

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Dr. Shardha Sharma

Designation: Assistant Professor

Class: B.A/B.Com I Sem.

Subject/ Paper: English Language and Communication skills

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July- August	Unit 1- Verbal and Non Verbal Communication	Group learning and Teaching Peer Learning	Students will learn nuances of communication	
2.	September	Unit -2 Interpersonal Communication	Group learning and Teaching Problem solving	Students will learn formal behaviour	

3.	October	Unit-3 Listening Skills	Group learning and Teaching Problem Solving	Students will learn to distinguish more important ideas to less important ideas	
4.	November	Unit -4 Parts of speech	Group learning and Teaching Problem Solving	Students will learn to identify parts of speech	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Mrs. Taruna

Designation: Associate Professor in English

Class: B.Sc/BCA/B.A I Sem.

Subject/ Paper: English Language and Communication skills

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC(B-23 AEC-111)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	August	Unit 1- Verbal and Non Verbal Communication	Group learning and Teaching Peer Learning	Students will learn nuances of communication	
2.	September	Unit -2 Interpersonal Communication	Group learning and Teaching Problem solving	Students will learn formal behaviour	

3.	October	Unit-3 Listening Skills	Group learning and Teaching Problem Solving	Students will learn to distinguish more important ideas to less important ideas	
4.	November	Unit -4 Parts of speech	Group learning and Teaching Problem Solving	Students will learn to identify parts of speech	

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Signature of Teacher

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Mrs. Taruna

Designation: Associate Professor in English

Class: B.Sc/BCA/B.A I Sem.

Subject/ Paper: English Language and Communication skills

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC(B-23 AEC-111)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	August	Unit 1- Verbal and Non Verbal Communication	Group learning and Teaching Peer Learning	Students will learn nuances of communication	
2.	September	Unit -2 Interpersonal Communication	Group learning and Teaching Problem solving	Students will learn formal behaviour	

3.	October	Unit-3 Listening Skills	Group learning and Teaching Problem Solving	Students will learn to distinguish more important ideas to less important ideas	
4.	November	Unit -4 Parts of speech	Group learning and Teaching Problem Solving	Students will learn to identify parts of speech	

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Dr. Shardha Sharma

Designation: Assistant Professor

Class: B.A III Sem.

Subject/ Paper: Introduction to Poetry and Phonetics

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	Unit 1- Poems of Toru Dutt , Sorojini Naidu etc.	Group learning and Teaching. Self-Study	Students horizons will be widened.	
2.	September	Unit -2 Poems of John Milton, William Wordsworth etc.	Group learning and Teaching	Students will benefited aesthetically	

3.	October	Unit-3 Phonetics	Group learning and Teaching Peer Teaching	Students will able to pronounce correctly	
4.	November	Unit -4 Transcription, Word Stress	Group learning and Teaching Learning through problem solving	Students will be able to read correctly	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms. Priya Dutta

Designation: Assistant Professor

Class: B.A III Sem.

Subject/ Paper: Introduction to Poetry and Phonetics

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	Unit 1- Poems of Toru Dutt , Sorojini Naidu etc.	Group learning and Teaching. Self-Study	Students horizons will be widened.	
2.	September	Unit -2 Poems of John Milton, William Wordsworth etc.	Group learning and Teaching	Students will benefited aesthetically	

3.	October	Unit-3 Phonetics	Group learning and Teaching Peer Teaching	Students will able to pronounce correctly	
4.	November	Unit -4 Transcription, Word Stress	Group learning and Teaching Learning through problem solving	Students will be able to read correctly	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Mrs. Priya Dutt

Designation: Assistant Professor in English

Class: B.A. V Sem.

Subject/ Paper: English

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	George Orwell: Animal Farm	Group learning & teaching Self study Learning through problem solving.	The students will be able to understand various components of Short Novel	
2.	September	John Steinbeck : Of mice and Men	Group learning & teaching Self study Learning through problem solving.	The Students will have knowledge of different prose style	
3.	October	Common errors of Verbs and Preposition	Group learning & teaching Self study Learning through problem solving.	They will learn how to analyse structure , plot, characters, themes in a short novel.	
4.	November	Clauses	Group learning & teaching Self study Learning through problem solving.	Students will be able to identify clauses, use of phrasal verb etc.	

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए. प्रथम

Subject/ Paper: नीति साहित्यम् व्याकरणम् च

Type of course: Major

S. No.

Month

Topics to be covered

Teaching Learning Strategy

Learning Outcomes of Students

Remarks

1.

जुलाई

कण्ठस्थ श्लोक

कण्ठस्थी करण

सस्वर

संस्कृत भाषा में रुचि तथा सस्वर शुद्ध उच्चारण

2.

अगस्त

हितोपदेश-कपोतराज मूषिकराजयो कथा शब्द रूपाणि

कथनविधी

व्याख्यान विधि

संस्कृत भाषा के ज्ञान के साथ साथ व्यवहारिक ज्ञान प्राप्त करेंगे।

व्याकरण के प्रथम सोपान शब्द रूपों का ज्ञान होगा।

3.

सितम्बर

वृद्ध व्याघ्र लुब्धविप्रयोः कथा

धातु रूपाणि

कथनविधी
व्याख्यान विधि

संस्कृत भाषा के ज्ञान के साथ साथ व्यावहारिक ज्ञान प्राप्त करेंगे।
धातु रूपों का ज्ञान होगा।

4.
अक्तूबर

हितोपदेश-मृगशृगालयोः कथा
कथनविधी
व्याख्यान विधि

संस्कृत भाषा के ज्ञान के साथ साथ व्यावहारिक ज्ञान प्राप्त करेंगे।

5.
नवम्बर

नीति शतकम्
सन्धि

कथनविधी
व्याख्यान विधि

संस्कृत भाषा के ज्ञान के साथ नैतिक मूल्यों को अपनाएंगे।
संस्कृत भाषा की सन्धियों का बोध होगा।

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Signature of Teacher

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए. प्रथम

Subject/ Paper: नीति साहित्यम् व्याकरणम् च

Type of course: Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	जुलाई	कण्ठस्थ श्लोक	कण्ठस्थी करण सस्वर	संस्कृत भाषा में रुचि तथा सस्वर शुद्ध उच्चारण	
2.	अगस्त	हितोपदेश- कपोतराज मूषिकराजयो कथा शब्द रूपाणि	कथनविधी व्याख्यान विधि	संस्कृत भाषा के ज्ञान के साथ साथ व्यवहारिक ज्ञान प्राप्त करेंगे। व्याकरण के प्रथम सोपान शब्द रूपों का ज्ञान होगा।	
3.	सितम्बर	वृद्ध व्याघ्र लुब्धविप्रयोः कथा धातु रूपाणि	कथनविधी व्याख्यान विधि	संस्कृत भाषा के ज्ञान के साथ साथ व्यवहारिक ज्ञान प्राप्त करेंगे। धातु रूपों का ज्ञान होगा।	
4.	अक्तूबर	हितोपदेश- मृगश्रृगालयोः कथा	कथनविधी व्याख्यान विधि	संस्कृत भाषा के ज्ञान के साथ साथ व्यवहारिक	

				ज्ञान प्राप्त करेंगे।	
5.	नवम्बर	नीति शतकम् सन्धि	कथनविधी व्याख्यान विधि	संस्कृत भाषा के ज्ञान के साथ नैतिक मूल्यों को अपनाएंगे। संस्कृत भाषा की सन्धियों का बोध होगा।	

Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए.द्वितीय

Subject/ Paper: ऐतिहासिक महाकाव्यम् एवं व्याकरणम्

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	जुलाई	संख्या वाची संस्कृत शब्द	कथनविधि लेखन विधि	संस्कृत भाषा में रुचि के साथ-साथ संस्कृत में संख्या का ज्ञान होगा	
2.	अगस्त	रामायण :अयोध्या काण्ड	कथनविधि व्याख्यान विधि	छात्र संस्कृत भाषा के ज्ञान के साथ साथ राम के गुण, कार्यों और उनके राष्ट्र प्रेम से अवगत होंगे	
3.	सितम्बर	महाभारत:यक्ष युधिष्ठिर संवाद कृत् प्रत्यय	कथनविधि व्याख्यान विधि	छात्र संस्कृत भाषा के ज्ञान के साथ-साथ राम के गुण कार्यों और उनके राष्ट्र प्रेम से अवगत होंगे व्याकरण के ग्रंथ अष्टाध्यायी के वैज्ञानिक	

				आधार से अवगत होंगे	
4.	अक्तूबर	समास, प्रत्याहार सूत्र	कथनविधी व्याख्यान विधि	समासो के माध्यम से भाषा के संक्षेपीकरण विधि से अवगत होंगे संस्कृत भाषा की वैज्ञानिक वर्णमाला से अवगत होंगे	
5.	नवम्बर	पत्र लेखन	कथनविधी व्याख्यान विधि	संस्कृत में पत्र व्यवहार सीखेंगे	

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Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए.द्वितीय

Subject/ Paper: ऐतिहासिक महाकाव्यम् एवं व्याकरणम्

S. No.

Month

Topics to be covered

Teaching Learning Strategy

Learning Outcomes of Students

Remarks

1.

जुलाई

संख्या वाची संस्कृत शब्द

कथनविधि

लेखन विधि

संस्कृत भाषा में रुचि के साथ-साथ संस्कृत में संख्या का ज्ञान होगा

2.

अगस्त

रामायण :अयोध्या काण्ड

कथनविधि

व्याख्यान विधि

छात्र संस्कृत भाषा के ज्ञान के साथ साथ

राम के गुण, कार्यों और उनके राष्ट्र प्रेम से अवगत होंगे

3.

सितम्बर

महाभारत:यक्ष युधिष्ठिर संवाद

कृत् प्रत्यय

कथनविधि

व्याख्यान विधि

छात्र संस्कृत भाषा के ज्ञान के साथ-साथ राम के गुण कार्यों और उनके राष्ट्र प्रेम से अवगत होंगे व्याकरण के ग्रंथ अष्टाध्यायी के वैज्ञानिक

आधार से अवगत होंगे

4.

अक्तूबर

समास,

प्रत्याहार सूत्र

कथनविधि

व्याख्यान विधि

समासो के माध्यम से भाषा के संक्षेपीकरण विधि से अवगत होंगे

संस्कृत भाषा की वैज्ञानिक वर्णमाला से अवगत होंगे

5.

नवम्बर

पत्र लेखन

कथनविधि

व्याख्यान विधि

संस्कृत में पत्र व्यवहार सीखेंगे

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Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए. तृतीय

Subject/ Paper: अभिज्ञान शाकुंतलम् एवं संस्कृत साहित्येतिहासः

Type of course: Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	जुलाई	कालिदास जीवन परिचय , काल विवेचन, काव्य शैली ,नाट्य शैली	कथनविधि व्याख्यान विधि		
2.	अगस्त	संस्कृत साहित्य का इतिहास- वैदिक साहित्य, संहिता । अभिज्ञान शाकुंतलम् प्रथम अंक	कथनविधि व्याख्यान विधि		
3.	सितम्बर	संस्कृत साहित्य का इतिहास :ब्राह्मण, आरण्यक, अभिज्ञान शाकुंतलम् द्वितीय अंक अलंकार	कथनविधि व्याख्यान विधि		
4.	अक्तूबर	उपनिषद्,वेदांग साहित्य अभिज्ञान शाकुंतलम् तृतीय अंक लघु सिद्धांत कौमुदी	कथनविधि व्याख्यान विधि		
5.	नवम्बर	अभिज्ञान शाकुंतलम् चतुर्थ अंक	कथनविधि व्याख्यान विधि		

Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: कमलेश शर्मा

Designation: सह प्राध्यापक

Class: बी.ए. तृतीय

Subject/ Paper: अभिज्ञान शाकुंतलम एवं संस्कृत साहित्येतिहासः

Type of course: Major

S. No.

Month

Topics to be covered

Teaching Learning Strategy

Learning Outcomes of Students

Remarks

1.

