09.23. Each day comprised an interactive session on varied themes.

DAY 1 and 2: Topic – PEACE:-In this lecture, tried to make the students understand a different meaning of peace i.e. other than world peace, quiet place etc. The education program helped the students discover their own inner strength and personal peace. In this context, there was a series of videos shown such as: 'Where is Peace?', 'The Farmer and the Buried Treasure', 'A Voice for Peace', 'The Finest Achievement', 'Citizens of the Earth' and 'One Drop.'The main message via these visual aids was that the peace is within each person and if each human being takes responsibility for peace that is going to make a difference.

DAY 3 and 4: Topic – APPRECIATION:-On this day, the objective that was explored was that of appreciation. It was asserted that it is an inner resource that can help all of us enjoy what we have everyday. The videos that were shown on the day were: 'Peace is a feeling', '25,550 Days', 'Sharing a Dream', 'Appreciation', 'Welcome Each Day'. The main message was that maybe this life is really about the amazing journey that is happening. All we need to do is open our eyes, awaken and see, understand what is is - from our heart. All of us are probably supposed to be in contentment, appreciation and witnessing the most incredible of all miracles taking place.

DAY 5 and 6: Topic - INNER STRENGTH:-This session explored the innate quality of inner strength and its value in life. It was asserted that something inside of you is greater than all your goods and bads, regardless of how you see yourself, of how you portray your existence, of what you have read, of what you think, there is something that resides inside of you.


DAY 7 and 8: Topic - SELF AWARENESS:-On this day, the students were made aware of the strengths and resources that would help them become more self aware. It was stated that before you even get to tackle the job of making peace with yourself, it is important to answer the questions like, 'Who are you?', and 'what are you'?

DAY 8 and 9: Topic - CLARITY:-This session elaborated upon clarity as an inner resource that could be developed to help us in all aspects of life. Clarity is the most important human trait and component. During the interaction it was deduced that in this vehicle of existence, the most precious thing you have is your control and understanding intact.

DAY 9 and 10:-The last two days ended with a revision of all the topics discussed before. The students also shared their experiences of the programme and their opinions on the objectives that were part of the sessions.

The WSDC, IQAC and the YPF concluded the programme with the installation of a "peace pillar" on the campus of the college. Each participant was also awarded with certificates.


Convener
WSDC


Principal
Govt. PG.College for Women
Sector-14, Panchkula

WSDC

5 days workshop 18.09.2023 to 22.09.2023

ATTENDANCE SHEET Education
DATED: 18.09.2023
EVENT: Workshop on Youth Peace Programme

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Dirya Bisht	BA 1st year	1230784001	7341174048	<u>Dirya</u>
2.	Bhuyanka	BA 1st year	1230784013	7704910129	<u>Bhuyanka</u>
3.	Komal	BA 2 nd Year	1221091002220	6283380277	<u>Komal</u>
4.	Vandna	BA 2 nd Year	1221091002141	9876883041	<u>Vandna</u>
5.	Anjali Sharma	B.Sc (Med) 2nd year	1211091030054	6224343564	<u>Anjali Sharma</u>
6.	Sadhana	B.Sc (Med) 2nd year	1211091030053	9877823560	<u>Sadhana</u>
7.	Nancy	B.Sc (Med) 2nd Year	1211091030037	9750226715	<u>Nancy</u>
8.	Himanshu	"	1211091030040	9798529530	<u>Himanshu</u>
9.	Aman Sharma	"	1211091030030	7082237837	<u>Aman Sharma</u>
10.	Pooja	"	1211091030035	7009169146	<u>Pooja</u>
11.	Tanisha	B.Com (H) 3 rd year	1211091076024	9780894666	<u>Tanisha</u>
12.	Anu	B.Com (H) 3 rd year	1211091076026	8427214556	<u>Anu</u>
13.	Laxmi	B.Com (H) 3 rd year	1211091076025	7986387188	<u>Laxmi</u>
14.	Vishakha Rana	B.Com (H) 3 rd year	1211091076023	9501780464	<u>Vishakha Rana</u>
15.	Anam	"	1211091076035	8307909037	<u>Anam</u>
16.	Gumfan	"	1211091076036	8293884651	<u>Gumfan</u>
17.	Vidhi	"	1211091076009	8168283770	<u>Vidhi</u>
18.	Riksha	"	1211091076022	9915937769	<u>Riksha</u>
19.	Gurjan	"	1211091076021	9306336903	<u>Gurjan</u>
20.	Pratibha	"	1211091076029	7419141898	<u>Pratibha</u>
21.	Harshita Kaur	"	1211091076029	7497848428	<u>Harshita Kaur</u>
22.	Simran Rajput	"	1211091076020	9855918219	<u>Simran</u>
23.	Kanshal Bansal	B.A. 1 st Year	1230784233	7988334077	<u>Kanshal</u>
24.	Jai	B.Com (Hons) 2nd year	1211091076016	7404763407	<u>Jai</u>
25.	Rekha	B.Com (Hons) "	1211091076038	8930148014	<u>Rekha</u>
26.	Ujjanvi	B.Com (H) 3 rd yr.	1211091076028	826405927	<u>Ujjanvi</u>
27.	Nandini	B.A (Hons) 2 nd year	1221091061008	9878886252	<u>Nandini</u>
28.	Shivani	"	1221091061001	9560709362	<u>Shivani</u>
29.	Manisha	B.A Hons (2nd yr)	1221091061014	7717355155	<u>Manisha</u>
30.	Nisha	"	"	15 6284228757	<u>Nisha</u>
31.	Kanpreet Kaur	"	"	04 8215432405	<u>Kanpreet</u>
32.	Rajni	"	"	03 7404349691	<u>Rajni</u>
33.	Shreshtha	"	"	02 8295022686	<u>Shreshtha</u>
34.	Saloni	"	"	09 9188124354	<u>Saloni</u>
35.	Manisha	"	"	17 9058527698	<u>Manisha</u>
36.	Payal	"	1221091061010	9463510445	<u>Payal</u>
37.	Mansi	"	1221091061011	7087489916	<u>Mansi</u>
38.	Jhanvi	M.Sc. Human Dev.	2232189004		<u>Jhanvi</u>
39.	Suman	"	2232189003		<u>Suman</u>
40.	Radha	"	2232189007		<u>Radha</u>

ATTENDANCE SHEET

DATED: 18.09.2023

EVENT: Workshop on Youth Peace Education Program

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Kamini	B.A First yr	1230784128	8557060713	[Signature]
2.	Aarti Dahiya	B.A. First year	1230784182	8283965390	Aarti Dahiya
3.	Salini Nijmal	B.A. First yr	1230784035	8360605295	Salini Nijmal
4.	Anjali	B.A First yr	1230784197	6284112653	Anjali
5.	Khushi Tamija	BA 1st Year	1230784006	938109391	[Signature]
6.	Shivani	B.Com II year	(HR) 35	7206955074	Shivani
7.	Rashmi Devi	B.Sc (HSci) 3 year	121109104907	9876820362	Rashmi
8.	Baqisha	B.Sc. Hcomsci 2 nd yr	1211091049018	8264468984	Baqisha
9.	Priyancy	B.A. II year	1221091002184	8360456471	Priyancy
10.	Dimple	B.COM (H) 1st	1231276006	7888655914	Dimple
11.	Anjali	B.A. (First year)	1230784162	9813197608	Anjali
12.	Neetu	BA. (1st Year)	1230784041	7652941487	Neetu
13.	Yukta	B.A. (1st Year)	1230784092	9350949729	Yukta
14.	Mehak	BA (1st Year)	1230784033	7087035636	Mehak
15.	Sheetal Devi	BA 1st Year	1230784054	7889185724	Sheetal
16.	Pooja	BA 2nd year	1221091002266	8847549668	Pooja
17.	Anjali	BA 2nd year	1221091002052	9496736802	Anjali
18.	Soni Gull	B.Sc 2nd year	1221091015013	8568492000	Soni Gull
19.	Riya Rana	"	1221091015018	7576862302	Riya Rana
20.	Ruchika	"	1221091015003	9467375329	Ruchika
21.	Sabra	"	1221091015007	9517161588	Sabra
22.	Nikita	"	1221091015023	988878836	Nikita
23.	Aishwarya	BA Final year	121109100225	7117606712	Aishwarya
24.	Chandulok	BA Final year	1211091002279	7206808515	Chandulok
25.	Komal	B.Sc. final year	1211091030012	8307240584	Komal
26.	Niharika	B.Sc. final Year	1211091030048	8511989964	Niharika
27.	Khushi	B.Sc. 3 rd year	1211091030045	7206890169	Khushi
28.	Simran	B.A I year	1230784155	9115895791	Simran
29.	Vansha	BA II year	1221091061012	8053730036	Vansha
30.	Jhanvi	M.Sc Human Dev.	2232189004		Jhanvi
31.	Suman	"	" 03		Suman
32.	Ishika	"	" 01		Ishika
33.	Lakshita	"	" 06		Lakshita
34.	Anjali	"	" 08		Anjali
35.	Rachha	"	" 07		Rachha
36.	Mansi	"	" 09		Mansi
37.	Sukhwinder	CP	" 02		Sukhwinder
38.					
39.					
40.					

ATTENDANCE SHEET

DATED: 18.09.2023

EVENT: Workshop on Youth Peace Education Programme

SR. NO.	NAME	CLASS	ROLL NO.	PHONE NO.	SIGNATURE
1.	Aakansha	B.Sc. (H.Sc.) 1st year	1230793016	8360742035	<i>Aakansha</i>
2.	Aakriti	B.Sc. (H.Sc.) 1st year	1230793017	8360742035	<i>Aakriti</i>
3.	Payal	B.Sc. (CH.Sc.) 1st year	1230793014		<i>Payal</i>
4.	Simran	B.A.I Year	123079155	9115895791	<i>Simran</i>
5.	Harshita	B.S.C (H.Sc.) 1st year	1230793001	9350030430	<i>Harshita</i>
6.	Sheetal	B.Sc. (H.Sc.) 1st year	1230793007	8708277047	<i>Sheetal</i>
7.	Kajal	B.Sc. (H.Sc.) 1st year	1230793006	8998304575	<i>Kajal</i>
8.	Anjali	B.Sc. (H.Sc.) 1st year	1230793019	8968834846	<i>Anjali</i>
9.	Soni	B.Sc. (H.Sc.) 1st year	1230793023	8427468050	<i>Soni</i>
10.	Saisita	B.Sc. (H.Sc.) 1st year	1230793009	8629816138	<i>Saisita</i>
11.	Mammi	B.Com (H) II	07	9182465430	<i>Mammi</i>
12.	Shelwaz	B.Com (H) II	13	7906357296	<i>Shelwaz</i>
13.	Yogita	B.Com (H) II Ind	1221091076025	8278095901	<i>Yogita</i>
14.	Khushtabu	B.Com Final (2nd)	34	7082517576	<i>Khushtabu</i>
15.	Tariya	B. Com Final	18	8295964056	<i>Tariya</i>
16.	Shruti	"	02	8279949723	<i>Shruti</i>
17.	Khushi	"	04	7404857644	<i>Khushi</i>
18.	Mansi	B.Sc. (H.Sc.) 1st year	18	7988982393	<i>Mansi</i>
19.	Huzmilkumar	B.Sc. (H.Sc.) 1st year	09	6280073790	<i>Huzmilkumar</i>
20.	Neha	B.Sc. (H.Sc.) 1st year	10	9056353074	<i>Neha</i>
21.	Kayishma	B.Sc. (H.Sc.) 1st year	12	9115449761	<i>Kayishma</i>
22.	Amrita	B.S.C (H.Sc.) 1st year	15	8146409735	<i>Amrita</i>
23.	Simran	B.S.C (H.Sc.) 1st year	12	9350053664	<i>Simran</i>
24.	Deepika	B.Sc. (H.Sc.) 1st year	1230793027	9936325927	<i>Deepika</i>
25.	Khushboo	B.Sc. (H.Sc.) 1st year	1230793026	8284076907	<i>Khushboo</i>
26.	Jhanvi	M.Sc. - Human Dev.	2232189004		<i>Jhanvi</i>
27.	Suman	"	" 03		<i>Suman</i>
28.	Ishika	"	" 01		<i>Ishika</i>
29.	Lakshita	"	" 06		<i>Lakshita</i>
30.	Anjali	"	" 08		<i>Anjali</i>
31.	Rachha	"	" 07		<i>Rachha</i>
32.	Mansi	"	" 09		<i>Mansi</i>
33.	Sukhwinder	"	" 02		<i>Sukhwinder</i>
34.					
35.					
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Notice

Date:-18.09.2023

All the students are hereby informed that placement cell of the college in association with Entrepreneurship Development Cell, WSDC, Economics, Commerce and Home Science Deptt. is organizing annual exhibition cum fair "Tana-Bana" 2023.

