

- Note:** - (i) The question paper will comprise nine questions. First question will be of short answer type consisting of five parts (2 marks each) set from the whole syllabus. This question would be compulsory.
- (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- (iii) Each question carries 10 marks.

UNIT-I

Concept of Normality and Abnormality.

Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.

UNIT-II

Classification of Psychopathology: Need for Classification, DSM System.

Diagnostic Assessment: Case History, Interview, Projective Techniques.

UNIT-III

Anxiety Based Disorders: GAD, OCD, and Phobic Disorders-Symptom and Causes.

Substance/Drug Abuse – Causes, Consequences and Rehabilitation.

UNIT-IV

Mood Disorders: Unipolar and Bipolar-Symptoms and Causes.

Schizophrenia: Nature, Types, and Causes.

References:

Anand, V. and Srivastava, R. (2003). *Manovikriti Vigyan*, Delhi: Moti Lal Banarsi Das.

Carson, R.C.; Butcher, J.N., et al. (2007). *Abnormal Psychology*. (13th Ed.) New Delhi: Pearson Education.

Davison, G.C. & Neale, J.M. (1998). *Abnormal Psychology* (7th Ed.) New York: Wiley.

Sarason, I.G. and Sarason, B.R. (2005). *Abnormal Psychology: The Problem of Maladaptive Behaviour* (10th Ed.) New Delhi: Pearson Education Inc.

Singh, A.K. (2006). *Adhunik Asamanya Manovigyan*, Delhi: Moti Lal Banarasi Das.

Srivastava, D.N. (1991) *Adhunik Asamanya Manovigyan* (6th Ed.) Agra: Sahitya.

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- (iii) Each question carries 10 marks.

UNIT-I

Introduction: Nature, Subject Matter, Sociometric Method.

Socialization: Nature, Process and Agents of Socialization.

UNIT-II

Group: Types and Functions; Social Norms: Meaning, Characteristics and Formation.

Leadership: Types, Function, Theories– Trait, Situational, and Interactional.

UNIT-III

Attitudes: Characteristics, Development and Attitude change.

Prejudice: Nature, Development and Stereotypes.

UNIT-IV

Prosocial Behaviour: Nature, Determinants ,Cognitive Model.

Aggression: Nature, Determinants and Prevention.

References:

Baron, R.A. and Byrne, D. (2008) *Samajik Manovigyan (Hindi Sanskaran)*. Delhi: Pearson.

Chaube S.P. (1985) *Social Psychology*. Agra: Educational Publishers.

Perlman, D. and Cozby, P.C. (1983). *Social Psychology*. New York: CBS College Publishing.

Rai, B.C. (1989) *Social Psychology*. Delhi: Sultan Pub.

Singh, A.K. (2009). *Samaj Manovigyan ki Rooprekha* . Delhi: Moti Lal Banarsidas.

B.A. (Semester-I)

INTRODUCTION TO PSYCHOLOGY

Theory: 50
Internal Assessment: 20
Time: 3 hours

- Note: -**
- (i) The question paper will comprise nine questions. First question will be of short answer type consisting of five parts (2 marks each) to be set from the whole syllabus. This question would be compulsory.
 - (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
 - (iii) Each question carries 10 marks.

UNIT-I

Psychology: History, Emergence as Science, Subject Matter.
Methods of Psychology: Experimental, Observation, Survey.

UNIT-II

Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear.
Perception: Nature, Perception of form – Figure and Ground, Perceptual Organization, Depth Perception–Cues.

UNIT-III

Emotion: Nature, Bodily Changes. Theories of Emotion: James-Lange, Cannon-Bard and Schachter–Singer.
Motivation: Nature, Biological and Psychological Motives.

UNIT-IV

Personality: Nature, Determinants of Personality, Type and Trait Approach.
Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell.

References:

- Atkinson, R.L., Atkinson, R.L., et al. (1985) *Introduction to Psychology*. N. Y.: HBJ Publishers.
Singh, A.K. (2009) *Uchattar Samanaya Manovigyan*. Delhi: Moti Lal Banarsidas.
Singh, A. & Singh, U. (1984). *Prayogatamak Manovigyan*. Bhiwani: Vedic Prakashan.
Singh, R. & Shyam, R. (2008) *Adhunik Sangyanatmak Manovigyan*. Panchkula: Haryana Sahitya Akadami.

B.A. (Semester-I)

PRACTICAL

M.Marks : 30
Time : 3 hrs.

1. EPQ/EPI