जुलाई

कालिदास जीवन परिचय , काल विवेचन, काव्य शैली ,नाट्य शैली

कथनविधि

व्याख्यान विधि

2.

अगस्त

संस्कृत साहित्य का इतिहास- वैदिक साहित्य, संहिता । अभिज्ञान शाकुंतलम प्रथम अंक

कथनविधि

व्याख्यान विधि

3.

सितम्बर

संस्कृत साहित्य का इतिहास :ब्राह्मण, आरण्यक,

अभिज्ञान शाकुंतलम द्वितीय अंक

अलंकार

कथनविधि

व्याख्यान विधि

4.

अक्तूबर

उपनिषद्, वेदांग साहित्य अभिज्ञान शाकुंतलम तृतीय अंक
लघु सिद्धांत कौमुदी
कथनविधि
व्याख्यान विधि

5.

नवम्बर

अभिज्ञान शाकुंतलम चतुर्थ अंक
कथनविधि
व्याख्यान विधि

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Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Kalpna

Designation: Assistant Professor

Class: B.A. II

Subject/ Paper: Psychology (Major)/ Experimental Psychology

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	JULY	Experimental Psychology: Nature, and Historical Development	Lecture Method	Students will have an understanding of the basic concepts of Experimental Psychology	

2.	AUGUST	Experimental Method. Perception: Nature and Characteristics, Perception of Forms, Depth and Movement. Memory: Process and Types, Methods to study memory.	Lecture Method, Group Learning, and Peer Teaching	Students will understand perception and Students will know about the processes related to memory	Assignment 1
3.	SEPTEMBER	Psychophysics: Nature, Concept of Continuum, and Problems. Methods of Classical Psychophysics: Method of Limits, Average Error and Constant Stimuli.	Lecture Method, Group Learning, and Peer Teaching and Self-Study	Students will develop a comprehensive understanding of the basic concepts related to Psychophysics and problems.	Test

4.	OCTOBER	Learning: Definition, Factors affecting. Theories of Learning: Trial and Error, Insight ,and Classical Conditioning. Problem-Solving: Nature, Stages of Problem-Solving, Thinking: Nature and Types	Lecture Method, Group Learning, and Peer Teaching and Self-Study	Students will understand what learning is and how learning takes place with the help of theories. Students will know the processes and types of thinking involved in problem-solving and its nature and types.	Assignment 2
5.	NOVEMBER	Verbal Learning: Nature, Material, Method and Organizational Processes.	Lecture Method, Group Learning, Peer Teaching, and Self-study	Students will learn Verbal learning, its nature, Methods and organizational processes.	

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Signature of Teacher

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Kalpna

Designation: Assistant Professor

Class: MDC (IIIrd. SEM)

Subject/ Paper: Psychology (MDC)/ Health and Wellbeing

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	JULY	Stress	Case Study Method	After completing this course, the learner can conduct tests related to health and health-related behaviour.	
2.	AUGUST	Stress: Causes and Consequences. Coping with Stress. Illness and Pain	Case Study, Lecture Method, Group Learning, and Peer Teaching	Understand the phenomenon of stress and pain.	Assignment 1

3.	SEPTEMBER	Health Behaviors: Enhancing Resilience, Hope, Optimism; Exercise, Safety, Nutrition.	Case Study, Lecture Method, Group Learning, and Peer Teaching, and Self - Study	Gain understanding regarding the concept of health psychology and related disciplines.	Test
4.	OCTOBER	Introduction to Health Psychology: Components of Health, Goals of Health Psychology. Relationship of Health with Psychology, Mind and Body	Lecture Method, Case Study, Group Learning, and Peer Teaching and Self-Study	Get acquainted with health-promoting behaviors.	Assignment 2
5.	NOVEMBER	Well-being: Components of Well-being, Eudemonia and Hedonism, Life Satisfaction and Affect	Case Study Method, Lecture Method, Group Learning, Peer Teaching, and Self-study	Get acquainted with the concept of wellbeing	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA
LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vandana Goyat
Designation: Associate Professor
Class: BA 1st semester
Subject/ Paper: Political Science
Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July -August	State and its Elements, Origin and Development of the state	Group Learning and Teaching	Understanding the concept of State, Development and theories of origin of state	
2.	September	Origin and Development of state, Functions of state, Relations of state with other Organisations	”	Develop a thorough understanding of relationship of state with society, Govt. And nation	
3.	October	Sovereignty, Meaning Nature, Scope and Significance of Political Science	”	Comprehend the concept of Sovereignty and Understanding the scope of Political Science	
4.	November	Relation of Political Science with other Social sciences	”	Understanding relationship of Political Science with other Sciences	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA
LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vandana Goyat
Designation: Associate Professor
Class: BA 3rd semester
Subject/ Paper: Political Science
Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	Indian Constitution: Preamble, Features Fundamental Rights and Directive Principles of State Policy	Group Learning and Teaching	To equip students with the basic intellectual tools for understanding International Relations	
2.	September	Union Executive and State Executive	„	Develop an understanding of powers, position and functions of Union and State Executive	
3.	October	Union Legislature and State Legislature	„	Comprehend the functioning of Union and State Legislature and Local self Government	
4.	November	Judiciary	„	Comprehend the functioning of Indian Judicial System	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA
LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vandana Goyat
Designation: Associate Professor
Class: BA 5th semester
Subject/ Paper: Political Science
Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July -August	Plato, Aristotle	Group Learning and Teaching	Understanding the Political theories of Plato and Aristotle	
2.	September	Hobbes, Locke and Rousseau	”	Understanding the Political Philosophies of Hobbes, Locke and Rousseau	
3.	October	Kautilya and Gandhi	”	Comprehend the Philosophies of Kautilya and Gandhi	
4.	November	M.N. Roy and B.R. Ambedkar	”	Understanding the ideas of M.N. Roy and Ambedkar	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr.Bharti Chhikara

Designation: Associate Professor

Class: BA III (5th Semester)

Subject/ Paper: Statistical Methods in Geography

Type of course (major):

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July & August	Data organisation and its type. Tabulation of data, frequency distribution of nominal, interval and ordinal data, class interval, ratios and rates. Graphical presentation of data: histogram, frequency polygon and ogives.	Lecture method Interactive method Group learning and teaching	Understand the basics of quantitative methods	

2.	September	Measures of central tendency: mean, median and mode. Measure of quantile, decile and percentile.		Enrich understanding about types of data	
3.	October	Absolute measures of dispersion: range, quartile deviation. Mean deviation and standard deviation.		Skilled in data analysis and its presentation.	
4.	November	Relative measures of deviation: coefficient of variation, Location quotient. Basics of bivariate: scatter diagram, rank correlation		Acquaint with data summarisation and nuances of data.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher
Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: B.A. 1st Sem

Subject/ Paper: Psychology / Foundations of Psychology B23-PSY-101

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): Core Course (Major)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	22 nd July-31st July,2025	Introduction: Nature and Scope of Psychology	1.Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning 4. Typed notes	Students will grasp the fundamental concepts of psychology, its nature, and scope.	
2.	August 2025	Psychology as a Science and Present Status, Psychology in India. Methods to Study Behaviour: Interview, Case study and Experimental.	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning 4. Typed notes	Students will learn how psychology is considered a science through its methodologies and approaches. They will gain insight into the development and current state of psychology in India. Students will learn to apply these research methods to real-world situations to gather and analyse data.	
3.	September 2025	Sensation: Nature, Characteristics and Types Structure and Functions of Visual and Auditory Sensation. Attention: Nature and Characteristics	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning 4. Typed notes	Students will understand the nature, characteristics, and types of sensation, focusing on visual and auditory sensations' structure and functions. They will comprehend the nature and characteristics of attention and how it affects perception and cognition.	

4.	October 2025	Emotion: Nature, Factors Affecting Theories: James Lange, Cannon- Bard and Schachter-Singer. Motivation: Needs, Drives, Incentives, Biological and Social Motives.	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning 4. Typed notes	Students will learn about the nature and factors affecting emotions and will study major theories such as James-Lange, Cannon-Bard, and Schachter-Singer. They will understand the concepts of needs, drives, and incentives, differentiating between biological and social motives.	
5.	November 2025	Personality: Nature, Factors Affecting and Theories: Allport, Cattell and Eysenck. Intelligence: Nature, Factors Affecting and Theories: Spearman, Thurstone, and Cattell.	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning 4. Typed notes	Students will explore the nature and factors affecting personality, studying theories by Allport, Cattell, and Eysenck. They will learn about the nature and factors affecting intelligence and study theories by Spearman, Thurstone, and Cattell.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor in Psychology

Class: Minor Psychology (1st semester)

Subject/ Paper: Problems of Adolescence

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): Minor(B23-PSY-103)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	22 nd July-31st July,2025	Introduction to concept of Adolescence and its Nature	1.Group teaching learning 2.Learning through problem solving 3.Assignment based learning	Students will understand the nature of adolescence period.	
2.	August 2025	Adolescent's Maturation, Pubertal Changes and Hormonal Influences.	1. Group teaching learning 2.Learning through problem solving 3.Assignment based learning	Students will understand the role of hormonal changes and their influence on behaviour and physiological processes.	
3.	September 2025	Mental Health Issues: Stress, Anxiety, Depression and Suicide.	1.Group teaching learning 2.Learning through problem solving 3.Assignment based learning	Students will gain knowledge about common mental health issues, including stress, anxiety, depression, and suicide, along with their symptoms and impact.	
4.	October 2025	Health Issues: Nutrition and Eating disorders. Substance Abuse - Smoking, Tobacco and Alcohol.	1.Group teaching learning 2.Learning through problem solving 3.Assignment based learning	Students will learn about the importance of nutrition, recognize eating disorders, and understand the effects of substance abuse, including smoking, tobacco, and alcohol.	

5.	November 2025	Sexually Transmitted Infections: Types and Management- Psychosocial. Coping with Stress.	1.Group teaching learning 2.Learning through problem solving 3.Assignment based learning	Students will comprehend the types, management, and psychosocial aspects of sexually transmitted infections and develop strategies for coping with stress.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: MDC Psychology (1st semester)

Subject/ Paper: Understanding Psychology

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): MDC (B23-PSY-104)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	22nd July-31st July, 2025	Nature of Psychology	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning	Students will understand the nature of psychology.	
2.	August 2025	Historical background and Fields of Psychology, Emergence of Psychology as a Science	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning	Students will understand historical background, and various fields of psychology, and recognize the emergence of psychology as a science.	
3.	September 2025	Methods: Experimental, Interview, Observation and Case Study	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning	Students will gain proficiency in different research methods, including experimental, interview, observation, and case study techniques.	
4.	October 2025	Learning: Nature and Factors Affecting Memory. Classical and Instrumental Conditioning	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning	Students will learn about the nature of learning, factors affecting it, and key concepts of classical and instrumental conditioning.	