Interested students who want to exhibit their products / talent can book their stalls before Monday i.e. 25 Sept. 2023 with following teacher:-

1. Ms.Laksha (Commerce)
2. Ms.Veenu Mittal.(Economics)
3. Ms. Anita Raj.(Home Science)
4. ~~Ms.~~(Computer Science) Ms. Seema
5. Ms. Kalpana.(psychology)
6. Ms. Rani Jindal (Chemistry)

Madhu
Convener Placement Cell

P. S. Shukla
Principal 18/9/23

Duty list for
"TANA-BANA" Exhibition cum Fair
On 31st Oct, 2023

Reception Committee	Council Members
Ribbon Cutting	Ms Mani Narwal
Display / Stall Organization	Dr. Alka Sharma, Dr. Sudesh Kharb, Dr. Suman Bhambhu, Ms Mani Narwal, Dr. Shivani Kaushik, Dr Isha Goyal
Brochure, Banner & Invitation	Ms. Seema, Ms. Balwinder
Press	Dr Bharti, Ms Charanjeet Kaur, Dr. Sunita
Report Writing & Geo Tag photos	Ms. Neelima, Ms. Nandini
Refreshment	Dr. Priyanka, Ms. Kalpana, Ms. Anita Raj, Manju (L.A.)
Cleanliness	Ms. Sangeeta, Ms. Prjyanka (Ext.), Ms. Rani Jindal, Ms. Vibha Madan.
Discipline	Mr. Atul Khullar, Mr. Naveen Malik, Mr. Surinder Singh, Mr. Kapoor Singh, Ms. Jyoti.
Attendance of participants, Certificate Writing and Record of Turnover	Ms. Laksha, Ms. Veenu Mittal, Ms. Shivani Singla, Ms. Navpreet Kaur

Madhu
In-Charge 19/10/23

P. S.
Principa

GOVT. P.G. COLLEGE FOR WOMEN, SEC-14, PANCHKULA
(NAAC accredited Grade 'B')



Is organizing

Exhibition cum Fair

TANA BANA

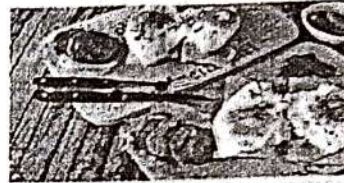
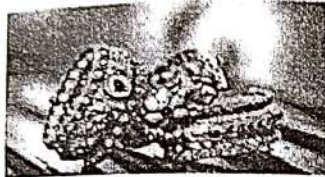
(A Student Entrepreneurship Initiative)

On

31st October, 2023
10 am onwards

Sponsored by

GYAN DARPAN IAS ACADEMY
HD EDUCATION



EVERYONE IS CORDIALLY INVITED!!

ORGANISING COMMITTEE

Ms. Sushila Rani
Dr. Sudesh Kharb
Ms. Charanjit Kaur
Dr. Bharti Chhikara
Ms. Mani Narwal
Ms. Honey Garg
Dr. Isha Goyal

CO-COORDINATORS

Dr. Alka Sharma
Dr. Suman Bhambu
Dr. Shivani Kaushik
Dr. Madhu

COORDINATOR

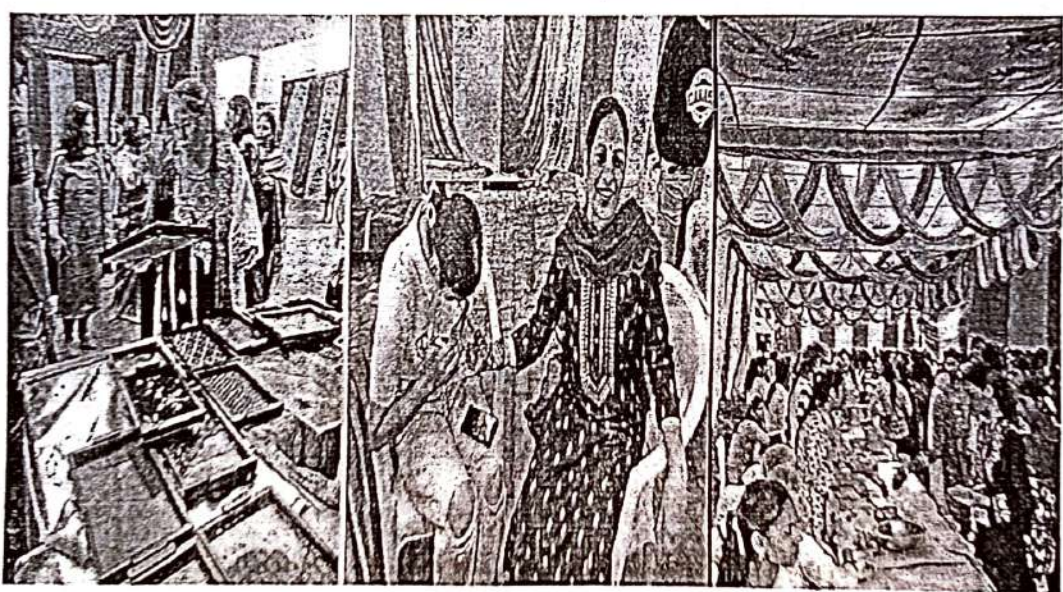
Dr. Ritu Yadav

PATRON

Dr. Richa Setia

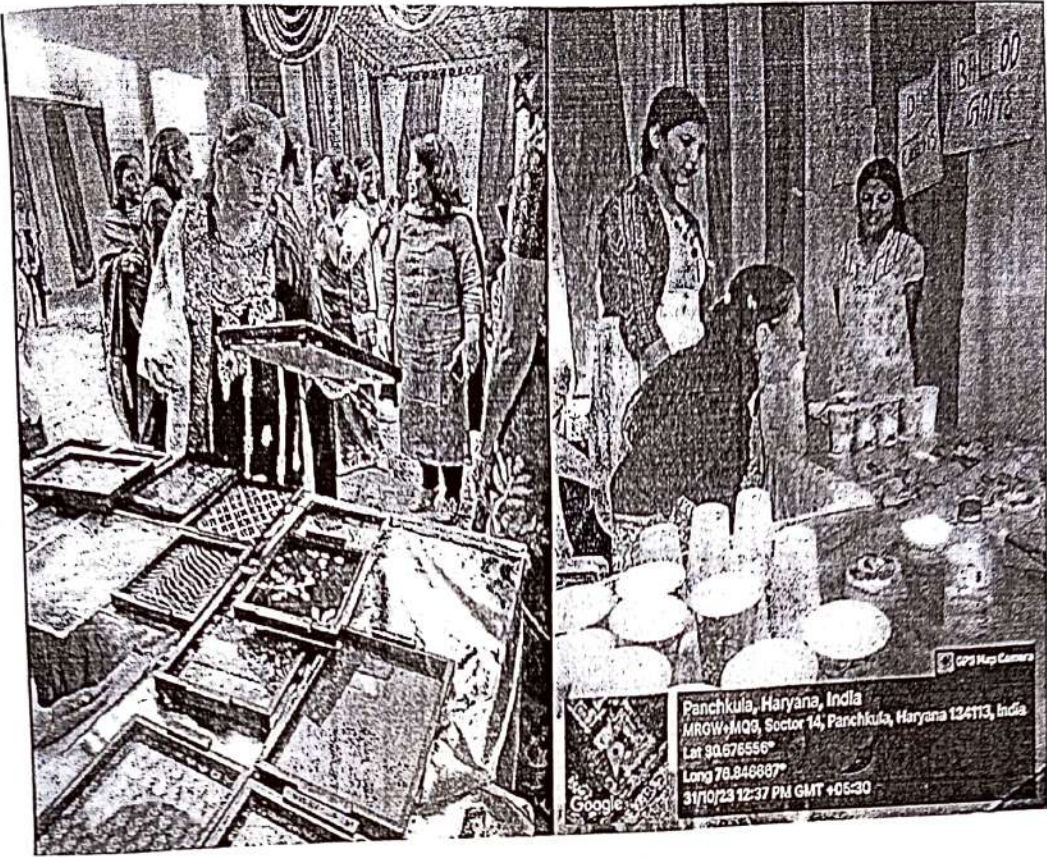
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Glimpse of pictures
Tana- Bana (31.10.23)



Madhu

Di



Madhu

Qu

Tana-Bana (31.10.23)

नृत्य को स्थगित करने के लिए निर्णय किया।

आजराजे के अनुसार संयुक्त नगर निगम के अंतर्गत 102750 प्रॉपर्टी आर्बिटर हैं।

अधिकारीयों को निर्देश दिए कि वह प्रॉपर्टी टैक्स एकत्रित करने के लिए लोगों को

सेट टैक्स अधिकतम 25 अर्बिट तक है।

मॉडर्न बंगलों के अन्य सदन भी सेट है।

सांस्कृतिक कार्यक्रमों से गूंजा कन्या महाविद्यालय

मार्ग सिटी रिपोर्टर

पंचकूला। हरिद्वार लोक संस्कृतिक केंद्र पर एच एच प्रियंका कला केंद्र के संयुक्त संयोजन से हरिद्वार कन्या महाविद्यालय सेक्टर-14 में हरिद्वार दिवस के अवसर पर 'हरीद्वार के संस्कृतिक दिवस' कार्यक्रम में भाग लेने के लिए कन्या महाविद्यालय के प्राचार्य डॉ. अशोक कुमार ने कन्या

हरिद्वार दिवस पर राजकीय कन्या महाविद्यालय सेक्टर-14 में 'हरिद्वार के संस्कृतिक दिवस' आयोजित

कार्यक्रम आयोजित किया। कार्यक्रम 3 दिवस के लिए प्रयुक्त सुखी सावन, गुरु दिवस के विशेष संचालन के माध्यम से प्रारंभ किया जाएगा। कार्यक्रम में भाग लेने वाले कलाकारों को प्रोत्साहन देने के लिए अलग-अलग

छात्रों के अलग-अलग शर्ष भी ने काया कि कार्यक्रम का गुणवत्ता हरिद्वार संस्कृति को जन-जन तक पहुंचाना था।

हरिद्वार लोक संस्कृतिक केंद्र पर एच एच प्रियंका के संयोजन में प्रदर्शन का आयोजन भी प्रारंभ के अनुसार तय किया गया। इन कार्यक्रमों में भाग लेने वाले कलाकारों को प्रोत्साहन देने के लिए अलग-अलग



कन्या महाविद्यालय सेक्टर-14 में आयोजित 'हरिद्वार दिवस' कार्यक्रम में भाग लेने वाली कलाकारों का प्रदर्शन।

अमरउजाला **कलासीपाइड** **1800-121-1166**

विशेषज्ञता से सजाए गए कलात्मक डिजाइन

स्टेडियम और अन्य स्थानों पर की गई सफाई कार्यवाही।

रेगगारमेला

उद्यमिता को बढ़ावा देने के लिए सेक्टर-14 में आयोजन

महिला कॉलेज में प्रदर्शनी मेला का आयोजन

इस्टिमि ग्लोबल प्रिंटिंग

राजकीय महिला महाविद्यालय सेक्टर-14 में प्रदर्शनी मेला का आयोजन किया गया। कार्यक्रम का आयोजन डॉ. अशोक कुमार, डॉ. प्रियंका, डॉ. मधु, डॉ. सुनिता, डॉ. अलका शर्मा, डॉ. शिवकुमार, डॉ. अशोक कुमार के मार्गदर्शन में आयोजित किया गया। कार्यक्रम में भाग लेने वाले कलाकारों को प्रोत्साहन देने के लिए अलग-अलग



