**Govt. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

**LESSON-PLAN (Session 2020-21) ODD SEMESTER**

**Name of Professor**: **Dr. Suman Bhambu**

**Designation:** Associate Professor

**Subject:** Home Science

**Class:** B.Sc (2 &3) ,M.Sc.2nd year

**Subject/Paper:** Home Science

**Community Development and Extension Education (Course No.205), B.Sc. 2nd Year (3rd Semester)**

|  |  |
| --- | --- |
| **Social structure and systems**   * Meaning and elements of organization and social structure * Social system – its characteristics and relation with social structure * Types of society – meaning, definitions, characteristics | Aug |
| **Analysis of family as a social unit Family** –   * Meaning, * Characteristics, * Types on the basis of size, * Marriage, * Authority and nature of relation.   **Communication-**   * Meaning, * Importance, * Functions and factors influencing effective communication, * Key elements in the communication process. | Sept |
| **Poverty analysis**   * Definition, * Effects of poverty, * Measurement, * Causes of poverty, * Programmes for poverty alleviation | Oct |
| **Planning, controlling and evaluation of development programmes for women and children (aim, objective and beneficiaries in brief)**   * DWACRA, * TRYSEM, * ICDS, * ANP, * SNP,   Midday meal programme  **National agencies**   * NREGA, * DRDA, * PMRY   **National agencies**   * NREGA, * DRDA, * PMRY | Nov |

Signature of Class incharge: Principal

**Housing (Course No.304), B.Sc. III Year (5th Semester)**

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| **Housing**   * Needs of the family * Owning versus renting * Selection of site * Factors affecting selection and purchase of site * Selection of materials for construction of house | Aug |
| **Arrangement of funds for housing**   * Finance Corporations, * Cooperative housing societies, * LIC, * Cooperative banks, * Loans from different agencies.   **House plans**   * Signs used for reading house plans | Sept |
| **Space planning for: different income groups and for different rooms, passages and staircases keeping into account the following:**   * Orientation * Activity * Privacy * Spaciousness * Aesthetics * Economy * Light * Ventilation * Flexibility. | Oct |
| **International and national agencies (aim, objective and beneficiaries in brief)**   * FAO * WHO * UNICEF * UNESCO * ICMR * NIN * ICAR * CSIR * CFTRI | Nov |

Signature of Class incharge: Principal

**Early Childhood Eduaction ,children with special needs**

**(Course No.303), B.Sc. III Year (5th Semester)**

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| Importance,  Objectives  and scope of Early Childhood Education | Aug |
| Early childhood Education centers  : Play centers,  daycare,  montessori ,  kindergarten,  balwadi,  anganwadi | Sept |
| Historical development of nursery school education ( Rousseau ,  Pestallozi ,  Froebel ,  Montessori  ,Gandhi,  Tagore)  Principles of Preschool Programme Planning | Oct |
| Selection of Indoor and Outdoor Equipments Definition, Types/classification, Causes, Characteristics, Needs , Educational provisions and modification of environment , Attitude of parents, teachers and community for  following –  1. Gifted  2. Mentally Retarded  3. Orthopedically Handicapped  4. Cerebral Palsy Visual Impairment. Deaf. Speech Disorders -Welfare Programmes for children with special needs- Counseling and therapy for children with special needs | Nov |

Signature of Class incharge: Principal

**Advance Study of Human Development –II (XVIII)**

**( M.Sc 2nd Year (3rd Semester)**

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| Youth/Young adulthood (20-35 years)  - Physical Development  -Developmental tasks.  -Sexuality, marriage, marital adjustment, parenthood | Aug |
| - Physical continuity and changes.  - Adult Intelligence.  Personality development  - Role in family -Maintaining family relationships.  -Friendships  -Menopause in women.  Adult sexuality, Vocational Development | Sept |
| Late Adulthood (50-65 years)  - Continuity and change in personality  -The family life cycle.  -Social relationships.  Grand parenthood-intergenerational relations | Oct |
| Late Adulthood (50-65 years).  -Retirement from formal work.  -Health and disease. Old age (65+ years)  - Physical aspects of aging.  -Change in cognitive abilities and creativity.  -Psychosocial development | Nov |
| Old age (65+ years) -Changes in family life cycle. Health and disease.  -Death, dying and bereavement | Dec |

Signature of Class incharge: Principa

**Communication Technologies ( –II (XVI)**

**M.Sc 2nd Year (3rd Semester)**

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| **Name of the Topic** | **Month** |
| **Social structure and systems**   * Meaning and elements of organization and social structure * Social system – its characteristics and relation with social structure * Types of society – meaning, definitions, characteristics | Aug |
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| **Communication-**   * Meaning, * Importance, * Functions and factors influencing effective communication, * Key elements in the communication process. | Oct |
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| **Planning, controlling and evaluation of development programmes for women and children (aim, objective and beneficiaries in brief)**   * DWACRA, * TRYSEM, * ICDS, * ANP, * SNP,   Midday meal programme **National agencies**   * NREGA, DRDA, PMRY | Dec |

Signature of Class incharge: Principal

**Principles of Guidance and Counselling (XVII)**

**M.Sc 2nd Year (3rd Semester)**

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| --- | --- |
| **Name of the Topic** | **Remarks** |
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| **House plans**  Signs used for reading house plans  **Space planning for: different income groups and for different rooms, passages and staircases keeping into account the following:**   * Orientation * Activity * Privacy * Spaciousness * Aesthetics | Oct |
| * Economy * Light * Ventilation   Flexibility  **International and national agencies (aim, objective and beneficiaries in brief)**   * FAO * WHO * UNICEF * UNESCO * ICMR | Nov |
| * NIN * ICAR * CSIR * CFTRI | Dec |

Signature of Class incharge: Principal