5.	November 2025	Memory: Nature, Study Methods, Factors Affecting Memory. Types of Memory	1.Group teaching learning 2. Learning through problem solving 3.Project and assignment based learning	Students will understand the nature of memory, different study methods, factors affecting memory, and types of memory.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: B.A. 5th Sem

Subject/ Paper: Psychology / Psychological Testing B23-PSY-501

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): Core Course (Major)

S. No	Month	Topics to be covered	Teaching Strategy	Learning	Learning Outcomes of Students	Remarks
1.	August, 2025	Psychological Testing: Nature, Historical Background, Characteristics of a good psychological test, limitations and Uses of Psychological Tests. Measurement: Meaning, Level of measurement.	1.Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning		Students will acquaint with the meaning, Characteristics of Psychological Test.	
2.	Sept., 2025	Reliability: Meaning, Methods of Estimating Reliability. Factor affecting Reliability. Validity: Meaning, Types of validity, Factors affecting validity. Norms: Meaning, Norms and Types.	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning		Students will be able to learn the meaning and methods of determining reliability and validity.	
3.	Oct. 2025	Test Construction: Steps of test construction Intelligence Testing: Meaning, Historical Development, uses of Intelligence Tests, Types of Intelligence Tests. Pass Along Test, Raven's Progressive Matrices, General Mental Ability Test.	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning		Students will be able to understand about construction and standardization of test and about various Intelligence Tests.	

4.	Nov. 2025	Assessment of Personality: Projective Tests – Meaning, Characteristics and limitations. Word Association Test, Thematic Apperception test. Personality Inventories-, Cattell's 16 Personality factors Questionnaire, NEO Personality Inventory	1. Group teaching learning 2. Learning through problem solving 3. Project and assignment based learning	Students Will get knowledge about various personality tests	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Lesson Plan
Class: B.A. 1st (Odd Semester), (Session: 2025-26)
Paper: PHYSICAL GEOGRAPHY
Vinay Yadav, Assistant Professor of Geography

Months	Topics to be Covered	Co-Curricular activities
July 2025	Interior of the Earth, Geological time, Rocks & their types	Assignments, Class Tests, Class Presentations, Geography Quiz, Other Academic competitions Students Problem discussions Etc.
August 2025	Theory of Isostasy, Continental drift theory, Plate tectonic Theory, Volcano and Earthquake Degradational Processes, Weathering Mass Wasting & resultant Landforms Landforms generated by following agents – River, Under Ground Water, Wind & Glacier	
September 2025	Weather & Climate, Atmospheric Composition & Structure Atmospheric Temperature Pressure & Moisture measurement and distribution	
October 2025	Surface configuration of ocean floors, surface relief of the Pacific, Atlantic & Indian Ocean Circulation of oceanic water Pacific, Atlantic & Indian ocean	
November 2025	Revision	

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA
LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Kavita
Designation: Assistant Professor
Class: B.Sc- I
Subject/ Paper: Chemistry
Course : Chemistry Minor

S r. n o.	Mont hs	Topics to be covered	Teaching strategy	Learning Outcomes of students	Rem arks
1	July	Hybridization with suitable examples.	Through Diagram	Concept of Hybridization	
2	August	Covalent Bond: Valence bond theory approach and shapes of simple inorganic molecules and ions based on Valence shell electron pair repulsion (VSEPR) theory Chemical Kinetics: Rate of reaction, rate equation, factors influencing the rate of reaction – concentration, temperature, pressure, solvent, light, catalyst. Order and molecularity of a reaction	Through Diagram	To understand the basics of Covalent bonding in simple molecules	Test
3	September	Chemical Kinetics: integrated rate expression for zero Order, first order, second order reaction. Half life period of a reaction. ALKANES: IUPAC nomenclature of branched and unbranched alkanes, classification of carbon atoms in alkanes. Isomerism in alkenes, sources, methods of formation (with special reference to Wurtz reaction	Through Diagram or Graphs	To get the basics of rates of chemical reactions and factors affecting it	Assignmen t and test
3	October	ALKANES: Kolbe reaction, Corey-House reaction and decarboxylation of carboxylic acids), physical properties. Mechanism of free radical halogenations of alkenes: reactivity and Selectivity. Metallic Bond and Semiconductors Metallic Bond: Brief introduction to metallic bond, band theory of metallic bond Semiconductors- Introduction, types and applications.	Power Point Presentati on	To learn about the nomenclature, classification and methods of preparation of alkenes.	Assignmen t and test
4	November	REVISION AND TESTS			

GOVT. P.G. COLLEGE FOR WOMEN, PANCHKULA

Lesson plan for Session 2025-2026(ODD SEMESTER)

Name of Professor: Mrs. Kavita

Designation: Assistant professor

Subject: Chemistry

Class: B.Sc 1st (Ist sem) Medical & Nonmedical

Subject/Paper: Chemistry -1

S r. n o.	Mo nth s	Topics to be covered	Teacing Learnin g Strategy	Learning Outcomes of students	Rem arks
1	Jul y	Atomic Structure: Dual behaviour of matter and radiation, de Broglie's relation, Heisenberg's uncertainty principle, concept of atomic orbitals, significance of quantum numbers, radial and angular wave functions, normal and orthogonal wave functions, significance of Ψ and Ψ^2 , shapes of s, p, d, f orbitals,	Through diagram	About atomic structure	
2	Au gus t	Atomic Structure: Rules for filling electrons in various orbitals, effective nuclear charge, Slater's rules. Periodic table and atomic properties: Classification of periodic table, definition of atomic and ionic radii, ionisation energy, electron affinity and electronegativity, trend in periodic table (in s and p-block elements), Pauling, Mulliken, Allred Rachow and Mulliken Jaffe's electronegativity scale, Sanderson's electron density ratio	Through diagram	To understand the basis of quantum mechanics and structural idea and relevance in describing shapes of s, p and d orbitals	Test
3	Se pte mber	Gaseous State: Kinetic theory of gases, Maxwell's distribution of velocities and energies (derivation excluded) Calculation of root mean square velocity, average velocity, and most probable velocity. Collision diameter, collision number, collision frequency and mean free path (Derivations excluded), Deviation of Real gases from ideal behaviour, Derivation of Van der Waal's Equation of State, its application in the calculation of Boyle's temperature (compression factor) Structure and Bonding: Localized and delocalized chemical bond, Van der Waals interactions. Concept of resonance and its applications, hyperconjugation, inductive effect, Electromeric effect and their comparison.	Through Diagram or Graphs	To learn about role of temperature and pressure to establish the state of gases and describe the concept of critical constants of real gases.	Assi gnm ent and test

4	October	Mechanism of Organic Reactions: Curved arrow notation, homolytic and heterolytic bond fission. Types of reagents: electrophiles and nucleophiles. Types of organic reactions: Substitution, Addition, Condensation, Elimination, Rearrangement, Isomerization and Pericyclic reactions. Reactive intermediates: Carbocations, carbanions, free radicals, carbenes (structure & stability).	Problem based learning	To learn about electrophile/nucleophile and its role in mechanism of preparation of organic compounds.	Assignment and test
5	November	Liquid State: Structure of liquids, Properties of liquids – surface tension, refractive index, viscosity, vapour pressure and optical rotation. Solid State: Classification of solids, Law of constancy of interfacial angles, law of rational indices, Miller indices, elementary ideas of symmetry and symmetry elements, seven crystal systems and fourteen Bravais lattices; X-ray diffraction, Bragg's law, a simple account of Laue method, rotating crystal method and powder pattern method. REVISION AND TESTS	Power Point Presentation	To know the physical properties, morphology and crystalline study of liquid and different type of solids.	Revision and test

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

Lesson-Plan for Session 2025-2026(ODD SEMESTER)

Name of Teacher: Kavita

Designation: Assistant Professor

Class: B.A Ist Semester

Subject/ Paper: Introductory Chemistry

Course : MDC -1

S r. n o.	Mont hs	Topics to be covered	Teacing Learning Strategy	Learning Outcomes of students	Rema rks
1	July	Atomic Structure and Bonding: Introduction, Elementary introduction of atomic structure	Group Learning Teaching	To get knowledge about atom	
2	Augu st	Atomic Structure and Bonding: Chemical bonding, Representation of elements/ atoms, Lewis structure, electronic configurations. Carbon and Its Compounds: Introduction, Tetravalency of Carbon, allotropes of carbon and their properties, hydrocarbons (1-5),	Power Point Presentation	To get knowledge about structure and bonding.	Assign ment Test
3	Septe mber	Carbon and Its Compounds: nomenclature (linear compounds), Applications of hydrocarbons. Polymers: Introduction, elementary idea of synthetic and natural polymers, Homo polymers and copolymers, uses and properties (Natural rubber, Vulcanized rubber,	Through Diagram or Graphs	. To learn about hydrocarbons and their applications.	Assign ment and test
4	Octob er	Polymers: Polyethene, PVC, Styrene, Teflon, PAN, Nylon-66) Food Preservatives: Elementary idea of natural and synthetic food preservatives, rancidity, uses and properties, different food preservation processes (pickle, Jam), artificial sweeteners, uses and properties	Through ppts	To get aware about different polymers.	
5	Nove mber	REVISION AND TESTS			

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: /Bsc (LS, PS, HS)/BBA/Bcom/BCA II 3rd sem

Subject/ Paper: English language and Communication

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):AEC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Close Reading and Comprehension Summarizing and Paraphrasing	Instruct students on analyzing texts deeply through close reading, and guide them in summarizing and paraphrasing key information.	Students will develop skills to interpret texts thoroughly, summarize core ideas concisely, and rephrase information accurately.	

2.	September	Interview Skills, Seminar Skills, Presentation Skills Data Interpretation – Bar Graph, Pie Chart, Tree Diagram	Train students in effective interview techniques, seminar participation, and presentation delivery, alongside data interpretation using bar graphs, pie charts, and tree diagrams. Students will acquire practical skills for professional interactions and clear communication, while also learning to interpret and present data visually through various graphical methods.	Students will demonstrate proficiency in conducting interviews, participating in seminars, delivering presentations, and accurately interpreting data from different graphical representations.	
3.	October	Vocabulary: Homonyms, Homophones, Pair of words Rearranging jumbled sentences	Introduce and explain homonyms, homophones, and pairs of words, and teach strategies for rearranging jumbled sentences to improve coherence. Students will learn to identify and use words with similar or different meanings and practice organizing sentences logically.	Students will enhance their vocabulary comprehension and usage, and effectively rearrange jumbled sentences to form clear, grammatically correct statements.	