उद्यमिता को बढ़ावा देने के लिए आयोजित किया था। आयोजन का श्रेय ज्ञान दर्शन आर्बिटर अकादमी को जाता है। कार्यक्रम की

और उद्यमिता को बढ़ावा देने के लिए आयोजित किया था। आयोजन का श्रेय ज्ञान दर्शन आर्बिटर अकादमी को जाता है। कार्यक्रम की

शुरुआत मुख्य अतिथि श्री मंगलेश्वर राज, एच. सी. एस. प्रदर्शनल डायरेक्टर, एडमिनिस्ट्रेशन, शिक्षा विभाग ने प्रिंटिंग काट कर की। प्राचार्या डॉ. अशोक कुमार ने बच्चों तथा स्टाफ के प्रयास को सराहना की तथा बच्चों को इस प्रदर्शनी में भाग लेने के लिए प्रोत्साहित किया। मेले में छात्रों ने रचनात्मकता का एक प्रभावशाली प्रदर्शन किया था, जिसमें चित्र, मूर्तियां, वस्त्र, पेंटिंग, कला, दिवे, मेहंदी, नैल-आर्ट और हस्तनिर्मित ज्वेलरी, सजावट के

सम्पत्तियों के 22 स्टाल लक्ष्य एवं छात्रों ने अपनी परियोजनाओं को प्रस्तुत किया। प्रत्येक व्यंजन से विद्यार्थी व्यंजनों तक कुल 13 स्टाल लक्ष्य गए, जिसमें विभिन्न प्रकार के व्यंजनों को प्रस्तुत किया। विभिन्न महाविद्यालयों के प्राध्यापकों ने भी मेले का भरपूर आनंद लिया। महाविद्यालय सेक्टर-14 में प्रदर्शनी मेला एक सफल और लक्ष्य अनुभव को लेकर संचालित और उद्यमिता को बढ़ावा देने के लिए आयोजित किया गया।

Maalhu

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Report
Tana-Bana
Exhibition-cum-fair

Placement cell of the College in association with Entrepreneurship Development cell, WSDC, Economics Department, Commerce Department and Home Science Department had organized one day exhibition cum fair "Tana -Bana" on 31 October, which was sponsored by Gyan Darpan IAS Academy and HD Education. Mrs. Reeta Gupta principal and DHEO SMMMD Govt. Sanskrit College was present as the Chief Guest. The program started by ribbon cutting by the guest present on the day. At the inaugural session, Dr Richa Setia our worthy Principal, welcomed all the students and dignitaries and motivated the participants to take full advantage of such fairs-cum-exhibitions to improve their productivity. More than 100 students participated in this exhibition cum fair. The exhibition has 40 stalls set up mainly by students. In this fair, attractively manufactured textile and clothing products, Mandala Art, Jewellery, souvenirs, wooden crafts trays, Mehandi, bamboo crafts home decor, nail art, paintings and terra cotta crafts made of eco-friendly natural resources like clay, jute, etc. were available for sale by the students. Students also displayed their culinary art through different food stalls. There are 18 food stalls. In the exhibition the products which were developed by the students during the whole year were showcased. The consumers were the students and staff of the College. Principals and Professors from other Colleges also attended the fair. The main objective behind the exhibition cum fair was to motivate the students to work hard and give them a platform where they can showcase the work done by them and develop the entrepreneurial skills in them.

Students got an opportunity to sell their products which motivated them to work hard towards the creativity in their products. All students whole-heartedly participated in this activity.

meethu
In-Charge
Placement Cell

Dr
Principal

ATTENDANCE CHART 'TANA BANA'

NAMES	CLASS	CONTACT	FOOD ITEMS	STALL NO	SIGN
NAAZ SANJU NIKITA	MCOM 2	8284837830	SEV PURI ETC	19	Nanz Gangsh Nikita
DEEPIKA	BBA 3	7814396791	IDLI SAMBHAR	10	
MANJEET PRATIBHA JYOTI KHUSHI	BSC 2 (HS)	9416531110 9896641230	CHAT PAPDI	03	Manj Pratibha Jyoti Khushi
ANJALI	BSC 1	8968834846	TIKKI	14	Anjali
PARUL	BSC 1	8168751824	DAHI BHALLE	14	Parul
SAISTA	BSC 1	8629816138	GOLGAPPE	15	Saista
YASHIKA	BSC 1	7626001889	BAKERY	21	Yashika
NISHA	BA 2(H)	6284728757	BHEL PURI	16	Nisha
ALISHA	BA 2(H)	8847600879	TIKKI ETC	17	Alisha
10 SHRUTI	BA 1	7740053270	CHICKPEA SALAD	07	Shruti
11 AAMNA	BBA 3	7696851477	CHINESE	12	Aamna
12 PALAK YAMIKA SANJANA AANCHAL TANU PRINCY	BCOM GEN (1)	9467154501 9996552845	PASTA	02	Palak Yamika Sanjana Aanchal Tanu Princy
13 KHUSHBOO MANSI SAVITA PRIYANKA ALISHA Shamma	BCOM3 BA 3 BA 3 BA 3 BA 3	9350980480	GOL GAPPE	22	Khushi Mansi Savita Priyanka Alisha Shamma
4 KHUSHI MAHI NEHA MEHAK MEHAK JYOTI	BCOM GEN (1)	7626809172	MANCHURIAN	01	Khushi
15 NIKITA KIRTI VANSHIKA NANDINI SAMRITI PRAGYA	BCOM GEN (1)	7206983548	GOL GAPPE	04	
16 AARTI KUMKUM KOMAL TAMANNA	BBA BBA BCOM BCOM	8264508453	IDLI SAMBAR	05	Aarti Kumkum Komal Tamanna

8, 11, 13,

Madhu

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ATTENDANCE CHART 'TANA BANA'

48

MEHAK SANIA	BBA BCOM				MEHAK SANIA
NIDHI	BCOM(B)	9416282542	BHEL PURI	18	Nidhi
TRIPTA	BCOM(A)				Tripta
BHARTI	BCOM(B)				Bharti
YOGITA	BCOM(H)				Yogita
AAYUSHI	BCOM(H)				Aayushi
8 ANJALI	BSC 1	8968834846	TIKKI	06	Anjali
AAKANSHA	BSC 1				
SATWINDER	BSC 1				
9 KAJAL	BCA 1	7009795601	Kajal	20	Kajal
10 MAMTA (Khushi)	BCOM 1	8901102656	SOYA CHILLI	09	Khushi

SR	NAMES	CLASS	CONTACT	IDEAS	STALL NO	SIGN
1	SARIKA	BA 2	9053636291	MEHANDI		
2	SIMRAN	BA 2	9485617334	MEHANDI		
3	SALONI ANJALI	BA 2(H)	7404656010	MEHANDI		
4	DEEPIKA	BBA 3	9814396791	CLOTHING	6	Deepika
5	PALAK	BBA 3	8360269993	CLOTHING	7	Palak
6	JHANVI	BBA 3	8264346163	MOBILE ACCESSORIES	11	Jhanvi
7	ANUSHKA TANYA RITIKA	BA 3(H)	7717407859	COSMETICS +DECOR	1 & 2	Anushka Tanya Ritika
	RUBY	BA 2	9646965496	JEWELLERY		
	PRIYANKA	BA 3	8360932485	MEHANDI		
	KASHAK Kshama	BA 3(H)	8847005124	NAIL ART	18	Kshama
	NISHA	BA 2(H)	6284728757	FUN ZONE +SCRUNCHIES	5	Nisha
	ANJALI	BA 2	9872517086	MANDALA ART		Anjali
	BAGISHA AASTHA	BSC 3	8264468984	TRAYS		
1	ROHINI RUPAL	BSC 3	7986280493	PAINTINGS	15	Rohini
5	TAMANNA AARTI	BSC 3	7719552124	CLOTHING	13	Tannna Aarti
6	PINKI	BA 1	8054439239	FINE ARTS	16	Pinki
7	DIKSHA VIDHI HIMANI	BCOM (H)3	9915957769	GAMES +JEWELLERY	10	Diksha
1	ROSHNI	BSC 3	9876820362	TEXTILE	13	Roshni

Madhu ai

ATTENDANCE CHART 'TANA BANA'

44

DIMPLE SHEETAL KAJAL	BSC 1	8558008310	HOME DECOR	4	Dimple Sheetal Kajal
SHIKA	MSC 1	8427406705	HOME DECOR		
INJALI	BA 2	9996736802	MEHANDI		Anjali
HENAAZ	BCOM (H)2	7206357226	HOME DECOR	12	Henaaaz
Divya	BBA	8708174534	Mobile accessories	9	Divya
Jhanvi	MSc (HD)	9485898756	Mandala art	16	Jhanvi
Renu	BBA I	8571955114	Home decor		Renu

Madhu

De

RESULT OF TANA-BANA COMPETITION

48

date: 7.11.23

I AWARD NAME : MOST CREATIVE

- | | | |
|-----------|---------|---------------|
| 1. Sarika | B.A. II | 1221091002025 |
| 2. Simran | B.A. II | 1221091002249 |

II AWARD : BEST TEAM WORK

- | | | |
|-----------|---------|------------|
| 1. Khushi | B.Com I | 1230791028 |
| 2. Mahi | " | 1230791026 |
| 3. Neha | " | 1230791034 |
| 4. Mehak | " | 1230791038 |
| 5. Jyoti | " | 1230791046 |
| 6. Mehak | " | 1230791070 |

III AWARD : ENTREPRENEURSHIP SKILLS

- | | | |
|---------------|-------------|---------------|
| 1. Aamna Rana | BBA III yr. | 1211091010018 |
|---------------|-------------|---------------|

Organising Committee

1. Shruti (Sudesh Kaur)
2. Diya (Sudesh Kaur)
3. Mani (MANI NARWAL)
4. Cisha (CISHA GOYAL)
5. Charansit (CHARANSIT KAOR)
5. Honey (Honey)

Coordinator
Ritu
Dr. RITU

Principal
Principal
Govt. P.G. College for Women
Panchkula

**OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA**

NOTICE

All the students are hereby informed that Women Studies and Development Cell in collaboration with Dispensary Committee is going to organise “**Thalassemia Awareness Seminar**” & **Health Check up**. As per following schedule.

