**Govt. P.G. COLLEGE FOR WOMEN, SECTOR-14, PANCHKULA**

 **LESSON-PLAN (Session 2020-21) ODD SEMESTER**

**Name of Professor**: **Dr. Suman Bhambu**

**Designation:** Associate Professor

**Subject:** Home Science

**Class:** B.Sc (2 &3) ,M.Sc.2nd year

**Subject/Paper:** Home Science

**Community Development and Extension Education (Course No.205), B.Sc. 2nd Year (3rd Semester)**

|  |  |
| --- | --- |
| **Social structure and systems*** Meaning and elements of organization and social structure
* Social system – its characteristics and relation with social structure
* Types of society – meaning, definitions, characteristics
 | Aug |
| **Analysis of family as a social unit Family** – * Meaning,
* Characteristics,
* Types on the basis of size,
* Marriage,
* Authority and nature of relation.

**Communication-** * Meaning,
* Importance,
* Functions and factors influencing effective communication,
* Key elements in the communication process.
 | Sept  |
| **Poverty analysis*** Definition,
* Effects of poverty,
* Measurement,
* Causes of poverty,
* Programmes for poverty alleviation
 |  Oct |
| **Planning, controlling and evaluation of development programmes for women and children (aim, objective and beneficiaries in brief)*** DWACRA,
* TRYSEM,
* ICDS,
* ANP,
* SNP,

Midday meal programme **National agencies** * NREGA,
* DRDA,
* PMRY

**National agencies** * NREGA,
* DRDA,
* PMRY
 | Nov |

Signature of Class incharge: Principal

**Housing (Course No.304), B.Sc. III Year (5th Semester)**

|  |  |
| --- | --- |
| **Housing** * Needs of the family
* Owning versus renting
* Selection of site
* Factors affecting selection and purchase of site
* Selection of materials for construction of house
 | Aug |
| **Arrangement of funds for housing*** Finance Corporations,
* Cooperative housing societies,
* LIC,
* Cooperative banks,
* Loans from different agencies.

**House plans** * Signs used for reading house plans
 | Sept |
| **Space planning for: different income groups and for different rooms, passages and staircases keeping into account the following:*** Orientation
* Activity
* Privacy
* Spaciousness
* Aesthetics
* Economy
* Light
* Ventilation
* Flexibility.
 | Oct |
| **International and national agencies (aim, objective and beneficiaries in brief)** * FAO
* WHO
* UNICEF
* UNESCO
* ICMR
* NIN
* ICAR
* CSIR
* CFTRI
 | Nov |

Signature of Class incharge: Principal

**Early Childhood Eduaction ,children with special needs**

**(Course No.303), B.Sc. III Year (5th Semester)**

|  |  |
| --- | --- |
| Importance, Objectives and scope of Early Childhood Education | Aug |
| Early childhood Education centers : Play centers, daycare, montessori ,kindergarten, balwadi, anganwadi | Sept |
| Historical development of nursery school education ( Rousseau , Pestallozi ,Froebel , Montessori,Gandhi, Tagore) Principles of Preschool Programme Planning | Oct |
| Selection of Indoor and Outdoor Equipments Definition, Types/classification, Causes, Characteristics, Needs , Educational provisions and modification of environment , Attitude of parents, teachers and community forfollowing –1. Gifted2. Mentally Retarded3. Orthopedically Handicapped4. Cerebral Palsy Visual Impairment. Deaf. Speech Disorders -Welfare Programmes for children with special needs- Counseling and therapy for children with special needs | Nov |

Signature of Class incharge: Principal

**Advance Study of Human Development –II (XVIII)**

**( M.Sc 2nd Year (3rd Semester)**

|  |  |
| --- | --- |
| Youth/Young adulthood (20-35 years)- Physical Development-Developmental tasks.-Sexuality, marriage, marital adjustment, parenthood | Aug |
| - Physical continuity and changes.- Adult Intelligence.Personality development- Role in family -Maintaining family relationships.-Friendships-Menopause in women. Adult sexuality, Vocational Development | Sept |
| Late Adulthood (50-65 years)- Continuity and change in personality-The family life cycle.-Social relationships. Grand parenthood-intergenerational relations | Oct |
| Late Adulthood (50-65 years).-Retirement from formal work.-Health and disease. Old age (65+ years)- Physical aspects of aging.-Change in cognitive abilities and creativity.-Psychosocial development | Nov |
| Old age (65+ years) -Changes in family life cycle. Health and disease.-Death, dying and bereavement | Dec |

Signature of Class incharge: Principa

**Communication Technologies ( –II (XVI)**

 **M.Sc 2nd Year (3rd Semester)**

|  |  |
| --- | --- |
| **Name of the Topic** | **Month** |
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|  **Communication-** * Meaning,
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* ANP,
* SNP,

Midday meal programme **National agencies** * NREGA, DRDA, PMRY
 | Dec |

Signature of Class incharge: Principal

**Principles of Guidance and Counselling (XVII)**

**M.Sc 2nd Year (3rd Semester)**

|  |  |
| --- | --- |
| **Name of the Topic** | **Remarks** |
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Flexibility**International and national agencies (aim, objective and beneficiaries in brief)** * FAO
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* UNESCO
* ICMR
 | Nov |
| * NIN
* ICAR
* CSIR
* CFTRI
 | Dec |

Signature of Class incharge: Principal