4.	Novem ber	Common errors in the use of English (Noun, Pronoun and Articles)	Identify and correct common errors in English usage related to nouns, pronouns, and articles through targeted exercises and explanations. Students will learn to recognize and rectify mistakes involving noun-verb agreement, pronoun consistency, and proper article usage.	Students will improve their accuracy in using nouns, pronouns, and articles, resulting in clearer and more grammatically correct English writing and speaking.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA I 1st sem

Subject/ Paper: Functional English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Definition and Scope of Linguistics Difference between Phonetics and Phonology The Speech Mechanism	Define linguistics and its branches; discuss their interconnections and relevance. Explain phonetics (physical sounds) vs. phonology (sound systems); use comparative examples. Describe the anatomy and physiology of speech production with diagrams and demonstrations.	Students can define linguistics, identify its branches, and explain their interconnections and differentiate between phonetics and phonology and apply each to analyze sounds and identify speech mechanism components and explain their roles in sound production.	

2.	September	Basic Concepts: Phoneme, Allophone, Vowel, Consonant, Consonant Cluster and Syllable Description of the British R.P. Speech Sounds: Vowels and Consonants .	Define and differentiate phoneme, allophone, vowel, consonant, consonant cluster, and syllable; use examples to illustrate each concept. Describe the vowels and consonants of Received Pronunciation (R.P.) with examples and IPA symbols.	Students can define and distinguish these basic phonological concepts and analyze their roles in language. Students develop their linguistic competence and communicative skills	
3.	October	Articles; Parts of Speech; Nouns; Singular and Plural; Verbs: Linking Verbs, Transitive & Intransitive Verbs; Agreement of Verbs and Subject	Recognize and understand the meaning of targeted grammatical structures in written and spoken form.	Students learn basic tools of English language and upgrade their ability to functional utilization of the language through the practical application of grammar rules.	

4.	Novem ber	Tenses & their Use; Tag questions; Transforma tion; Confusion of Adjectives and Adverbs; Adverbial use of No, Not and None	Recognize and understand the meaning of targeted grammatical structures in written and spoken form.	Students learn basic tools of English language and upgrade their ability to functional utilization of the language through the practical application of grammar rules.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA II SEC

Subject/ Paper: English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):SEC

S. No .	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Re marks
1.	July/ August	Communication and its importance. Strategies and Essentials	Interactive lecture with slides and real-life cases- Think-Pair-Share on daily communication problems- Video analysis of exemplary & poor communication- Role-plays to practise verbal / non-verbal cues- Peer feedback & reflective journals	Explain why communication is vital in personal & professional life- List and apply at least five strategies for effective communication- Demonstrate the essentials of good communication in role-plays- Interpret and use body-language cues to reinforce their message	

2.	September	Significance of body language Clauses And Sentences	Concept-mapping of clause relationships- Grammar games & board drills (Kahoot / Quizizz)- Sentence-construction worksheets in pairs- Error-correction races; peer editing circles- Mini-presentations that must employ varied sentence structures	Identify and classify different clauses in context- Construct grammatically correct sentences of all major types- Convert simple sentences into compound/ complex forms and vice-versa- Edit peers' writing for clause & sentence-level accuracy	
3.	October	Group Discussion Job interview Resume Writing	Fish-bowl GD practice with rubrics- Mock interviews (panel + HR rounds) with video feedback- Résumé workshops using industry templates & ATS checks- Meeting simulation: draft agenda, conduct meeting, record minutes	Participate confidently and coherently in a structured GD- Answer common interview questions and ask insightful follow-ups- Produce a tailored one-page résumé fit for a chosen job role- Plan, conduct and summarise a business meeting, creating clear agenda & minutes	

4.	Novem ber	Formal Email, Notice Writting, Press release, Business reports	Instructor demonstration of e- mail & notice formats- Checklist- based peer review of e-mails- Analysis of published press releases; reverse- engineering activity- Case study → write short report (findings, conclusions, recommendations)- Word-processing & formatting workshop (headings, tables, visuals)	Compose concise, properly formatted formal e-mails for diverse purposes- Draft notices that convey essential information in the prescribed layout- Write a news-worthy press release using the 5 Ws & 1 H- Compile a structured business report (title page, TOC, body, references) with clear visuals and professional tone	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA II 3rd sem

Subject/ Paper: Functional English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Spotting the errors pertaining to nouns, pronouns, adjectives and adverbs, subject verb concord; Lexis: Idioms and phrases, words often confused, one-word substitution, foreign words	Identify and correct errors related to nouns, pronouns, adjectives, adverbs, and subject-verb concord with targeted exercises. Explain idioms, phrases, commonly confused words, one-word substitutions, and foreign words with examples and practice.	Students can spot and correct grammatical errors in nouns, pronouns, adjectives, adverbs, and subject-verb agreement. Students can use idioms, phrases, one-word substitutions, and foreign words accurately in context.	

2.	September	Vocabulary development through synonyms, antonyms, formation of words with affixes; Developing writing skills: Writing small paragraphs on general and current issues, events and slogan writing	Introduce synonyms, antonyms, and word formation using affixes with exercises for practice. Teach writing small paragraphs on general and current issues and slogan writing through examples and guided practice.	Students can identify and use synonyms, antonyms, and affix-based word formations accurately. Students can write coherent paragraphs on various topics and create effective slogans.	
3.	October	Technical Writing; Drafting memo and circular; e-mail writing; Resume writing Press Report Writing; Writing Notices, Agendas, Minutes; Note taking	Introduce formats and styles for drafting memos, circulars, emails, resumes, press reports, notices, agendas, and minutes. Include practical exercises for each type of document. Teach effective note-taking strategies for capturing and organizing information.	Students can draft clear and appropriately formatted memos, circulars, emails, resumes, press reports, notices, agendas, and minutes. Students can take organized and useful notes that effectively capture key information from discussions and readings.	

4.	Novem ber	Editing Skills: Use of capital letters, punctuation, parentheses, square brackets, ellipsis, apostrophe, and quotation marks	Explain the rules for using capital letters, punctuation (commas, periods, colons, etc.), parentheses, square brackets, ellipsis, apostrophes, and quotation marks through examples and practice exercises.	Students can accurately apply rules for capital letters, punctuation, parentheses, square brackets, ellipsis, apostrophes, and quotation marks in their writing. Students can effectively edit texts for correct punctuation and formatting.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA III 5th sem

Subject/ Paper: Functional English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Unit-I Types of Communication	Definition, Scope and importance of Business Communication The communication Process: Sender, Message, Channel, Receiver, Feedback, Noise	The Students will understand meaning and function of Business Communication.	
2.	September	Unit-II Business letters and faxes	Format and Structure: Teach the standard format of a business letter (heading, salutation, body, closing). Role-Playing: Have students write letters for specific scenarios (e.g., job application, inquiry).	Students will accurately format and structure a business letter. Students will effectively communicate professional messages in writing.	

3.	October	Unit III: Scanning letters for specific information and abbreviation and phrases.	Introduction and Practice: Present common abbreviations and phrases used in business communication. Games and Quizzes: Use flashcards and matching games to reinforce learning.	To use appropriate phrases for performing language functions. Students will understand the context in which specific abbreviations are applicable.	
4.	November	Unit IV: writing letters of application with resume and letters of invitation, Enquiry, complaint, apologies, bookings etc	Components of a Resume: Discuss essential elements (objective, experience, education). Peer Review: Allow students to create resumes and conduct peer reviews to give constructive feedback. Examine well-written different letters and identify their components. and students draft their own letters based on various scenarios.	Students will create a professional resume tailored to specific job opportunities. Students will understand how to highlight their skills and experiences effectively. Students will articulate clearly and constructively in writing. Students will understand the importance of tone and structure in persuasive writing.	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA III 5th sem

Subject/ Paper: Functional English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Unit-I Types of Communication	Definition, Scope and importance of Business Communication The communication Process: Sender, Message, Channel, Receiver, Feedback, Noise	The Students will understand meaning and function of Business Communication.	
2.	September	Unit-II Business letters and faxes	Format and Structure: Teach the standard format of a business letter (heading, salutation, body, closing). Role-Playing: Have students write letters for specific scenarios (e.g., job application, inquiry).	Students will accurately format and structure a business letter. Students will effectively communicate professional messages in writing.	

3.	October	Unit III: Scanning letters for specific information and abbreviation and phrases.	Introduction and Practice: Present common abbreviations and phrases used in business communication. Games and Quizzes: Use flashcards and matching games to reinforce learning.	To use appropriate phrases for performing language functions. Students will understand the context in which specific abbreviations are applicable.	
4.	November	Unit IV: writing letters of application with resume and letters of invitation, Enquiry, complaint, apologies, bookings etc	Components of a Resume: Discuss essential elements (objective, experience, education). Peer Review: Allow students to create resumes and conduct peer reviews to give constructive feedback. Examine well-written different letters and identify their components. and students draft their own letters based on various scenarios.	Students will create a professional resume tailored to specific job opportunities. Students will understand how to highlight their skills and experiences effectively. Students will articulate clearly and constructively in writing. Students will understand the importance of tone and structure in persuasive writing.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Neelima

Designation: Assistant Professor

Class: BA III VOC

Subject/ Paper: English

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):VOC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/ August	Introduction to media and Communication	Interactive lecture with timeline slides on media history - Think-pair-share on “freedom of speech vs. responsibility” - Terminology flash-card drill on stylistics - Role-play: “Inside a Newsroom” – students rotate through positions - Case-study analysis of real newsroom workflows	By the end of August students will be able to: a. Describe the historical evolution and major types of mass media. b. Explain core concepts (objectivity, bias, ethics) using current examples. c. Recognise basic stylistic conventions in news language. d. Identify and differentiate newsroom roles and outline a standard production cycle.	

2.	September	News writing and Reporting Skills	Writing workshop: convert raw facts into a 150-word story - Comparative analysis of front pages for news values - Field assignment: cover a campus event; peer-review using rubric - Guest session with local reporter on investigative techniques - Simulation of a live press conference for note-taking practice	By the end of September students will be able to: a. Collect and organise information using 5W1H. b. Apply news values to select and prioritise stories. c. Compose an inverted-pyramid news report within a deadline. d. Distinguish among hard news, soft news, features and investigative pieces. e. Write crisp headlines, leads and captions. f. Conduct and accurately report an interview or press briefing.	
3.	October	Editing, Proofreading, and Media Ethics	- Editing lab: track-changes on sample copy - Error-hunt quizzes for grammar & syntax - Fact-check assignment using multiple sources - Structured debate on sensationalism vs. public right-to-know - Group poster on PCI & SPJ codes	By the end of October students will be able to: a. Edit copy to improve clarity, accuracy and style. b. Detect and correct common language errors. c. Verify facts and attribute information responsibly. d. Analyse ethical problems and propose balanced solutions. e. Reference and apply Press Council and international codes in decision-making.	