Venue: - Room No. 113

Time:-12:00 noon

Date: 08 November, 2023

Organising Committee:-

WSDC 


Principal


Dispensary Committee

OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

DUTY LIST

Thalesemia Awareness Seminar” & Health Check up

Dr. Alka Sharma (Convenor)

Dr. Latesh (Co. Convenor)

Mike	Mr. Atul Khullar and Dr. Naveen
Seating Arrangement And Discipline	Dr. Sangeeta , Dr. Naveen and Dr. Neelima
Attendance	Ms. Anju Goel
Notice	Ms. Anita Raj
Geo tag photos	Ms. Balwinder Kaur
Report	Ms. Sukriti
Press note	Dr. Kalpana Devi

Ke
Principal

Govt. PG College for Women
Sector-14, Panchkula




OFFICE OF THE PRINCIPAL GOVT.PG COLLEGE FOR WOMEN,
SECTOR-14, PANCHKULA

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SECTOR-14, PANCHKULA

DUTY LIST

Thalcaemia Awareness Seminar" & Health Check up

Dr. Alka Sharma (Convenor)

Dr. Latash (Co. Convenor)

Mike Mr. Atul Khullar and Dr. Naveen

Seating Arrangement ~~Dr. Sangeta~~, Dr. Naveen and Dr. Neelima

And Discipline

Attendance Ms. Anju Goel

Notice Ms. Anita Raj

Geo tag photos Ms. Balwinder Kaur

Report Ms. Sukriti

Press note Dr. Kalpana Devi

Principal

Govt. PG College for Women
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परिवर्तन

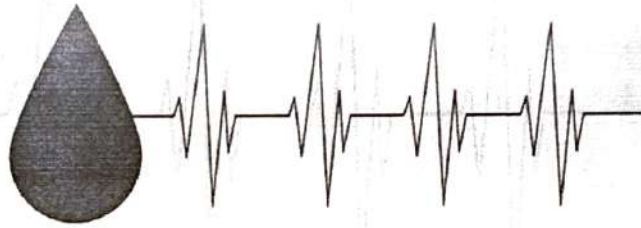
Rotary
Chandigarh Midtown



CREATE HOPE
in the WORLD

Women Health Education Seminar

Thalassemia Awareness
Organ Donation
Stem Cell Donor Registry
Menstrual health and hygiene
Nourish to flourish
Anaemia testing



November
08
Wednesday

12.00 PM onwards
Govt Girls College
Sector 14, Panchkula

RI President
Rtn. Gordon McNally

District Governor
Rtn. Arun Mongia

District Thalassemia Chair
PP Dr. Sanjay Kalra

President
Rtn. Jeeten Bhambri

Director Community Service
Rtn. Manjushree Sharma

Secretary
Rtn. Anup Sharma

Rotary Year 2023-24

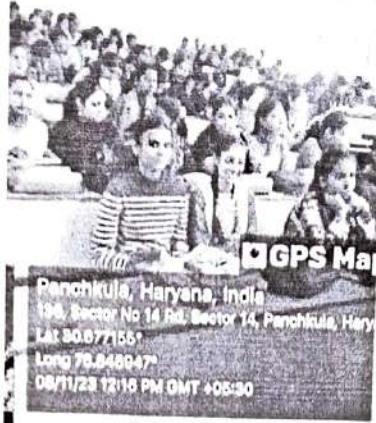
R.I. District 3080

Club No. 15228

rotarychdmidtown.org



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Sector 14, Panchkula, Haryana 134113, India
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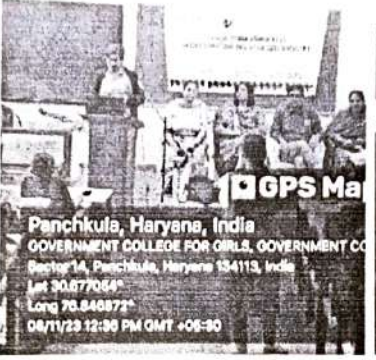
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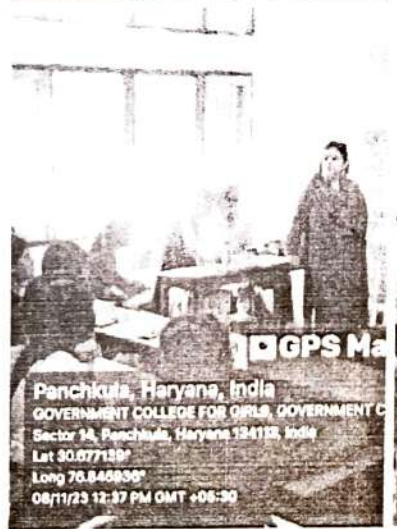
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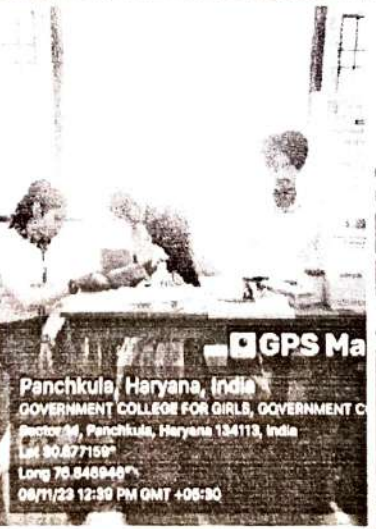
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Report

Govt. PG.College for Women
Sector-14, Panchkula
Session: 2023-24
Activity Report: November, 2023

Name of the Event: Women Health Education Seminar
Date: November 08, 2023
Venue: Room no. 123
Organisers: Women Studies and Development Cell


The Women Studies and Development Cell organized a "Women Health Education Seminar" on 8.11.23.

The seminar comprised thalassemia awareness, organ donation, stem cell donor registry, menstrual health and hygiene and anemia testing.

The seminar was graced by the presence of specialists – Dr. Rita Kalra (Rotary Club, Chandigarh), Ms. Yasmin Bhasin, Ms. Parwinder Kaur (Genexplore- Medisquare Diagnostics Center) and Mrs. Renuka Sharma (Parivartan NGO). WSDC convener, Dr. Alka Sharma welcomed all the esteemed guests. Hon`ble Principal of the college, Dr. Richa Setia presented the guests with a plant as a token of appreciation.

The event was attended by around 200 students from across the streams. The members of WSDC contributed in making the seminar a success.


Convener
WSDC


Principal
Govt. PG College for Women
Sector-14, Panchkula


To,
The Principal
Govt. PG. College for Women
Sector-14, Panchkula

Subject: Regarding permission to organize demonstration lecture on 'Pot Composting'

Respected Madam,

It is stated that the Women Studies and Development Cell wants to organize a demonstration lecture on **"Pot Composting"** on January 6, 2024.
Kindly allow us for the same.

Thanking you


Incharge
WSDC

Notice
Women Studies and Development Cell
January 5, 2024


All students are hereby informed that WSDC is going to organize a demonstration lecture on "Pot Composting" on January 6, 2024 at 12.00 noon. Interested students give their names in Room no. 219 to Dr. Latesh.

Time: January 6, 2024

Date: 12.00 noon

Venue: In Front of Old Hostel


Convener
WSDC


Principal
† Govt. PG. College for Women
Sector-14, Panchkula

Activity Report
Women Studies and Development Cell
Session: 2023-2024

Date: January 6, 2024

Name of event: Demonstration lecture on different types of Composting

Guest: Dr. Rajesh Lather, DES, Horticulture department, Panchkula

Venue: In Front of Hostel

Time: 12.00 to 2.00 pm


Women Studies and Development Cell of College organized a demonstration lecture on **different types of Composting** on January 6, 2024. The Lecture was inaugurated with introductory words of composting by worthy Principal, Dr. (Mrs.) Richa Setia. Dr. Rajesh Lather, DES and Senior Scientist of Horticulture delivered a lecture on composting.

He explained the need to use composting in today's life. He also described the harmful effects of using fertilizers in agriculture on human health. Dr. Lather differentiated the meaning of manure and compost.

A compost pit was dug and it was layered with kitchen waste, dry leaves, cattle dung and sprinkled water. Around 30 students were trained for making a compost pit. In the last, Question Answer session was organized. Resource person cleared all doubts arisen by students and staff members.

The Lecture was ended by Dr. (Mrs.) Alka Sharma the Convener, WSDC with the vote of thanks of resource person.


Incharge
WSDC


Principal
Govt. PG College for Women
Sec-14, Panchkula

Women Studies and Development Cell

Name of Activity: Demonstration lecture on composting

Date: January 6, 2024

Time: 12.000-2.00 PM



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Panchkula, Haryana, India
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Dr. Rajesh
Lather

Lecture on ~~the~~ Composting

06-01-2024

Attendance

Sr. No.	Roll No.	Name	Class	Phone No
1	1230784003	Mishu	B.A Ist	9307474875
2	1230795004	Sheetal	Bsc Ist	8199818509
3	1230784020	Meenu	B.A Ist	8307727717
4	1231276020	Suman	B.Com(H).	9950806449
5	2232189003	Suman	MSc(H.S)	8847224007
6	2232189006	Lakshita	MSc(H.D)	9896795036
7	1230793009	Sevika	B.Sc(H.Sci)	8629816138
8	1230793007	Sheetal	B.Sc(H.Sci)	8708827780
9	1230793014	Gayal	BSC(HSci)	9779560429
10	1230793017	Anviti	BSC(HSci)	8360742035
11	1230793016	Alkangha	BSC(HSci)	8360742035
12	1230793013	Vamila	BSC(HSci)	8360742035
13	1230243029	Lexmi	BSC(H.Sci)	6280073790
14	1230793011	Karishma	BSC(H.Sci)	9115449761
15	1230793015	Anvita	BSC(H.Sci)	9115449761
16	1230793024	Urvashi	BSC(H.Sci)	781420392
17	1230793019	Anjali	BSC(H.Sci)	7696434846


OFFICE OF THE PRINCIPAL GOVT. PG COLLEGE FOR
WOMEN SEC-14 PANCHKULA

NOTICE

Women Studies and Development Cell is organizing a 6 Days
Physiotherapy Workshop
Dates: ~~8.1.23~~ to ~~13.1.23~~
Venue : **Common Room**
Timings : **3 p.m. to 4 p.m.**

All the interested students can submit their names to Ms. Sukriti,
Department of English or Dr. Kalpna, Department of Psychology.


Convener
WSDC


Principal
Principal
Govt. P.C. College for Women
Panchkula

Report

The Women Studies and Development Cell organised a Six Day "Physiotherapy Workshop" from 8.1.24 to 11.1.24 and 24.1.24 to 25.1.24 under the guidance of renowned physiotherapist - Mr. Mahendra. The workshop had the active participation of around 16 students from all the streams of the college who learnt about various exercises, postures and stretching in a way that they could be trained to help others via physiotherapy. It was attended by Hon'ble Principal Dr. Richa Setia along with Dr. Alka Sharma (C), Dr. Sukriti, Dr. Kalpna and other teaching and non teaching staff members

All the six days consisted of different types of physiotherapy techniques:

Day 1

The first day included an interactive session and practical application of techniques regarding the problem of cervical and spine. The students were also encouraged to practice them with each other.

Day 2

It included a discussion on frozen shoulder and shoulder pain. Stretching exercises were shared and practiced.

Day 3

On the third day of the workshop a common problem of back pain and how to relieve it's pain was talked about. Students were told about posture correction, promoting strength and overall spine health.

Day 4

The fourth day had the students practicing techniques related to back pain and shoulders.

Day 5

The students were taught about knee and calf stretching, hamstring stretch and straight leg raises.

Day 6

The concluding day included a summary of all the techniques already taught and also techniques related to overall physical balancing of the body.



Convener

WSDC



Principal

Govt. PG College for Women, Panchkula



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Day 6

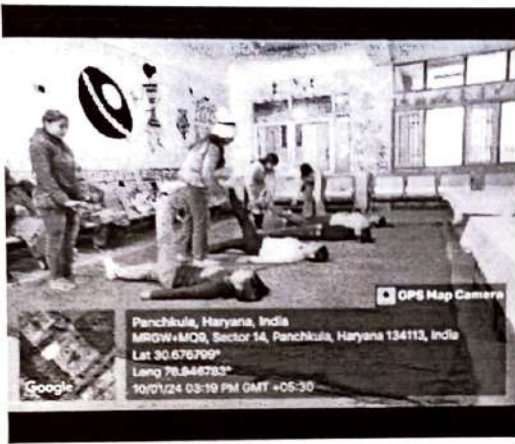
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Convener

WSDC

ai
Principal

Govt. PG College for Women, Panchkula



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Attendance Chart Physiotherapy Training Workshop

S.n.	Name	Class	Roll no.	8/1/2024	9/1/2024	10/1/2024	11/1/2024	12/1/2024	13/1/24
1	savita	B.A.3rd year	1211091002114	Savita	Savita				
2	Anjali	BA 2 year	1221091002011	Anjali	Anjali				
3	Nisha devi	B.A.2nd year	1221091002105	N.Sharma	N.Sharma				
4	Navita	B.A 2nd year	1221091002077	Navita	Navita.				
5	saloni	B.A 2nd year	1221091002095						
6	Payal	Ba 2 year	1221091002036	Payal	Payal				
7	Mansi	B.A. 3 year	1211091002210	Mansi	Mansi				
8	Tejsvani	B.A 2nd year	1221091002200	Tejsvani	Tejsvani				
9	Priyanka	B.A. 3year	1211091002106	Priyanka	Priyanka				
10	komal	ba	195	Komal	Komal				
12	Shallu	B.A. 2year	1221091002096						
13	Ruby Pal	BA2 year	1221091002017						
14	Kajal	BA 2nd Year	231	Kajal	Kajal				
15	Tripti Punia	BA 2nd year	035	Tripti	Tripti				
16	Khushi Kauri	B.A 1st year	1230784011	Khushi	Khushi				

Notice
Bag making workshop

The Women's Studies and Development Cell is pleased to announce a seven-day bag making workshop for all interested students. This workshop aims to provide hands-on experience in bag making techniques and foster creativity among participants.

