

Dated 20.09.2022

Important Notice

“A person’s mental health is as important as their physical health and deserves the same quality of support.”

On the occasion of World Mental Health Day 10th October, 2022 Psychology and Sociology Department is organizing Poster Making Competition and Slogan Writing Competition. Interested students can give their names at Department of Psychology (RoomNo.406).

Theme

- Mental Health & Well-Being for All -A Global Priority
- Society and Mental Health
- Mental Wellness: Fighting against Anxiety Disorders, Major Depression and Suicidal Tendencies.
- Mental Health and Spirituality

Important To Note-

- The poster must be made on the A3 size sheet which will be provided at the venue (Room No.412).
- The poster must be related to the topic and must be original.
- Acceptable tools of drawing / painting include pencil, crayon, sketch, pastel, water color, poster colors etc.should be used. Students must bring their own tools of drawing.
- The slogan should be simple and short. A slogan should say a lot in just a few words.
- Certificates will be given to the students who hold first, second and third position.

Vibha Maday
20/9/2022
HOD (Dept. of Psychology)

Anshu
20.9.2022
Principal

Naveen Malik
20/9/22
HOD (Dept. of Sociology)