4.	November	Digital Media and New Trends	Create & maintain a class blog; weekly post & peer comments - Social-media content calendar exercise comparing clickbait titles vs. credible headlines - Multimedia story project using Canva/ Adobe Express - Mini-workshop: headline A/B testing with SEO plug-in demo - Scenario-based simulation of crisis communication on X (Twitter)	By the end of November students will be able to: a. Produce and publish journalistic content on web platforms. b. Evaluate and avoid clickbait while maximising audience reach. c. Integrate text, visuals and audio/video in a coherent story. d. Optimise headlines and copy for basic SEO performance. e. Formulate an effective communication plan during an online misinformation crisis.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr.Bharti Chhikara

Designation: Associate Professor

Class: BA 1,B.Sc1(1st Semester)

Subject/ Paper: VAC(EVS)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC):

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July & August	Introduction to Environmental Studies: Multidisciplinary nature of environmental studies; scope and importance; Concept of sustainability and sustainable development. Ecosystems: definition, structure and function of Ecosystem; Energy flow in an ecosystem: food chains, food webs, Major ecosystems types: Forest ecosystem, Grassland ecosystem, Desert ecosystem and Aquatic ecosystem.	Lecture method Interactive method Group learning and teaching	Understanding the concept of environmental studies, sustainable development and ecosystem.	

2.	September	Natural resources: Renewable and Non-renewable Resources Land resources: Land degradation and soil erosion. Forest erosion: Importance of forests, deforestation: causes and impacts on environment. Water resources: Use and over-exploitation of surface and ground water. Energy resources: Renewable and non-renewable energy sources. Biodiversity and Conservation: Definition and its types, Endangered and endemic species of India. Threats to biodiversity: Habitat loss, poaching of wildlife, man-wildlife conflicts, biological invasions; Conservation of biodiversity: In-situ and Ex-situ conservation of diversity.		Learn about the various natural resources and about biodiversity and its conservation.	

		Ecosystem and biodiversity services: Ecological, economic, social, ethical, aesthetic and informational values.			
3.	October	Environmental Pollution Environmental pollution: types, causes, effects and controls; Air, water, soil and noise pollution. Solid waste management: Sources, methods of disposal: Landfill, incineration and composting. Climate change, global warming, ozone layer depletion, acid rain and impacts on human communities and agriculture. Environmental Policies and Practices: Environmental laws: Environment (Protection) Act, 1986, Air (Prevention & Control of Pollution) Act, 1981, Water (Prevention and		Know about the types of pollution, solid waste management, global environmental issues and environmental laws.	

		Control of Pollution) Act, 1974.			
4.	November	Human Communities and the Environment: Human population growth: Impacts on environment, human health and welfare. Resettlement and rehabilitation of project affected persons. Disaster management: floods, earthquake, cyclones, landslides and drought. Environmental ethics: Role of Indian and other religions and cultures in environment conservation.		Understand the concept of population growth and its impacts on environment and disaster management.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher
Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - Sports Training

Class: BA- 5th sem

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any
1.	July-August	Unit-1: Introduction to Sports Training Aim and Objectives of Sports Training Meaning, Definition and importance of Sports training. Principles of Sports Training. Characteristics of Sports Training.	Importance and principles of sports training. Characteristics of sports training.	Assignment 1 Practical- Assessment of Endurance (Harvard step test)
	1-20 September	Unit-2: Physical Fitness: Physical Fitness: Meaning, definition and importance Types of physical fitness. Components of physical fitness.	Importance and types of Physical Fitness. Components of physical fitness.	Unit test, Practical – Assessment of Flexibility (bend and reach)
	20 September-15 October	Unit-3 Training load: Meaning, definition and importance of Training load. Types of Training Load Factors affecting of Training Load. Function of Training Load.	Importance of training load. Types of training load. Factors affecting training load.	Mid-term exam, Practical- Assessment of Explosive Strength (Broad Jump)
	15 October -5 November	Unit-4 Training Plans: Training Plans: Meaning and types (Macro, Meso, Micro and Training session plan).	Types of training plans. Principles of training plans.	Assignment 2

		Principles of Formulation of Training plans. Factors affecting of Training plans.	Factors affecting training plans.	
5.	5 November-25 November	Revision of syllabus and Practical-file checking		Unit Test 2

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - Foundation of Physical Education

Class: MDC-1st sem

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any
1.	July-August	Unit-1: Introduction of Physical Education: Meaning and definition of Physical Education Relationship of Physical Education with Health and General Education Aim and Objectives of Physical Education Professional Courses in Physical Education and Sports.	Importance of physical education as a whole concept. Scope of physical education.	Assignment 1

		Need of Physical Education in modern society. Misconceptions regarding Physical Education. Physical Education as Arts or Science		
	1-20 September	Unit-2: Biological Basis of Physical Education: Meaning of Growth and Development Meaning of Chronological Age, Anatomical age, Physiological Age and Mental age and Mental age Principles of Growth and development Difference between Growth and development Factors affecting Growth and development Growth and Development at various Levels of Childhood: Pre-Adolescence-Adolescence-Adulthood	Principles of growth and development. Patterns of growth and development in various stages.	Unit test, Practical – KHO-KHO (ground marking and skill practice)
	20 September-15 October	Unit-3 Career opportunities in Physical Education and Sports: Qualifications and responsibilities of Physical Education and Sports professionals at various levels of educational institutions Yoga instructors and others Qualifications and responsibilities as Coach, Fitness Trainers, Qualifications and responsibilities sports Event Managers,	Professional qualifications and career opportunities in the field of physical education.	Mid-term exam, Assignment 2, Practical-Badminton (Court marking, rules and regulations)

		Technical Officials, Researchers and others Qualifications and responsibilities in Health Clubs and Fitness Centres, Aerobic, Dance & Recreation Clubs in Corporate Sectors and others. Qualifications and responsibilities of Sports Journalists, Commentators, Sports Photographers and Video Analysts Career opportunities in various Central Govt, State Govt. Private Organizations and others Career opportunities in Manufacturing and Marketing sectors Entrepreneur opportunities in Physical Education and Sports		
5.	5 November-25 November	Revision of syllabus and Practical-file checking		Unit Test 2

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - Basic of Naturopathy

Class: MDC 3rd Sem

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any

1.	July- August	Unit-1: Introduction of Naturopathy Philosophy of Naturopathy Meaning and Definition of Naturopathy. Principles of Naturopathy Misconceptions about Naturopathy, Relationship of Naturopathy with Yoga	Philosophy of naturopathy. Principles of naturopathy. Relationship of naturopathy with yoga	Assignment 1
	1-20 September	Unit-2: Mud therapy Meaning and Definition of Prithvi Tatva. Principles of Mud therapy Different techniques of Mud therapy and their benefits. Importance of Prithvi Tatva Uses of Mud therapy in different illness.	Principles of Mud therapy. Different techniques and benefits of mud therapy. Uses of mud therapy in different illness.	Unit test, Practical – Surya-namaskar (12 counts)
	20 September- 15 October	Unit-3 Hydrotherapy Meaning and Definition of Jal Tatva General Principles of Hydro-therapy Importance of Jal Tatva Different techniques of Hydrotherapy and their benefits Uses of Hydrotherapy in different illness	Principles and importance of hydrotherapy. Different techniques and benefits of Hydrotherapy. Uses of hydrotherapy in different illness.	Mid-term exam, Practical- Shatkarma (Rubber Neti and Jal Neti)
5.	5 November- 25 November	Revision of syllabus and Practical-file checking		Unit Test 2

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - History and Foundation of Physical Education

Class: BA-1st year

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any
1.	July-August	Unit-1: Introduction of Physical Education Meaning and definition of physical education, relationship of physical education with health and general education, aims and objectives of physical education, scope of physical education, need of physical education in modern society, misconceptions regarding physical education, physical education as arts or science.	Importance of Physical Education as whole concept. Scope of physical education.	Assignment 1
	1-20 September	Unit-2: History of Physical Education in India Physical education during Indus Valley Civilization(3250BC-2500BC), Physical education during Vedic Period(2500BC-600BC), Physical education during Early Hindu Period(600BC-320AD), Physical education during later Hindu Period(320AD-1000AD), Physical education during Medieval Period(1000AD-1757AD), Physical education during British Period (Up to 1947), Physical education after Independence	History of Physical Education in Ancient and modern India. History of Various Schemes adopted by the govt. of India to promote physical education and sports.	Unit test, Practical – KHO-KHO (ground marking and skill practice)
	20 September-15 October	Unit-3 Biological Basis of Physical Education Meaning of growth and development, meaning of chronological Age, Anatomical age, Physiological age and Mental age. Principles of growth and development, difference between growth and development, growth and development at various levels of childhood, pre-adolescence, Adolescence and adulthood.	Principles of growth and development. Patterns of growth and development in different stages.	Mid-term exam, Practical-Badminton (Court marking, rules and regulations)

	15 October -5 November	Unit-4 Career opportunities in Physical Education and Sports Qualification and responsibilities of physical education and sports professionals at various levels of educational institutions, Qualifications and responsibilities as coach, fitness trainer, yoga instructors and others, Qualifications and responsibilities as sports event managers, technical officials, researchers and others, Qualification and responsibilities in Health Clubs and Fitness Centres, Aerobics, Dance and recreation clubs in corporate sectors and others. Qualifications and responsibilities of sports journalists, commentators, sports photographs and video analysts, career opportunities in various central govt., state govt., private organizations and others, career opportunities in manufacturing and markets sectors	Professional Qualification and career opportunities in the field of physical education.	Assignment 2
5.	5 November- 25 November	Revision of syllabus and Practical-file checking		Unit Test 2

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - Basic Physiotherapy techniques

Class: VOC 5th Sem

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any
1.	July-August	Unit-1: Importance of First Aid Meaning and definition of Physiotherapy Purpose of Physiotherapy, Principles of Physiotherapy Meaning of Anatomy and Physiology Gross and Microscopic Structure of Skelton muscle. Basic Anatomy of Bones, Name and location of various bones present in the human body. Types of bones present in human body. Meaning of Joint, Types of joints, Types of Synovial joint, Structure of Synovial Joint	Purpose and Principles of physiotherapy. Gross structure of skeleton muscle. Name, location and anatomy of bones. Types of joints and their structure.	Assignment 1, Practical- Range of Motion (PROM, AROM, AAROM)
	1-20 September	Unit-2: Important Muscles and Joints Name and locations of various muscles: Sternocleidomastoid muscle Latissimus Dorsi, Deltoid, Biceps, Triceps and Pectoralis Major Trapezius Rhomboid Major, Rectus Abdominal, Hamstrings group of Muscles, Quadriceps group of Muscles, Gastrocnemius Muscle. Ligaments of Shoulder, Hip, Elbow and Knee, joints	Naming, location and anatomy of different muscles. Knowledge of various types of joints.	Unit test, Practical – Identify basic electrical components, simulation of motor points
	20 September-15 October	Unit-3 Introduction to Rehabilitation and Therapeutic Exercises: Meaning of rehabilitation, Guiding principles of rehabilitation of injuries Description of Thermos therapy. Hot bag, Contrast bath and Whirlpool bath Description of Hydrotherapy: Cryotherapy, Ice pack, lee wrap and Ice massage	Principles of rehabilitation. Knowing various types of therapies such as cryotherapy, hydrotherapy, electro therapy etc.	Mid-term exam, Practical- Co-ordination exercises, balancing exercises, relaxation exercises etc.