Date: 15/01/2024-21/01/2024

Time: 1.00-3.00

Venue: Room no.217

Interested students are requested to register their names with Anita Raj by 11/01/2024.



Convener
Women Studies and
Development cell

Principal
Govt PG College for Women
Sec-14, Panchkula

Women studies and Development Cell Report on Five Days Bag Making Workshop

Introduction:

Five-day Bag Making Workshop from 15/01/2024 to 20/01/2024, ^(Sevendays) was organised by Women cell at Govt College for Women, Sec-14 Panchkula. The workshop aimed to provide students with practical skills in bag designing and crafting, fostering creativity and enhancing their understanding of sustainable and eco-friendly practices in the field of fashion and design.

Workshop Overview:

The workshop commenced on 15/01/2024 graced by the college principal Dr Richa Setia and under supervision of Women cell convener Dr Alka Sharma and member Anita Raj, setting the tone for a collaborative and empowering learning environment, with an introduction to the art of bag making, covering various styles, materials, and sustainable approaches. Total 11 students participated in workshop. Each subsequent day focused on specific aspects of the process, including design conceptualization, pattern making, cutting, stitching, and finishing.

Key Activities:

- Day 1 - Introduction to Bag Making:
 - Overview of different types of bags.
 - Introduction to sustainable materials and practices.
- Day 2 - Design Conceptualization:
 - Guidance on designing a bag based on functionality and aesthetics.
 - Sketching and planning individual bag designs.
- Day 3 - Pattern Making and Cutting:
 - Practical session on creating bag patterns.
 - Demonstration of precision cutting techniques.
- Day 4 - Stitching Techniques:
 - Hands-on experience in stitching bags using various methods.
 - Troubleshooting common stitching issues.
- Day 5 - Finishing and Showcase:
 - Finalization of bags with a focus on quality finishing.
 - Showcase of participants' completed bags.

Feedback:


Students gained practical skills in designing and crafting bags and created unique, handmade bags showcasing their creativity. They expressed satisfaction with the workshop, emphasizing the hands-on approach and practical insights

provided by the instructors. Many participants expressed a desire for more such workshops in the future.

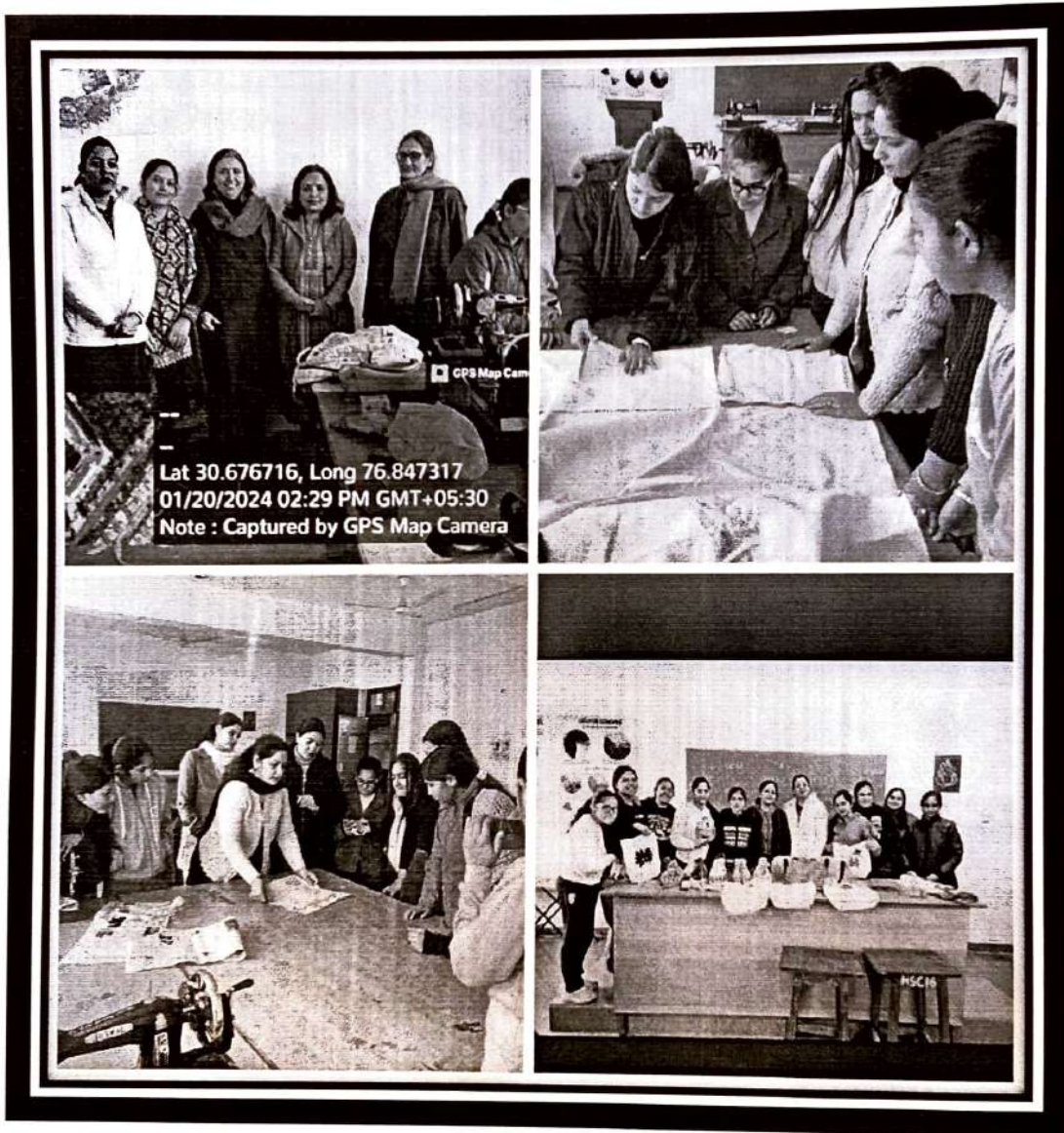
Conclusion:

The Bag Making Workshop, conducted under the collaborative supervision of the college principal and Women Cell members Anita Raj and Neelima, was a resounding success. The engagement of students contributed to the overall positive atmosphere, empowering female students and promoting the values of creativity and sustainability. The positive feedback received encourages the department to organize similar practical workshops in the future.


Convener
WSDC


+ Principal
Govt. PG College for Women
Sec-14, Tanchkula

Bag Making Workshop from 15-1-2024 to 20-1-2024



राजकीय महिला महाविद्यालय सेक्टर -14 के कॉलेज कैंपस में पाँच दिवसीय 15/01/2024 से 20/01/2024 तक विभिन्न कपड़े के बैग बनाने की कार्यशाला का आयोजन वुमन तथा चाईल्ड वलफेयर सैल के अन्तर्गत महाविद्यालय की प्राचार्या डॉ ऋचा सेतिया के मार्गदर्शन तथा संयोजक डॉ अलका शर्मा तथा वुमन सेल सदस्य अनिता राज के नेतृत्व में किया गया। इस कार्यशाला का मुख्य उद्देश्य छात्रों को सुरक्षित, प्रभावी, और पर्यावरण-सौहार्दपूर्ण बैग बनाने की कला सिखाना था। कार्यशाला में विभिन्न प्रकार के कपड़े, जैसे कि कॉटन, केनवस, लिनन, आदि का उपयोग किया गया है। कुल 12 छात्रों ने इस कार्यशाला में भाग लिया। यहां स्टूडेंट्स ने न केवल बैग बनाने की कला सीखी, बल्कि उन्होंने भी एक-दूसरे से अनुभव विनिमय करके विभिन्न सामग्रियों के सुझाव और विचारों को साझा किया।

महाविद्यालय की प्राचार्या डॉ ऋचा सेतिया तथा संयोजक डॉ अलका शर्मा ने छात्राओं के उत्कृष्ट कौशल की सराहना तथा उन्हें उत्कृष्टता की दिशा में प्रेरित करते हुए कार्यशाला को समाप्त किया। कार्यशाला के सफल संचालन में वुमन सेल के सभी सदस्य अनिता राज, डॉ लतेश, अजू गोयल, डॉ निलिमाँ, लतिका, सुकीर्ति, रेनु तथा छात्राओं का महत्वपूर्ण योगदान रहा।






**OFFICE OF THE PRINCIPAL, GOVT PG COLLEGE
FOR WOMEN, SEC-14, PANCHKULA**

This is to inform all the students that 'Women Studies and Development Cell' of our college is organising a two days Yoga workshop on 24th and 25th Jan 2024 from 12pm to 2pm at Girls Common Room. Interested student can give their names to Ms. Latika Chahal, in room number 326.


**Convener
WSDC**


24/1/24
**Principal
Govt. PG college for women
Sector-14, Panchkula**

Women Studies and Development Cell
Title: Two-Day Yoga Camp by Minakashi Huda

Women Studies and Development Cell conducted Two-day yoga workshop from 24/01/2024 to 25/01/2024 under the supervision of renowned trainer Minakashi Huda. The workshop had the active participation of students from all streams of college. It was attended by Hon'ble Principal Dr Richa Setia along with WSDC convener Dr Alka Sharma, Ms Latika, Ms Kamelsh and Dr Neelima. This session was transformative and left participants with a renewed sense of physical and mental well-being.

The camp spanned two days and included a diverse range of activities, from yoga sessions to mindfulness practices.

Highlights:

- Day-1. Mindful Meditation: Minakashi guided participants through mindfulness and meditation exercises, providing tools for stress management and mental clarity.
- Day-2 Empowering Women through Yoga: Huda emphasized the empowering nature of yoga, encouraging women to embrace their physical and mental strength.

The event reflects a growing trend towards embracing holistic wellness practices within educational institutions.


25-1-24
Convener

Women Studies and Development Cell



Principal
Govt College for Women
Sec-14, Panchkula

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Title: Two-Day Yoga Camp by Minakashi Huda

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- Day-2 Empowering Women through Yoga: Huda emphasized the empowering nature of yoga, encouraging women to embrace their physical and mental strength.