		Description of Electro therapy: short wave diathermy, Infrared therapy and Ultrasound therapy. Meaning and principles of therapeutic Exercises Meaning of PRICE, Physiology of PRICE Mechanism of healing: Nervous tissue, Muscle and Bones	Principles of therapeutic exercise. Mechanism of healing. Knowing nerve tissue, muscle and bone tissues	
5.	5 November-25 November	Revision of syllabus and Practical-file checking		Unit Test 2

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Dr. Sangeeta Rathee

Designation: Associate Professor

Subject: Health and Physical Education

Paper: - Exercise and Physiology

Class: BA-3rd sem

S.No.	Month	Topics to Covered	Learning Outcomes of Students	Remarks, if any
1.	July-August	Unit-1: Introduction of Exercise Physiology Meaning of Exercise Physiology, Anabolism, Catabolism and Metabolism Importance of Exercise Physiology in Physical Education Types of muscular Contractions: Isometric, Isotonic and Isokinetic	Learning about anabolism, catabolism and metabolism. Types of muscle contractions. Body composition	Assignment 1

		Meaning of Body Composition, Components of Body Composition		
	1-20 September	Unit-2: Muscular System and Exercise Gross Structure of the Skeletal Muscle Functions of Muscular system Properties of slow-twitch and fast-twitch muscle fibres Meaning of Aerobic Activity, Anaerobic Activity, Muscle Tone, Muscle Hypertrophy and Atrophy. Effect of exercises and training on the muscular system	Structure and function of skeleton muscle. Aerobic and anaerobic activities. Muscle hypertrophy Effects of exercise on muscular contraction.	Unit test, Practical – Football (ground marking and skill practice)
	20 September- 15 October	Unit-3 Cardiovascular System and Exercise Meaning and functions of Cardiovascular System Meaning of Stroke Volume, Cardiac Output, Heart Rate, Blood pressure and Cardiac Hypertrophy Conduction System of the Heart Blood circulation in the Heart, Blood Supply to the Heart Effect of exercises and training on the Cardio vascular system.	Anatomy and physiology of heart. Types of blood circulation. Effects of exercise on circulatory system.	Mid-term exam, Practical- Wrestling/Boxing (mat/ring marking, rules and regulations)
	15 October -5 November	Unit-4 Respiratory System and Exercise Meaning of Lung Volumes: Inspiratory Reserve Volume, Expiratory reserve volume, Tidal Volume and Residual Volume Meaning of Lung capacities: Total Lung Capacity, Inspiratory Capacity, Vital Capacity and Functional Residual Capacity. Mechanism of Breathing Diffusion of Gases: Exchange of Gases in the Lungs and Exchange of Gases in the Tissues Effect of exercises and training on the respiratory system.	Anatomy and physiology of heart. Mechanism of respiration Effects of exercise in Respiratory system.	Assignment 2

5.	5 November- 25 November	Revision of syllabus and Practical- file checking		Unit Test 2
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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms. Priya Dutta

Designation: Assistant Professor

Class: B.A /BCA III Sem.

Subject/ Paper: English Language and Communication Skills Level 3

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	August	Unit 1- Cloze reading and Comprehension	Group learning and Teaching	Students will be more comprehensive	
2.	September	Unit -2 Interview and presentation skills	Group learning and Teaching	Students will be pragmatic in Interview	

3.	October	Unit-3 Vocabulary	Group learning and Teaching	Students will have enhanced vocabulary	
4.	November	Unit -4 Common errors	Group learning and Teaching	Students will be able to use language as an apt tool	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Dr. Shardha Sharma

Designation: Assistant Professor

Class: B.A I Sem.

Subject/ Paper: Introduction to Short story and Basic Grammar

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	Unit 1- Short stories	Group learning and Teaching Peer learning	Students will learn to respect and appreciate other cultures and races.	
2.	September	Unit -2 Short Stories	Group learning and Teaching Self- Study	Students will learn to respect and appreciate other cultures and races.	

3.	October	Unit-3 Tenses and usage	Group learning and Teaching Problem-solving	Students will understand critique tenses and their uses	
4.	November	Unit -4 Voice and Narration	Group learning and Teaching Problem-Solving	Students will be able to use language as an apt tool	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Dr. Shardha Sharma

Designation: Assistant Professor

Class: B.A /BCA III Sem.

Subject/ Paper: English Language and Communication Skills Level 3

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	August	Unit 1- Cloze reading and Comprehension	Group learning and Teaching	Students will be more comprehensive	
2.	September	Unit -2 Interview and presentation skills	Group learning and Teaching	Students will be pragmatic in Interview	

3.	October	Unit-3 Vocabulary	Group learning and Teaching	Students will have enhanced vocabulary	
4.	November	Unit -4 Common errors	Group learning and Teaching	Students will be able to use language as an apt tool	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Dr. Shardha Sharma

Designation: Assistant Professor

Class: B.A /BCA III Sem.

Subject/ Paper: English Language and Communication Skills Level 3

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): AEC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	August	Unit 1- Cloze reading and Comprehension	Group learning and Teaching	Students will be more comprehensive	
2.	September	Unit -2 Interview and presentation skills	Group learning and Teaching	Students will be pragmatic in Interview	

3.	October	Unit-3 Vocabulary	Group learning and Teaching	Students will have enhanced vocabulary	
4.	November	Unit -4 Common errors	Group learning and Teaching	Students will be able to use language as an apt tool	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: B.A. 1st Sem

Subject/ Paper: Psychology / Foundations of Psychology B23-PSY-101

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): Core Course (Major)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	24 July-31 July, 2025	Introduction: Nature and Scope of Psychology	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will grasp the fundamental concepts of psychology, its nature, and scope.	
2.	August 2025	Psychology as a Science and Present Status, Psychology in India. Methods to Study Behaviour: Interview, Case study and Experimental.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will learn how psychology is considered a science through its methodologies and approaches. They will gain insight into the development and current state of psychology in India. Students will learn to apply these research methods to real-world situations to gather and analyse data.	
3.	September 2025	Sensation: Nature, Characteristics and Types Structure and Functions of Visual and Auditory Sensation. Attention: Nature and Characteristics	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand the nature, characteristics, and types of sensation, focusing on visual and auditory sensations' structure and functions. They will comprehend the nature and characteristics of attention and how it affects perception and cognition.	

4.	October 2025	Emotion: Nature, Factors Affecting Theories: James Lange, Cannon- Bard and Schachter-Singer. Motivation: Needs, Drives, Incentives, Biological and Social Motives.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will learn about the nature and factors affecting emotions and will study major theories such as James-Lange, Cannon-Bard, and Schachter-Singer. They will understand the concepts of needs, drives, and incentives, differentiating between biological and social motives.	
5.	November 2025	Personality: Nature, Factors Affecting and Theories: Allport, Cattell and Eysenck. Intelligence: Nature, Factors Affecting and Theories: Spearman, Thurstone, and Cattell.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will explore the nature and factors affecting personality, studying theories by Allport, Cattell, and Eysenck. They will learn about the nature and factors affecting intelligence and study theories by Spearman, Thurstone, and Cattell.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER**Name of Teacher:** Vibha Madan**Designation:** Assistant Professor in Psychology**Class:** Minor Psychology (1st semester)**Subject/ Paper:** Problems of Adolescence**Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC):** Minor(B23-PSY-103)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	24 July-31 July, 2025	Introduction to concept of Adolescence and its Nature	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand the nature of adolescence period.	
2.	August 2025	Adolescent's Maturation, Pubertal Changes and Hormonal Influences.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand the role of hormonal changes and their influence on behaviour and physiological processes.	
3.	September 2025	Mental Health Issues: Stress, Anxiety, Depression and Suicide.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will gain knowledge about common mental health issues, including stress, anxiety, depression, and suicide, along with their symptoms and impact.	
4.	October 2025	Health Issues: Nutrition and Eating disorders. Substance Abuse - Smoking, Tobacco and Alcohol.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will learn about the importance of nutrition, recognize eating disorders, and understand the effects of substance abuse, including smoking, tobacco, and alcohol.	

5.	November 2025	Sexually Transmitted Infections: Types and Management- Psychosocial. Coping with Stress.	1.Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will comprehend the types, management, and psychosocial aspects of sexually transmitted infections and develop strategies for coping with stress.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: MDC Psychology (1st semester)

Subject/ Paper: Understanding Psychology

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): MDC (B23-PSY-104)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	24 July-31 July, 2025	Nature of Psychology	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand the nature of psychology.	
2.	August 2025	Historical background and Fields of Psychology, Emergence of Psychology as a Science	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand historical background, and various fields of psychology, and recognize the emergence of psychology as a science.	
3.	September 2025	Methods: Experimental, Interview, Observation and Case Study	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will gain proficiency in different research methods, including experimental, interview, observation, and case study techniques.	
4.	October 2025	Learning: Nature and Factors Affecting Memory. Classical and Instrumental Conditioning	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will learn about the nature of learning, factors affecting it, and key concepts of classical and instrumental conditioning.	

5.	November 2025	Memory: Nature, Study Methods, Factors Affecting Memory. Types of Memory	1.Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students will understand the nature of memory, different study methods, factors affecting memory, and types of memory.	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Vibha Madan

Designation: Assistant Professor

Class: B.A. 5th Sem

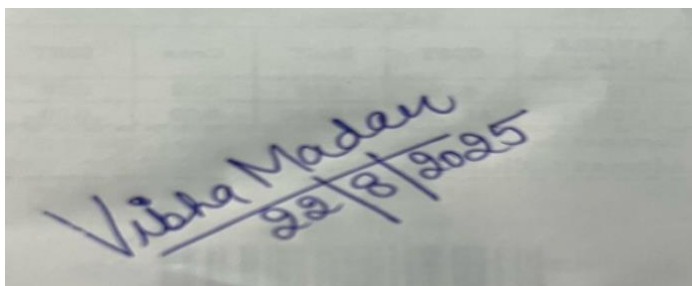
Subject/ Paper: Psychology / Psychological Testing B23-PSY-501

Type of Course (major/ minor/ VAC/ AEC/SEC/ MDC): Core Course (Major)

S. No	Month	Topics to be covered	Teaching Strategy	Learning	Learning Outcomes of Students	Remarks
1.	August, 2025	Psychological Testing: Nature, Historical Background, Characteristics of a good psychological test, limitations and Uses of Psychological Tests. Measurement: Meaning, Level of measurement.	1.Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes		Students will acquaint with the meaning, Characteristics of Psychological Test.	
2.	Sept., 2025	Reliability: Meaning, Methods of Estimating Reliability. Factor affecting Reliability. Validity: Meaning, Types of validity, Factors affecting validity. Norms: Meaning, Norms and Types.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes		Students will be able to learn the meaning and methods of determining reliability and validity.	
3.	Oct. 2025	Test Construction: Steps of test construction Intelligence Testing: Meaning, Historical Development, uses of Intelligence Tests, Types of Intelligence Tests. Pass Along Test, Raven's Progressive Matrices, General Mental Ability Test.	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes		Students will be able to understand about construction and standardization of test and about various Intelligence Tests.	

4.	Nov. 2025	Assessment of Personality: Projective Tests – Meaning, Characteristics and limitations. Word Association Test, Thematic Apperception test. Personality Inventories-, Cattell's 16 Personality factors Questionnaire, NEO Personality Inventory	1. Group teaching learning 2. Learning through problem solving 3. Project based learning 4. Typed notes	Students Will get knowledge about various personality tests	
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❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**



(VIBHA MADAN)

Signature of the teacher

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODDSEMESTER

Name of Teacher: Dr. Jyoti Sharma

Designation: Assistant Professor

Class: B.A I Sem.

Subject/ Paper: Introduction to short story and basic grammar

Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July-August	Unit 1- Short stories	Group learning and Teaching Peer learning	Students will learn to respect and appreciate other cultures and races.	
2.	September	Unit -2 Short Stories	Group learning and Teaching Self- Study	Students will learn to respect and appreciate other cultures and races.	

3.	October	Unit-3 Tenses and usage	Group learning and Teaching Problem-solving	Students will understand critique tenses and their uses	
4.	November	Unit -4 Voice and Narration	Group learning and Teaching Problem-Solving	Students will be able to use language as an apt tool	

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON PLAN (Session 2025-26) ODD SEMESTER

Name of Teacher: Kiran Bala

Designation: Assistant Professor of Mathematics

Class: BA/BA (Eco)H Ist Sem.

Subject/ Paper: Introductory Mathematics

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): MDC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/August	Sets and their representations, Empty set, Finite and infinite sets, Subsets, Equal sets, Power sets, Universal set, Union and intersection of sets, Difference of two sets, Complement of a set, Venn diagram, De-Morgan's laws and their applications. An introduction to matrices and their types, Operations on matrices, Symmetric and skew-symmetric matrices, Minors, Co-factors. Determinant of a square matrix, Adjoint and inverse of a square matrix, Solutions of a system of linear equations up to order	Group Learning and Teaching	Gain the knowledge of set theory, types of sets and operations on sets. Understand various concepts of matrices and determinants, and acquire the cognitive skills to apply different operations on matrices and determinants.	
2.	September	Complex numbers, Operations on complex numbers, Modulus and argument of a complex number. Linear inequalities, Algebraic solutions of linear inequalities in two variables and their graphical representation. Quadratic equations, Solution of quadratic equations.	Group Learning and Teaching	Have the knowledge of the basic concepts of complex numbers and acquire skills to solve linear inequalities and quadratic equations.	

3.	October	Arithmetic progression, Geometric progression, Harmonic progression, Arithmetic mean (A.M.), Geometric mean (G.M.), Harmonic mean (H.M.), Relation between A.M., G.M. and H.M	Group Learning and Teaching	Gain the knowledge of the concepts of Arithmetic progression, Geometric progression and Harmonic progression, and find A.M., G.M. and H.M. of given numbers.	
4.	November	Straight lines: Slope of a line and angle between two lines, Different forms of equation of a line: Parallel to co-ordinate axes, Point-slope form, Slope-intercept form, Two-point form, General form; Distance of a point from a straight line. Standard form of a circle and its properties.	Group Learning and Teaching	Have the conceptual knowledge of straight lines and circles. Find out the slope of a line, angle between two lines, and know about various forms of a straight line and the standard form of a circle.	

❖ **Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.**

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSE MESTER

Name of Teacher: Ranjeet Singh

Designation: Professor

Class: B Sc 1st Semester, Life Sciences

Subject/ Paper: Elementary Mechanics, Physics

Type of course(Major/Core): Minor

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July, August 2025	Fundamentals of Dynamics: Rigid body, Moment of Inertia, Radius of Gyration, Theorems of perpendicular and parallel axis (with proof), Moment of Inertia of ring, Disc, Angular Disc, Solid cylinder.	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Understand the dynamics of system of particles, conservation of energy and momentum application of both translational and rotational dynamics motions.	

2.	September 2025	Elasticity: Deforming force, Elastic limit, stress, strain and their types, Hooks law, Module of elasticity Relation between shear angle and angle of twist, Poisson's ratio and its limiting value. Torque required for twisting cylinder	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Differentiate between elastic and plastic body. Elastic constants, determination and their physical significance. Torque and its significance	
3.	October 2025	Special Theory of Relativity: Michelson's Morley experiment and its outcomes, Postulates of special theory of relativity, Lorentz Transformations, Lorentz contraction, Time dilation, Relativistic transformation of velocity, relativistic addition of velocities, variation of mass-energy equivalence	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Familiar about the special theory of relativity and its applications. Michelson's Morley experiments and its finding	

4.	November 2025	Gravitation and central force motion: Law of gravitation, Potential and field due to spherical shell and solid sphere. Motion of a particle under central force field, Normal coordinates and normal modes, Normal modes of vibration for given spring mass system, possible angular frequencies of oscillation of two identical simple pendulums of length (l) and small bob of mass (m_0) joined together with spring of spring constant (k).	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Analyze the two body Central Force problem and its applications	
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❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ranjeet Singh

Designation: Professor

Class: B Sc 1st Semester

Subject/ Paper:

Type of course(Major/Core):

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July and August 2025	Fundamentals of Dynamics: Rigid body, Moment of Inertia, Radius of Gyration, Theorems of perpendicular and parallel axis (with proof), Moment of Inertia of ring, Disc, Angular Disc, Solid cylinder, Solid sphere, Hollow sphere, Rectangular plate, Square plate, Solid cone, Triangular plate, Torque, Rotational Kinetic Energy, Angular momentum, Law of conservation of angular momentum, Rolling motion, condition for pure rolling, acceleration of body rolling down an inclined plane, Fly wheel, Moment of Inertia of an irregular body.	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Understand the dynamics of system of particles, conservation of energy and momentum application of both translational and rotational dynamics motions simultaneously in analyzing rolling with slipping	

2.	September 2025	Elasticity: Deforming force, Elastic limit, stress, strain and their types, Hooks law, Moduli of elasticity Relation between shear angle and angle of twist, elastic energy stored/volume in an elastic body, Elongation produced in heavy rod due to its own weight and elastic potential energy stored in it, Tension in rotating rod, Poisson's ratio and its limiting value, Relation between Young modulus, Bulk modulus and Poisson ratio. Derive the Relation between Young's modulus, Bulk modulus and Modulus of rigidity. Torque required for twisting cylinder, Hollow shaft is stiffer than solid one. Bending of beam, bending moment and its magnitude, Flexural rigidity, Geometrical moment inertia for beam of rectangular cross-section and circular cross-section. Bending of cantilever (loaded by a weight W at its free end), weight of cantilever uniformly distributed over its entire length depression of a centrally loaded beam supported at its ends, determination of elastic constants for material of wire by Searle's method.	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Differentiate between elastic and plastic body. Elastic constants, determination and their physical significance. Torque and its significance	
3.	October 2025	Special Theory of Relativity: Michelson's Morley experiments and its outcome, Postulate of special theory of relativity, Lorentz Transformation, Simultaneity and order of events, Lorentz contraction, Time dilation, Relativistic transformation of velocity, relativistic addition of velocities, variation of mass-energy equivalence, relativistic Doppler effect, relativistic kinematics, transformation of energy and momentum, transformation of force, Four vectors, Problems of relativistic dynamics; Acceleration of charge particle by constant electric field, transverse electric field.	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Familiar about the special theory of relativity and its applications. Michelson's Morley experiments and its finding	

4.	November 2025	Gravitation and central force motion: Law of gravitation, Potential and field due to spherical shell and solid sphere. Motion of a particle under central force field, Two body problem and its reduction to one body problem and its solution, compound pendulum or physical pendulum in form of elliptical lamina and expression of time period, determination of g by means of bar pendulum, Normal coordinates and normal modes, Normal modes of vibration for given spring mass system, possible angular frequencies of oscillation of two identical simple pendulums of length (l) and small bob of mass (m_0) joined together with spring of spring constant $(k.)$	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Analyze the two body Central Force problem and its applications	
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❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ranjeet Singh

Designation: Professor

Class: B Sc 1st Semester

Subject/ Paper:

Type of course(Major/Core):

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July and August 2025	Fundamentals of Dynamics: Rigid body, Moment of Inertia, Radius of Gyration, Theorems of perpendicular and parallel axis (with proof), Moment of Inertia of ring, Disc, Angular Disc, Solid cylinder, Solid sphere, Hollow sphere, Rectangular plate, Square plate, Solid cone, Triangular plate, Torque, Rotational Kinetic Energy, Angular momentum, Law of conservation of angular momentum, Rolling motion, condition for pure rolling, acceleration of body rolling down an inclined plane, Fly wheel, Moment of Inertia of an irregular body.	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Understand the dynamics of system of particles, conservation of energy and momentum application of both translational and rotational dynamics motions simultaneously in analyzing rolling with slipping	

2.	September 2025	Elasticity: Deforming force, Elastic limit, stress, strain and their types, Hooks law, Moduli of elasticity Relation between shear angle and angle of twist, elastic energy stored/volume in an elastic body, Elongation produced in heavy rod due to its own weight and elastic potential energy stored in it, Tension in rotating rod, Poisson's ratio and its limiting value, Relation between Young modulus, Bulk modulus and Poisson ratio. Derive the Relation between Young's modulus, Bulk modulus and Modulus of rigidity. Torque required for twisting cylinder, Hollow shaft is stiffer than solid one. Bending of beam, bending moment and its magnitude, Flexural rigidity, Geometrical moment inertia for beam of rectangular cross-section and circular cross-section. Bending of cantilever (loaded by a weight W at its free end), weight of cantilever uniformly distributed over its entire length depression of a centrally loaded beam supported at its ends, determination of elastic constants for material of wire by Searle's method.	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Differentiate between elastic and plastic body. Elastic constants, determination and their physical significance. Torque and its significance	
3.	October 2025	Special Theory of Relativity: Michelson's Morley experiments and its outcome, Postulate of special theory of relativity, Lorentz Transformation, Simultaneity and order of events, Lorentz contraction, Time dilation, Relativistic transformation of velocity, relativistic addition of velocities, variation of mass-energy equivalence, relativistic Doppler effect, relativistic kinematics, transformation of energy and momentum, transformation of force, Four vectors, Problems of relativistic dynamics; Acceleration of charge particle by constant electric field, transverse electric field.	Group Learning and Teaching Learning trough problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Familiar about the special theory of relativity and its applications. Michelson's Morley experiments and its finding	

4.	November 2025	Gravitation and central force motion: Law of gravitation, Potential and field due to spherical shell and solid sphere. Motion of a particle under central force field, Two body problem and its reduction to one body problem and its solution, compound pendulum or physical pendulum in form of elliptical lamina and expression of time period, determination of g by means of bar pendulum, Normal coordinates and normal modes, Normal modes of vibration for given spring mass system, possible angular frequencies of oscillation of two identical simple pendulums of length (l) and small bob of mass (m_0) joined together with spring of spring constant $(k.)$	Group Learning and Teaching Learning through problem solving Project based learning PPT based and Lectures from Youtube	After completing this topic, the learner will be able to: Analyze the two body Central Force problem and its applications	
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❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

LESSON-PLAN (Session 2024-25) EVEN SEMESTER

Name of Teacher: Pooja Girotra

Designation: Extension Lecturer

Class: SEC (Quantitative Aptitude) (B.A./B.sc./ BCA IIIrd Sem)

Subject/ Paper: Quantitative Aptitude (B23-SEC-326)