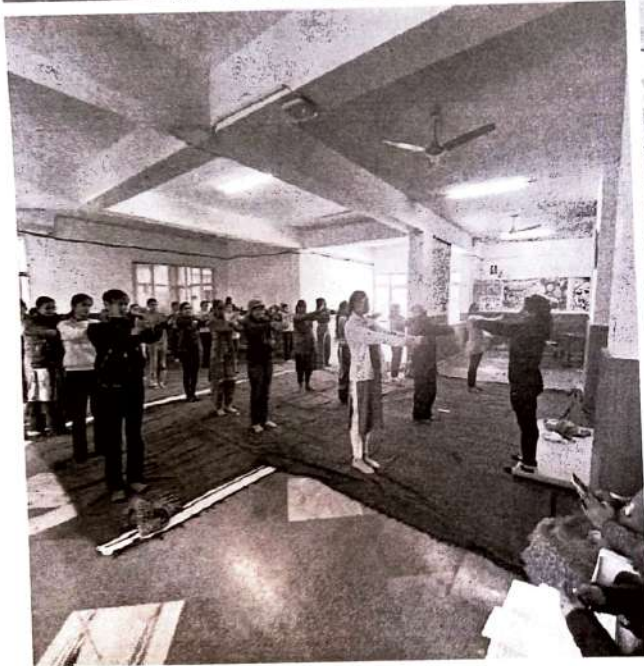
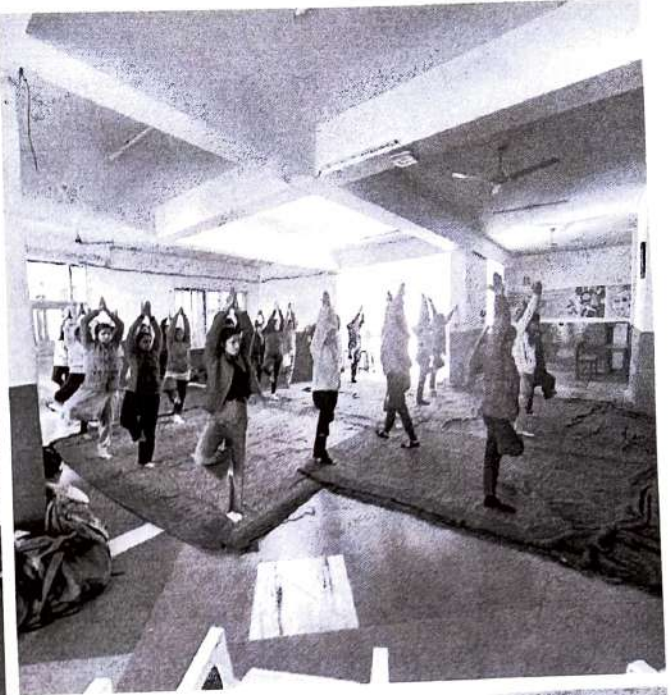
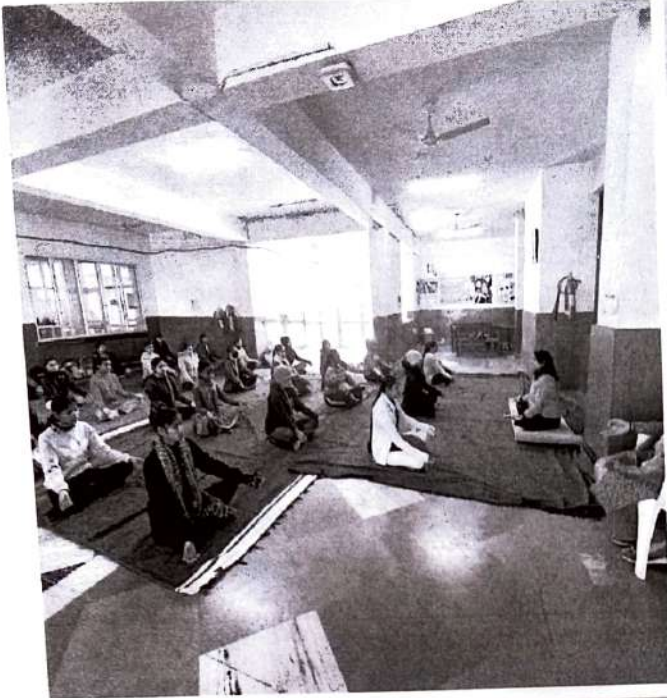
The event reflects a growing trend towards embracing holistic wellness practices within educational institutions.

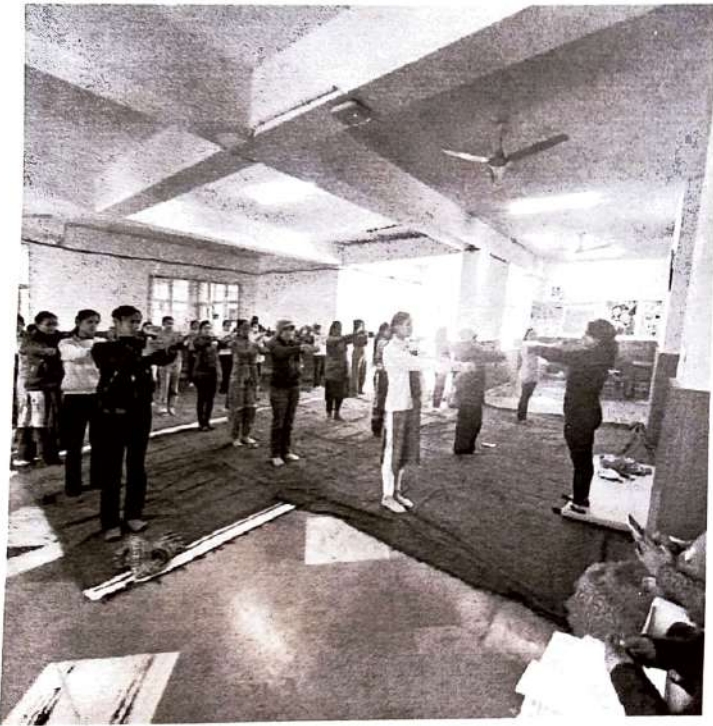
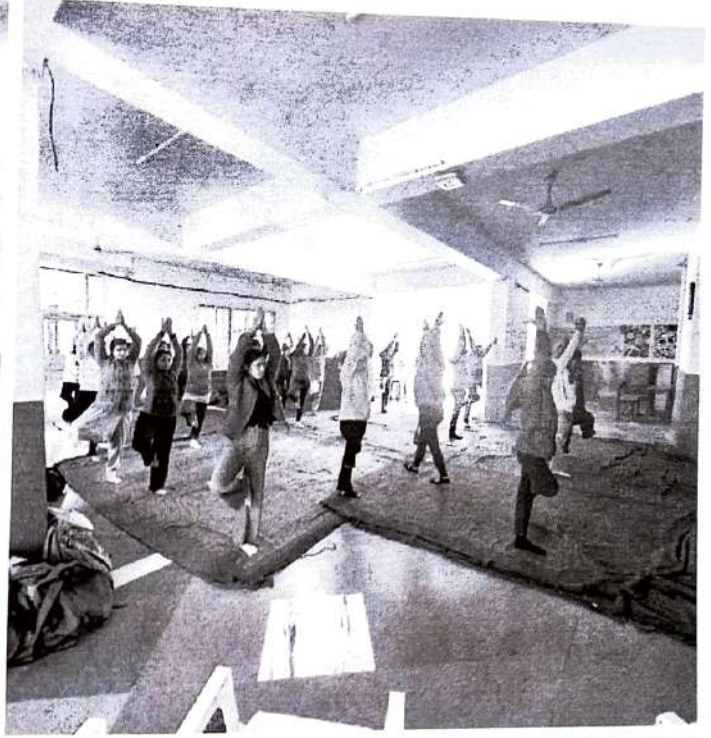
Alka Sharma
25-1-24
Convener

Women Studies and Development Cell

Richa Setia
Principal

Govt College for Women
Sec-14, Panchkula





Notice

The Women's Studies and Development Cell, in collaboration with the Grievance and Internal Complaint Committee and the Department of Economics, is pleased to announce extension lectures on the "Role of A Strong Personality in Grievance Management" by Mrs. Benu Rao, Director of Rao's Academy, Sector 11 Panchkula.

Date: 1st February 2024

Venue: Room No. 123

Time: 12:00 pm

All students are encouraged to attend this insightful session.

Alka Sharma
Dr Alka Sharma (Convener)
The Women's Studies
and Development Cell.

&
Grievance and Internal
Complaint Committee

Shivani Kaushik
29/1/24
Shivani Kaushik.
Economics Department

Principal
Principal
Govt College for Women
Sec-14, Panchkula



OFFICE OF THE PRINCIPAL GOVT. P.G.COLLEGE FOR WOMEN, PANCHKULA

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Economics Department

Principal
Principal
Govt College for Women
Sec-14, Panchkula

&
*Grievance and Internal
Complaint Committee*

Office of the Principal Govt P.G College for Women Sec-14
Panchkula

Women Studies and Development Cell
Grievance and Internal Complaint Committee
Department of Economics

Extension lecture on the "Role of A Strong Personality in Grievance Management" 1/02/2024

Duty List

- 1 Stage-Dr Shivani Kaushik
- 1.Mike and Seating arrangement- Mr Sandeep
- 2.Technical assistance- Ms Balwinder
- 3.Notice- Dr Neelima
- 4.Geo tag Photo- Ms Anita Raj
- 5.Attendance- Ms Anju Goel(Com)
- 6.Report writing- Ms Sukriti
- 7.Press note- Dr Kalpana
- 8.Refreshment- Ms Kamelsh & Dr Latesh



Dr Alka Sharma
Convener
Women Studies and Development Cell




Principal
Govt P.G College for Women
Sec-14, Panchkula


Office of the Principal Govt P.G College for Women Sec-14
Panchkula

Women Studies and Development Cell
Grievance and Internal Complaint Committee
Department of Economics

Extension lecture on the "Role of A Strong Personality in Grievance
Management" 1/02/2024
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 Dr Alka Sharma
 Convener
 Women Studies and Development Cell


 Principal
 Govt P.G College for Women
 Sec-14, Panchkula

Office of the Principal Govt P.G College for Women Sec-14
Panchkula

Women Studies and Development Cell
Grievance and Internal Complaint Committee
Department of Economics

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Dr Alka Sharma
Convener
Women Studies and Development Cell



Principal
Govt P.G College for Women
Sec-14, Panchkula

Report

Women's Studies and Development Cell

Extension Lecture on "Role of A Strong Personality in Grievance Management"

On 01/02/2024, the Women's Studies and Development Cell, in collaboration with the Grievance and Internal Complaint Committee and the Department of Economics, under the guidance and supervision of Principal Dr. Richa Setia and WSDC convener Dr. Alka Sharma and the members Anju Goel, Latika, Mr Naveen, Sukirti, Balvinder, Anita Raj and Dr. Neelima, organized an extension lecture on the topic "Role of A Strong Personality in Grievance Management." The lecture was delivered by Mrs. Benu Rao, Director of Rao's Academy. Mrs. Rao elucidated the significance of a strong personality in effectively managing grievances, both in personal and professional spheres. She highlighted the traits and attributes that contribute to the development of a strong personality, including resilience, assertiveness, empathy, and effective communication skills. Mrs. Rao provided insights into various strategies for handling grievances with confidence and professionalism. She discussed the role of emotional intelligence in understanding and addressing the underlying issues contributing to grievances. The lecture garnered active participation from attendees, students and faculty members. Participants engaged in interactive discussions and shared personal experiences related to grievance management, enriching the learning experience.

Convener
 Women Studies and
 Development cell

Principal
 Govt PG College for Women
 Sec-14, Panchkula



Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676721°
Long 76.846971°
01/02/24 12:22 PM GMT +05:30





Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676721°
Long 76.846971°
01/02/24 12:22 PM GMT +05:30



OFFICE OF THE PRINCIPAL GOVT. P.G.COLLEGE FOR WOMEN, PANCHKULA

Notice

The Women Studies and Development Cell is pleased to announce an exciting opportunity for all college students interested in photography. We are organizing a one-day photography workshop conducted by Pawan Kumar, Director of Hardev Films Studio, Mohali.

Details of the workshop are as follows:

Date: 01/02/2024

Time: 11.00

Venue: Room no. 119

Alka Sharma
30.01.2024

The Women Studies and Development Cell
Convener.