S. No.	Month	Topics to be covered	Teaching Learning Strategy
1.	August	Linear and Quadratic Equation, Problem on ages, Clocks	Learning through Problem Solving Group-Learning & Teaching
2.	September	Time and Distance based on trains, boats and streams. Work and time	Learning through Problem Solving Group-Learning & Teaching
3.	October	Compound interest and annuities, Trigonometry	1. Learning through Problem Solving 2. Group-Learning & Teaching
4.	November	Permutation, combination, probability, data interpretation pie chart, bar diagram, mean median and mode	1. Learning through Problem Solving 2. Group-Learning & Teaching

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms Veenu Mittal

Designation: Assistant Professor of Economics

Class: BAI

Subject/ Paper: Introductory Economics (B23-ECO-103)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Minor

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July 2025	Scope and methods of Economics, Scarcity and choice problem	Lectures	Students Know the scope and methods of Economics along with understanding the economic problem of scarcity & choice	Test
2.	AUG 2025	Law of demand, law of supply, elasticity of demand	Lectures	Students learn the core principles of demand and supply	Assignment1
3.	SEPT 2025	Elasticity of supply, concept of cost and revenue, difference between micro and macro	Reading	Students become aware of principle of cost and revenue	Test
4.	OCT 2025	Concepts of GDP, GNP , nominal and real GDP and its limitations, circular flow of income	Group Discussions	To understand the concept of national income and various methods of its measurement, aggregate demand & aggregate supply and their relevance. Understanding the different methods to calculate GDP	Assignment2
5.	NOV 2025	Monetary and fiscal policy	Presentations	To understand how governments and central banks use fiscal policy (taxes, spending) and monetary policy (interest rates, money supply) to manage the economy, stabilize it & equilibrium of goods-money market	Test

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms Veenu Mittal

Designation: Assistant Professor of Economics

Class: BAI Hns

Subject/ Paper: Basic Public Finance (B23-ECO-102)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Major

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July 2025	Nature and Scope of Public Finance, Law of Maximum Social Advantage	Lectures	Students learn the scope of Public Finance along with understanding the core principles of public sector economics	Test
2.	AUG 2025	Concepts of Public Goods, Private Goods, Merit Goods, Public Expenditure: Meaning, Canons and Effects	Learning through Group Discussions	To understand the nature and structure of public expenditure	Assignment1
3.	SEPT 2025	Taxes: Classification, Features, Impact, Incidence and Shifting, GST, Public Debt: Meaning, Types, Effects, principles, Management. Burden of Public Debt	Learning through Group Discussions and by taking economy level data	To understand the core principles of public debt. students also learn concept of taxation so that they are able to apply the understanding of these concepts to comprehend real world problems along with the ability to think critically and analyze economic problems	Test
4.	OCT 2025	Revenue Deficit, Fiscal Deficit, Primary Deficit, Monetized Deficit, Deficit Financing in India, Budget	Lectures	Learn about the basic terminology like Revenue Deficit, Fiscal Deficit, Primary Deficit, Monetized Deficit	Assignment2
5.	NOV 2025	Fiscal Federalism, Latest Finance Commission Recommendations	Presentations	To exhibit the ability to learn and apply relevant principles of public finance for analysis of public policy on the federal nature of India	Test

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms Veenu Mittal

Designation: Assistant Professor of Economics

Subject/ Paper: CURRENT ISSUES IN GLOBAL ECONOMY(B23-ECO-303)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): MDC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July 2025	Introduction to globalization and its impact on the global economy, Free trade and Protection; Tariffs, Quotas and Non-Tariff barriers.	Lectures	Students get knowledge of global economic systems, international trade, types of regional agreements, multilateral negotiations, World institutions facilitating trade.	Test
2.	AUG 2025	Evolution of the international monetary system, Exchange rate regimes and their implications, International financial institutions: IMF, World Bank; Contemporary Issues in International finance: East Asian Crisis of 1997; Global recession 2007; Global financial stability and regulatory frameworks.	Learning through Group Discussions	Students learn the evolution of the international monetary system, exchange rate regimes and their implications, various global financial crisis and Global financial stability and regulatory frameworks	Assignment1
3.	SEPT 2025	Sustainable Development Goals (SDGs): Overview of the SDGs and their significance; Economic dimensions of sustainable development; Policies for achieving sustainable development; Contemporary Issues in development: Poverty, Social development and Infrastructure	Group Discussions	Analyzing the given situation in the global economy and understanding the social challenges, SDGs and Policies for achieving sustainable development.	Test

4.	OCT 2025	Economic integration and its benefits and challenges. Integration 12 experiences-European Union, BRICS, NAFTA, ASEAN, Multilateral trade negotiations-the GATT rounds, UNCTAD and evolution of world trading arrangements	Lectures	Understanding of evolution of Economic integrations and its benefits and challenges	Assignment2
5.	NOV 2025	World Trade Organization and fair trade-Development Round, Trade Facilitation, Trade War, Recent Paradigm Shift in global economy	Presentations	Students understands the concept of WTO	Test

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms Veenu Mittal

Designation: Assistant Professor of Economics

Class: BAIII Eco Hons

Subject/ Paper: Haryana Economy (B23-ECO-506)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): DSE (Major)

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July 2025	Haryana Economy and Prospects: Nature, Characteristics and Problems; Concept of Economic Development; Financial Inclusions. State of the Haryana economy since its inception: Income; Demogarphy, Health & Nutrition .	Lectures	Students understand, explain and analyze growth and development of Haryana.	Test
2.	AUG 2025	Haryana agriculture: Nature, cropping pattern, role of agriculture in Haryana economy, Green Revolution, Measures for development in agriculture,crop insurance. Agriculture credit: agriculture finance, types of agriculture finance; credit needs of farmers; sources of credit (institutional and non-institutional sources); rural indebtedness: causes, consequences and debt relief measures.	Learning through Group Discussions	Describe and critically analyze growth in Haryana agriculture sector and evaluate various financing and insurance schemes.	Assignment1
3.	SEPT 2025	Micro, Small & Medium Enterprises (MSME) in Haryana: Meaning, Role, Performance and Challenges; SEZ, Institutions Functions, role and performance of HSIIDC, HAFED, HKVIB.	Lectures	Analyze industrial growth and know about the role of HSIIDC, HAFED, HKVIB.	Test

4.	OCT 2025	Haryana budget: Objectives and Policies, Expenditure, Sources of Revenues and its Utilization	Learning through Group Discussions and by taking data	Students learn about Haryana Budget	Assignment2
5.	NOV 2025	Latest State Finance Commission: Key issues and recommendations.	Presentations	Explain and analyze the evolution of budget and State Finance Commission	Test

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

Signature of Teacher

Principal

GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2025-26) ODDSEMESTER

Name of Teacher: Ms Veenu Mittal

Designation: Assistant Professor of Economics

Class: B.COM II Sem3

Subject/ Paper: BUSINESS ECONOMICS (B23-COM-304)

Type of course(major/ minor/ VAC/ AEC/SEC/ MDC): Minor

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July 2025	Nature and scope of business economics, Importance of economics in business decisions. Basic Economic Concepts; Marginal analysis. Nature of demand function: law of demand, shifts in demand curve, factors influencing demand. Elasticity of demand: price, income and cross. Consumers equilibrium: Cardinal Utility Approach, Ordinal Utility approach.	Lectures	Students learn about Nature and scope of business economics and demand law	Test

2.	AUG 2025	Production function: short and long run-law of variable proportions; Return to factor; Law of returns to scale; economies and diseconomies of scale; Equilibrium of firm under perfect competition; monopoly - price discrimination, Price and output determination under monopolistic competition; Decisions under monopolistic competition	Reading	Students understand the concept of production function	Assignment1
3.	SEPT 2025	Non-collusive oligopoly models- Cournot and Kinked Demand Curve; Collusive oligopoly models - Cartels, price leaderships. Employment theory, classical employment theory: Keynesian theory of employment. Money definition and its functions.	Lectures	Students will learn about various markets and its functioning	Test
4.	OCT 2025	Macro Economics: concept, nature and scope. Circular flow of income (four core sectors). National income concepts (an overview) - GNP, GDP, NNP, NDP	Lectures	Students will learn about economy level concepts. They will learn the calculation of national income	Assignment2
5.	NOV 2025	Inflation: types and control; Money supply (monetary aggregates); Fiscal policy; Monetary policy; Business cycles and their control	Presentations	Understand the concept of inflation, fiscal and monetary policy and business cycles.	Test

❖ Seminar/Presentation/Assignment/Quiz/Class Test /Mid-Term Exam will be taken as per schedule.

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GOVT. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA

LESSON-PLAN (Session 2024-25) ODD SEMESTER

Name of Teacher: Dr Jyoti Sharma

Designation: Assistant Professor

Class: BA III VOC

Subject/ Paper: English

Type of course (major/ minor/ VAC/ AEC/SEC/ MDC): VOC

S. No.	Month	Topics to be covered	Teaching Learning Strategy	Learning Outcomes of Students	Remarks
1.	July/August	Introduction to media and Communication	Interactive lecture with timeline slides on media history - Think-pair-share on “freedom of speech vs. responsibility” - Terminology flash-card drill on stylistics - Role-play: “Inside a Newsroom” – students rotate through positions - Case-study analysis of real newsroom workflows	By the end of August students will be able to: a. Describe the historical evolution and major types of mass media. b. Explain core concepts (objectivity, bias, ethics) using current examples. c. Recognise basic stylistic conventions in news language. d. Identify and differentiate newsroom roles and outline a standard production cycle.	

2.	September	News writing and Reporting Skills	Writing workshop: convert raw facts into a 150-word story - Comparative analysis of front pages for news values - Field assignment: cover a campus event; peer-review using rubric - Guest session with local reporter on investigative techniques - Simulation of a live press conference for note-taking practice	By the end of September students will be able to: a. Collect and organise information using 5W1H. b. Apply news values to select and prioritise stories. c. Compose an inverted-pyramid news report within a deadline. d. Distinguish among hard news, soft news, features and investigative pieces. e. Write crisp headlines, leads and captions. f. Conduct and accurately report an interview or press briefing.	
3.	October	Editing, Proofreading, and Media Ethics	- Editing lab: track-changes on sample copy - Error-hunt quizzes for grammar & syntax - Fact-check assignment using multiple sources - Structured debate on sensationalism vs. public right-to-know - Group poster on PCI & SPJ codes	By the end of October students will be able to: a. Edit copy to improve clarity, accuracy and style. b. Detect and correct common language errors. c. Verify facts and attribute information responsibly. d. Analyse ethical problems and propose balanced solutions. e. Reference and apply Press Council and international codes in decision-making.	

4.	November	Digital Media and New Trends	Create & maintain a class blog; weekly post & peer comments - Social-media content calendar exercise comparing clickbait titles vs. credible headlines - Multimedia story project using Canva/Adobe Express - Mini-workshop: headline A/B testing with SEO plug-in demo - Scenario-based simulation of crisis communication on X (Twitter)	By the end of November students will be able to: a. Produce and publish journalistic content on web platforms. b. Evaluate and avoid clickbait while maximising audience reach. c. Integrate text, visuals and audio/video in a coherent story. d. Optimise headlines and copy for basic SEO performance. e. Formulate an effective communication plan during an online misinformation crisis.	
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