Principal
Principal
Govt College for Women
Sec-14, Panchkula


Office of the Principal Govt P.G College for Women Sec-14
Panchkula


Women Studies and Development Cell

Photography Workshop
01/02/2024

Duty List

1. Attendance & Assistance - Mr Naveen
2. Geo tag Photos- Mr Naveen
3. Notice & Press note- Dr Neelima
4. Report- Ms Latika
5. Technical Assistance - Ms Balwinder


Dr Alka Sharma
Convener
Women Studies and Development Cell


Principal
Govt P.G College for Women
Sec-14, Panchkula

Office of the Principal Govt P.G College for Women Sec-14
Panchkula

Women Studies and Development Cell

Photography Workshop
01/02/2024

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Dr Alka Sharma
Convener
Women Studies and Development Cell




Principal
Govt P.G College for Women
Sec-14, Panchkula


Report

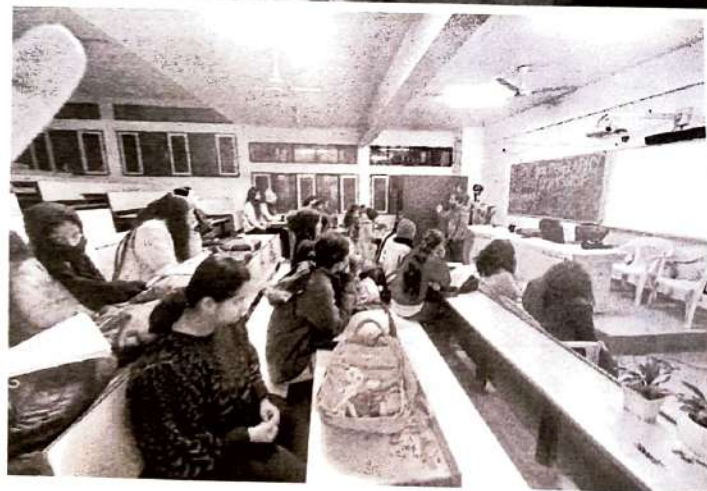
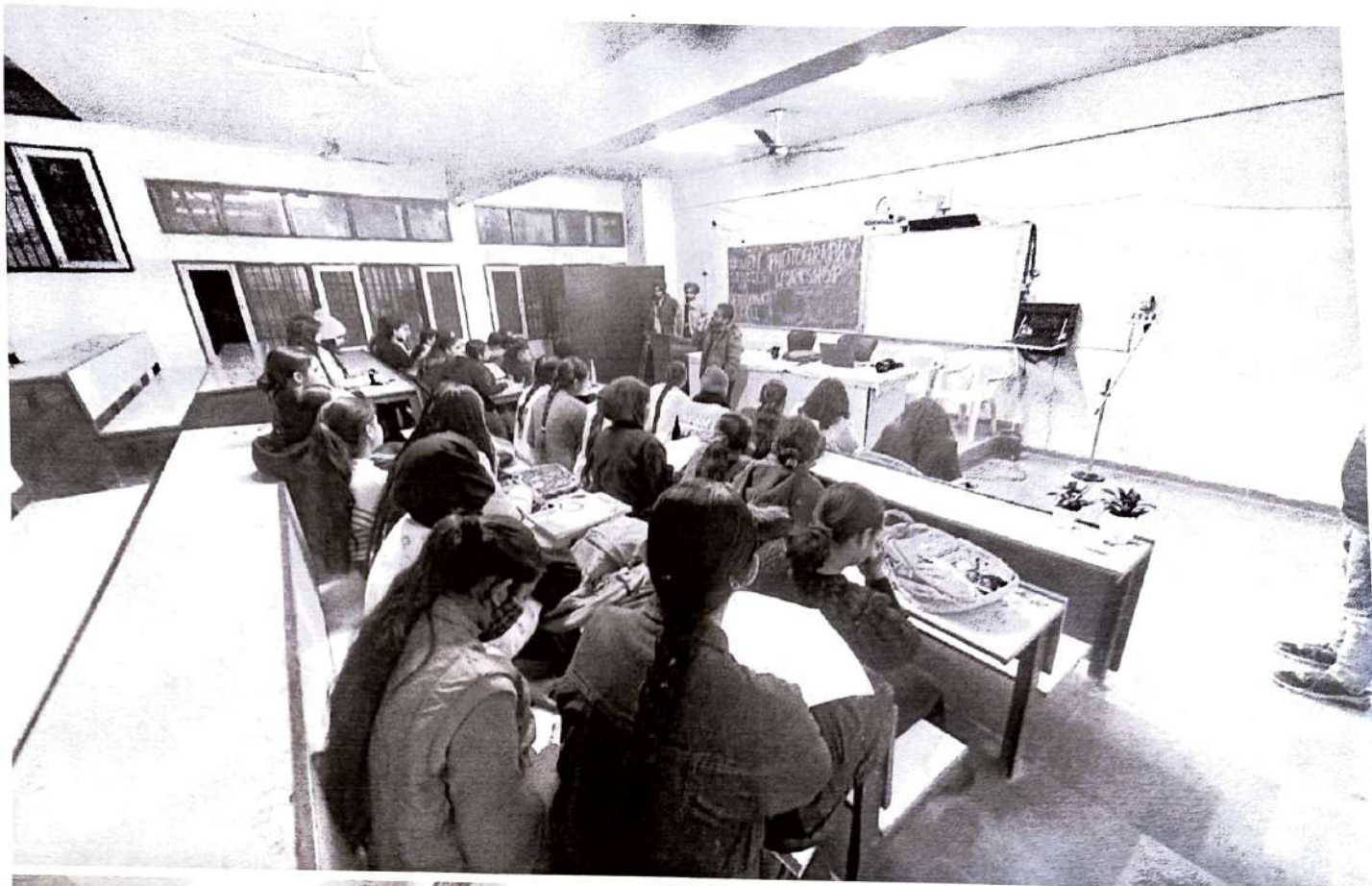
Women's Studies and Development Cell

Photography Workshop

Women Studies and Development Cell conducted one-day Photography workshop on 01/02/2024 under the supervision of renowned trainer Pawan Kumar, Director of Hardev Films Studio, Mohali. . The workshop had the active participation of students from all streams of college. It was attended by Hon'ble Principal Dr Richa Setia along with WSDC convener Dr Alka Sharma, Ms Latika, Mr Naveen, Ms Anju Goel and Dr Neelima. This session was transformative and equip students with effective strategies and techniques. The workshop aimed to empower women with practical photography skills and foster creativity in capturing moments through the lens. Participants learned about camera settings, composition techniques, and lighting principles to enhance their photography prowess. Pawan Kumar shared valuable insights and tips garnered from his extensive experience in the field, inspiring attendees to explore the art of photography with confidence. The workshop provided a platform for women to express themselves artistically and develop a new hobby or potential career path. Through this initiative, the Women's Studies and Development Cell continues to promote skill-building opportunities and empower women to pursue their passions.


 Convener
 Women Studies and
 Development cell


 Principal
 Govt PG College for Women
 Sec-14, Panchkula





Notice

Dated: February 6, 2024

All teaching, Non teaching staff members and students are hereby informed that Women studies and development cell and Dispensary committee along with Bharat Vikas Parishad is organizing a three days free hemoglobin health checkup camp on 7th to 9th February, 2024. Interested staff members and students may join in their free period from 12.30 onwards in girl,s common room.

Venue: Girls Common Room

Time: 12.30 onwards

Date: 7th, 8th and 9th February, 2024



Convener.
WSDC and Dispensary Committee



Principal
Govt. PG. College for Women
Sector-14, Panchkula

Notice


Dated: February 6, 2024

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
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Time: 12.30 onwards

Date: 7th, 8th and 9th February, 2024


Convener.

WSDC and Dispensary Committee


PrincipalGovt. PG. College for Women
Sector-14, Panchkula





Report
Women Studies and Development Cell

The "Anemia Mukht Bharat" program organized by Bharat Vikas Parishad, in collaboration with the WSDC, under the supervision of Principal Dr Richa Setia and WSDC convener Dr Alka Sharma, Dr Latesh and members of WSDC, successfully conducted a health check-up camp focused on combating anemia in Govt PG College for Women, sec-14 on 7 February 2024. It included a comprehensive health check-up session for students. The camp provided students with comprehensive screenings to detect anemia and other related health issues. Subsequently, students diagnosed with anemia were provided with necessary medicines and supplements, along with personalized dietary recommendations to improve their health. The initiative aimed to not only raise awareness but also actively address and mitigate the prevalence of anemia among girl students, thereby promoting overall well-being within the college community.

Convener
Women Studies and
Development cell

Principal
Govt PG College for Women
Sec-14, Panchkula

Notice


Dated: February 7,2024

All teaching, Non teaching staff members and students are hereby informed that Women Studies and Development Cell in collaboration with Dispensary Committee and Deputy Civil Surgeon (NP-CD) is organizing a free health checkup camp (Hemoglobin, Blood pressure, Blood sugar, HIV on willingness) and lecture about cancer awareness among females on 9th February, 2024. Interested staff members and students may join in their free period from 11.00 onwards in room no 206.

Venue: Entry Gate no. 2
Free health checkup Time: 10.00 am onwards

Venue for lecture: Room no. 206
Lecture and Nukkad Natak: 11.00 am
Date: 9th February, 2024


Convener
WSDC and Dispensary Committee


Principal
Govt. PG. College for Women
Sector-14, Panchkula

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Convener
WSDC and Dispensary Committee


Principal
Govt. PG. College for Women
Sector-14, Panchkula

**OFFICE OF THE PRINCIPAL GOVT PG COLLEGE FOR WOMEN
SECTOR-14, PANCHKULA
Duty list of WSDC committee members
Lecture on Cancer Awareness on February 9, 2024
Time: 10.00 am**

Notice: Dr. Latesh

Geo tagged Photos: Mrs. Balwinder

Report: Ms. Sukriti


Press and photography: Dr. Neelima

Attendance: Ms. Anju Goel

Refreshment: Ms. Latika

Seating and Mike arrangement: Mr. Naveen and Ms. Anita Raj


Convener
WSDC and Dispensary Committee


Principal
Govt. PG. College for Women
Sector-14 Panchkula

OFFICE OF THE PRINCIPAL GOVT PG COLLEGE FOR WOMEN
SECTOR-14, PANCHKULA
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Convener
WSDC and Dispensary Committee


Principal
Govt. PG. College for Women
Sector-14 Panchkula

Report

Women Studies and Development Cell

Women's Health Checkup Camp & Cancer Awareness Lecture

On February 9, 2024, the Women Studies and Development Cell collaborated with the Dispensary Committee and Deputy Civil Surgeon (NP-CD) to organize a comprehensive health checkup camp and cancer awareness lecture for students under the guidance and supervision of Principal Dr. Richa Setia and WSDC convener Dr. Alka Sharma and the members Dr. Latesh, Anju Goel, Latika, Honey Garg, Sukirti, Balvinder, Jasvinder and Dr. Neelima. At the beginning of the workshop, Dr. Richa Setia encouraged the students to make positive change in life and cancer awareness. The main purpose of this is to spread positive awareness in the identity, treatment and and resistance in the first stages of cancer. The health checkup camp offered essential screenings including Hemoglobin, Blood Pressure, Blood Sugar, and voluntary HIV testing. Additionally, the camp facilitated immediate referrals for further medical attention if any abnormalities were detected. Simultaneously, a lecture on cancer awareness was conducted, focusing on educating females about the different types of cancer, risk factors, symptoms, prevention strategies, and available treatment options. Expert healthcare professionals Dr Shivani Civil Surgeon, Dr Sulbha Radio Oncolgiset, Dr Sangita delivered informative talks and engaged in discussions with participants, addressing their concerns and queries. A nookad drama to promote cancer awareness was also presented by Dr. Kulbir and his team from Mahtab Art Society.



Convener
Women Studies and
Development cell



Principal
Govt PG College for Women
Sec-14, Panchkula

(100)

**OFFICE OF THE PRINCIPAL GOVT PG COLLEGE FOR
WOMEN SECTOR-14 PANCHKULA**

To
The Principal
Govt. College
Raipur Rani (Panchkula)

Memo no: GCW/24/4199 **Dated:** 21/02/2024

Subject: Regarding invitation of Training session on digital content creation

Women Studies and Development Cell of Govt. College for Women Sector-14 Panchkula is going to organize a training session for students on digital content creation on February 26, 2024.

You are requested to appoint Dr. Rohit Bhullar, Assistant professor of Computer science of your institution for the same. Kindly relieve him for the same.

Ali
Principal
Govt PG College for Women
Sector-14 Panchkula

Laltesh
H/S DC Incharge

Notice

All the students are hereby informed that the Women organize a training session on "Digital Content Cre students may join in their free period from 1.00 onward

Venue: 217

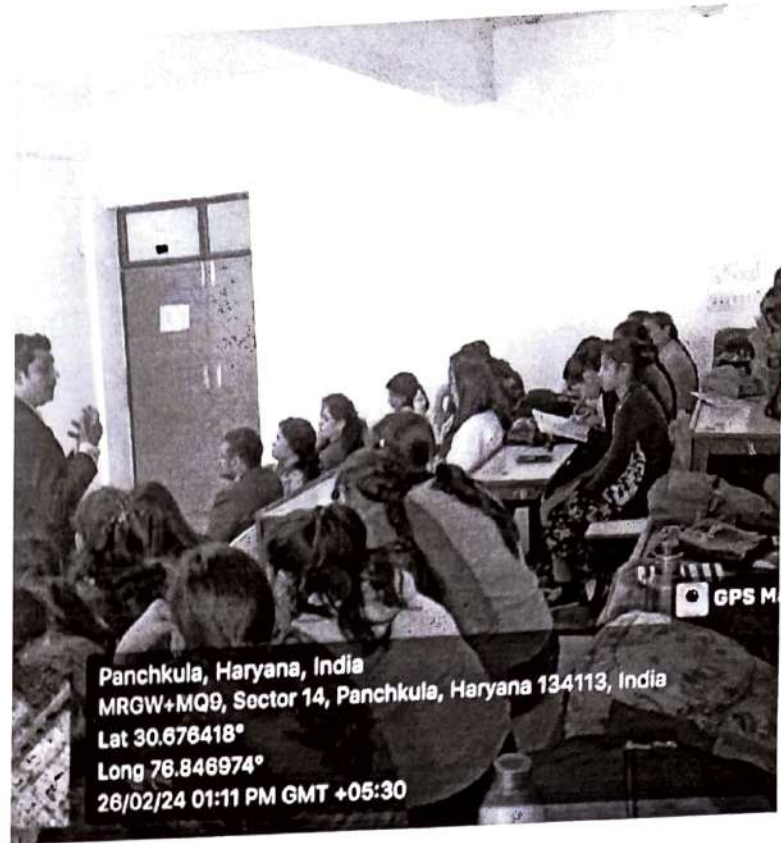
Time: 1.00 pm

Date: 26th February, 2024

Latesh
Convener 23/02/2024
WSDC



Panchkula, Haryana, India
GOVERNMENT COLLEGE FOR GIRLS, GOVERNMENT COLLEGE FOR GIRLS, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676826°
Long 76.846502°
26/02/24 01:12 PM GMT +05:30



Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676418°
Long 76.846974°
26/02/24 01:11 PM GMT +05:30




Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676699°
Long 76.846876°
26/02/24 01:16 PM GMT +05:30




Panchkula, Haryana, India
MRGW+MQ9, Sector 14, Panchkula, Haryana 134113, India
Lat 30.676822°
Long 76.846868°
26/02/24 01:53 PM GMT +05:30

Report
Women Studies and Development Cell
one-day training session on Digital Content Creation.


Women Studies and Development Cell has organised one day training session on 26/02/2024 on Digital Content Creation under the guidance and supervision of Principal Dr. Richa Setia and WSDC convener Dr. Latesh and the members Anju Goel, Sukirti, and Dr. Neelima. Dr Rohit Bhullar, Assistant professor of Computer science provides a insightful session on different topics including target audience identification, content strategy development, and practical techniques for creating engaging content across various formats such as text, image, video, and audio. Participants were introduced to relevant platforms and tools and learned about copyright and ethical considerations, empowering them to create compelling content tailored to their audience's preferences and effectively communicate their ideas in the digital space. Students appreciated the practical exercises.



Convener
Women Studies and
Development cell


Principal
Govt PG College for Women
Sec-14, Panchkula

Report
Women Studies and Development Cell
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Convener
Women Studies and
Development cell


Principal
Govt PG College for Women
Sec-14, Panchkula

Activity Report
Women Studies and Development Cell
Session: 2023-2024

Date: January 6, 2024

Name of event: Demonstration lecture on different types of Composting

Guest: Dr. Rajesh Lather, DES, Horticulture department, Panchkula

Venue: In Front of Hostel

Time: 12.00 to 2.00 pm

Women Studies and Development Cell of College organized a demonstration lecture on **different types of Composting** on January 6, 2024. The Lecture was inaugurated with introductory words of composting by worthy Principal, Dr. (Mrs.) Richa Setia. Dr. Rajesh Lather, DES and Senior Scientist of Horticulture delivered a lecture on composting. He explained the need to use composting in today's life. He also described the harmful effects of using fertilizers in agriculture on human health. Dr. Lather differentiated the meaning of manure and compost.

A compost pit was dug and it was layered with kitchen waste, dry leaves, cattle dung and sprinkled water. Around 30 students were trained for making a compost pit. In the last, Question Answer session was organized. Resource person cleared all doubts arisen by students and staff members.

The Lecture was ended by Dr. (Mrs.) Alka Sharma the Convener, WSDC with the vote of thanks of resource person.


Incharge
WSDC

Activity Report
Women Studies and Development Cell
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Incharge
WSDC

Activity report of Women Studies and Development Cell for session 2023-24

Month	Activities
August, 2023	<p>1. Lecture on Women Safety Development, Cyber Crime and Self Defence by Mahila Thana, Panchkula. On 10th August 2023 NSS, Women Studies and Development Cell (WSDC) and Youth Red Cross (YRC) organised a "Panchpran Pratigya" taking ceremony in the college under Meri MatiMeraDeshAbhiyan. NSS volunteers and YRC students along with others college students participated and took the pledge. Students swore to make India a developed nation, to protect and advance Indian culture, to fulfil our duties towards the country, to strengthen the unity and integrity of the country, to honour the brave sons of the country and to contribute to the development of national security by ourselves.</p> <p>2. Teej Festival' celebration The event was organised by the Women Studies and Development Cell. Around 170 students from all the streams participated in events organised such as setting up stalls of bangles and Mehandi, applying Mehandi, ramp walk with Haryanvicostumes and singing of saawan songs in Haryanvi, Punjabi and Bhojpuri.</p>

September 2023	<p>1. Celebration of Poshan Maah. This was celebrated during the month of September as digital poster making competition was organized on 02/08/2023 to create awareness about anemia among students. Oath Ceremony was organized on 11/08/2023 among different stream of students. A lecture on female Nutrition and Health and Power of Millets was addressed by Dr Latesh on 16/08/2023. And a millers recipe making competition was organized on 20/08/2023.</p> <p>2. Extension Lecture on Menstrual Health and Hygiene by Sunita Dhaiwal a renowned social worker In the gracious presence of Hon'ble Principal Dr. Ritu Yadav, the Women Studies and Development Cell (Convener Dr. Alka Sharma) organized a "Menstrual Hygiene Awareness Campaign " on 13. 9.23. The event that was attended by around 120 students from across the streams had Mrs. Sunita Dhariwal as its Chief Guest. Using visual aids, Ms. Dhariwal interacted with the students about menstruation being a taboo in our society and how there is a need to create awareness and eradicate any kind of hesitation with regard to a process that was natural among all the women.</p> <p>3.. Youth Peace Program Workshop One week workshop by Youth Peace Foundation, Chandigarh from 18/8/2023 to 22/8/2023. The education program helped the students discover their own inner strength and personal peace. In this context, there was a series of videos shown such as: 'Where is Peace?', 'The Farmer and the Buried Treasure', 'A Voice for Peace'. This session explored the innate quality of inner strength and its value in life. The students were made aware of the strengths and resources that would help them become more self aware. During the interaction it was deduced that in this vehicle of existence, the most precious thing you have is your control and understanding intact.</p>
October, 2023	<p>Tana-Bana Exhibition cum Fair The program was organized in association with Placement Cell and Home Science Department sponsored by Gyan Darpan IAS Academy and HD Education on 31/10/2023. Mrs. Reeta Gupta principal and DHEO SMMD Govt. Sanskrit College was present as the Chief Guest. Exhibitions was organized to improve students productivity. More than 100 students participated in this exhibition cum fair. The exhibition has 40 stalls set up mainly by students. In this fair, attractively manufactured textile and clothing products, Mandala Art, Jewellery, souvenirs, wooden crafts trays, Mehandi, bamboo crafts home decor, nail art, paintings and terra cotta crafts made of eco-friendly natural resources like clay, jute, etc. were available for sale by the students. Students also displayed their culinary art through different food stalls. There are 18 food stalls.</p>
November, 2023	<p>1. Thalesania Awareness Seminar & Health Checkup Camp Seminar was organized on 8/11/23 comprised thalassemia awareness, organ donation, stem cell donor registry, menstrual health and hygiene and anemia testing. The seminar was graced by the presence of specialists - Dr. Rita Kalra (Rotary Club, Chandigarh). Ms. Yasmin Bhasin, Ms. Parwinder Kaur (Genexplore- Medisquare Diagnostics Center) and Mrs. Renuka Sharma (Parivartan NGO).</p>

January, 2024

1.Pot Composting Workshop

The workshop and lecture on different types of Composting was organized on January 6, 2024. Dr. Lather differentiated the meaning of manure and compost.

A compost pit was dug and it was layered with kitchen waste, dry leaves, cattle dung and sprinkled water. Around 30 students were trained for making a compost pit.

2.Physiotherapy Workshop

Six Day"Physiotherapy Workshop" from 8.1.24 to 11.1.24 and 24.1.24 to 25.1.24 under the guidance of renowned physiotherapist - Mr. Mahendra. The workshop had the active participation of around 16 students from all the streams of the college who learnt about various exercises, postures and stretching in a way that they could be trained to help others via physio therapy. All the six days consisted of different types of physio therapy techniques.

3.Bag Making Workshop

Five-day Bag Making Workshop from 15/01/2024 to 20/01/2024, was organised. The workshop aimed to provide students with practical skills in bag designing and crafting, fostering creativity and enhancing their understanding of sustainable and eco-friendly practices in the field of fashion and design.

4. Yoga Camp

Two-day yoga workshop from 24/01/2024 to 25/01/2024 under the supervision of renowned trainer Minakashi Hooda.The camp spanned two days and included a diverse range of activities, from yoga sessions to mindfulness practices and emphasized the empowering nature of yoga, encouraging women to embrace their physical and mental strength.

February, 2024

1.Extension Lecture on "Role of A Strong Personality in Grievance Management"

extension lecture on the topic "Role of A Strong Personality in Grievance Management."was organized on 01/02/2024.The lecture was delivered by Mrs. Benu Rao, Director of Rao's Academy. Mrs. Rao elucidated the significance of a strong personality in effectively managing grievances, both in personal and professional spheres. She highlighted the traits and attributes that contribute to the development of a strong personality.

2.Photography Workshop

Photography workshop was conducted on 01/02/2024 under the supervision of renowned trainer Pawan Kumar, Director of Hardev Films Studio, Mohali. This session was transformative and equip students with effective strategies and techniques. The workshop aimed to empower women with practical photography skills and foster creativity in capturing moments through the lens.Participants learned about camera settings, composition techniques, and lighting principles to enhance their photography prowess.

3. Health Check-up Camp on "Anemia Mukht Bharat"

Camp was organized by Bharat Vikas Parishad, in collaboration with the WSDC on 7 February 2024. It included a comprehensive health check-up session for students. The camp provided students with comprehensive screenings to detect anemia and other related health issues. Subsequently, students diagnosed with anemia were provided with necessary medicines and supplements.

4.Cancer Awareness Lecture and Health Check-up Camp

On February 9, 2024, the Women Studies and Development Cell collaborated with the Dispensary Committee and Deputy Civil Surgeon (NP-CD) organized a comprehensive health checkup camp and cancer awareness lecture for students to spread positive awareness in the identity, treatment and and resistance in the first stages of cancer. The health checkup camp offered essential screenings including Hemoglobin, Blood Pressure, Blood Sugar, and voluntary HIV testing.

5.One-day training session on Digital Content Creation

Training session was organized on 26/02/2024.Dr Rohit Bhullar, Assistant professor of Computer science provides a insightful session on different topics including target audience identification, content strategy development, and practical techniques for creating engaging content across various formats such as text, image, video, and audio.